

Central Region Regional Health Council Meeting Minutes

Monday, April 26, 2021

Council Members	Voting Member Present = P Absent = A
Jamezetta Bedford, Chair	P
Bob Crayton, Vice Chair	P
Adrian Daye	P
Jeannie King	P
Benita Purcell	A
Emila Sutton, resigning in May	P
Debbie Cunningham	P
Layton Long	P
Deborah Gilgor	A
Lisa Gilbert	A
Lara Kehle	A
Staff	Non- Voting
King Jones, Director Member Engagement, Community Ops.	P
Elliot Clark, Director Regional Affairs, Community Ops.	P
Terrell Alston, Manager Regional Affairs, Community Ops.	P
Rose Le, Director, Learning & Development	P
Guests	Non-Voting
Ericka Brandt, potential member to replace Email Sutton in May	P

1. Call to Order

King Jones called the meeting to order at 12:10 p.m.

2. Introductions

- a. Ericka Brandt introduced to the group; she is filling in for Emila Sutton who will transition from this group in May. A formal voting and application process will take place at a later date.
- b. Terrell Alston, new Regional Manager for Regional Affairs will now serve as the liaison for the Central and Northern Regions.
- c. Elliot Clark will take over King's responsibilities for the RHC going forward.
- d. Rose Le, Director of Learning & Development – help with internal development of meetings and meeting facilitation.

3. Public Comments

There were no public comments at this time.

4. Approval of Meeting Minutes – January 25, 2021

The meeting minutes from the January 25, 2021 meeting were reviewed.

Jamezetta Bedford motioned to approve the minutes with changes. Adrian Daye seconded the motion.

Roll call taken.

Motion carried.

1. Regional Health Improvement Plan

The opportunity statements and initiatives were reviewed, and the goal was to identify the key items that will receive community re-investment funds from Cardinal. After meeting with the executive leadership of Cardinal, it was decided that the RFP process will be removed. This means that if our CAC and RHC councils know of any organizations, projects that are in place or groups that currently meet the needs already identified by the RHIP, we as a group can work to review, approve and fund those directly without them having to submit application.

King/Elliott/Terrell - will follow-up to see if there are any other opportunities for funding for Orange and Chatham and any partners in Alamance, Caswell, Person.

It was asked if there were any updates on the amounts for the upcoming grant cycle? Additional community re-investment funds will be distributed before the next budget cycle.

2. Opportunity Statements Discussion around the 2021 Plan Summary

New timeline – RFP process removed – May 2021 to gather all projects that will be reviewed and approved for funding. Get funds out the door by June 30, 2021 – early June to review all proposed projects and to finalize a vote in mid-June as to which projects will be accepted.

Possible meeting in June or maybe do a virtual vote – Jamezetta will check with the council to see if this is allowed. Elliot will follow-up with Chuck.

RHIP slides presentation presented.

- **Opportunity Statement #1 - People who live in disparate locations, including rural or off-main transport lines cannot easily or consistently access services.**
 - Increase the availability of public transportation options
 - Promote current transportation services
 - Increase communication about accessing services (where to go, who to contact, etc.) and crisis response.
 - Explore the possibility of using other services such as Uber/Lyft
 - Improve internet access for telehealth, especially in rural areas.
 - Distribute cell phones
 - Distribute hotspots
 - Have non-clinical staff bring tablet to a member for a virtual visit

Member Discussion/Comments

a. *It was decided to include all of the initiatives as outlined above.*

- **Opportunity Statement #2 - Central Specific): Cardinal Innovations Members are in need of increased capacity for affordable, equitable, and supportive housing, as well as education around how to access and sustain these resources.**
 - Increase permanent supportive housing,
 - Increase funding to efforts to end homelessness such as to end Homelessness' identifies homelessness systems gaps.
 - Increase availability of housing vouchers and flexible housing assistance to include rent assistance, funds for security deposits to access affordable housing, and emergency housing assistance to prevent homelessness and eviction.

Member Discussions/Comments

a. *It was decided to include all of the initiatives as outlined above with removing Orange County specifically.*

- **Opportunity Statement #3 - Substance abuse is prevalent in all our communities. Prevent efforts overall must be improved, with aggressive efforts toward opioid abuse and crisis services.**
 - Increase diversion from criminal justice system
 - Increase CIT training (Cardinal currently offers this training)
 - Increase ACEs awareness

Member Discussions/Comments

a. *It was decided to include all of the initiatives as outlined above – it was decided that community re-investments funds would not be utilized for “Increase CIT training”, since it is currently offered through Cardinal.*

- **Opportunity Statement #4 - Physical health issues, such as chronic disease and obesity, can contribute to and/or exacerbate behavioral health diagnoses. Integrated health centers and increased collaboration between agencies will be required to reduce negative health outcomes. (Central Specific): Cardinal Innovations members in the Central Region are in need of an enhanced bridge for integrated services in their home community from more restrictive environments or higher levels of care that includes culturally competent services addressing trauma, racial and financial inequities, and complex medical conditions.**
 - Improve health outcomes to prevent and reduce chronic health problems such as diabetes, heart disease, chronic stress, etc., through programs that address:
 - Physical Activity

- Improve overall health through promotion and availability of physical activity programs, including trainings on special populations to instructors/providers.
- Overweight and Obesity
- Increase ACEs awareness

Member Discussions/Comments

a. *It was decided to include all of the initiatives as outlined above.*

- **Opportunity Statement #5 - There is a shortage of IDD caregivers due to higher levels of turnover, driven by worker fatigue and low wages, resulting in families without sufficient back-up staff support for their loved ones.**
 - Advocate for wage increase
 - Initiative in-flight (EVV)

Member Discussions/Comments

- a. *It was decided to include this initiative as outlined above with adding some or changing the language to say that “more will be done on the side of advocating for this process for the rate increase.”*
- b. *Added to the initiatives will be “Explore ways to incentivize providers to provide additional supports for staffs.”*

- **Opportunity Statement #6 - Crisis mental health services are needed, especially for complex individuals (i.e., dual diagnosed, children in foster care, complex trauma, etc.) and to prevent death by suicide.**
 - Add school based and Facility Based Crisis mental health locations
 - Increase utilizing peer support specialists
 - Increase ACEs awareness

Member Discussions/Comments

- a. It was decided to include these initiatives with some possible upfitting of some of the spaces with therapeutic areas added in regard to the “school based and facility-based Crisis Mental Health locations.”

A vote was taken to approve the documents Terrell displayed regarding initiatives for inclusion for community re-investment funds.

Jeannie King motioned to approve. Jamezetta Bedford seconded the motion.

Roll call taken.

Motion carried.

Documents/PowerPoint will be sent to the group.

Look for a meeting invite for a June meeting.

Child Welfare and Foster Care Program – (Adrian Daye) the child and foster care program in Alamance county is going well. The liaison is very involved, the only drawback is that this person cannot do CCA for particular children entering foster care, that is the missing link.

3. CAC (Community Advisory Council) Updates

There were no updates.

4. Closing Remarks

- Realignment of staff – Johnathan Clark is the new Director of Community Engagement and all the Community Advisory Councils will align under him. Terrell will take the position of the chair until further notice.
- Operations Council updates – no new updates.

5. Adjournment

Meeting was adjourned at 1:30 p.m.

Submitted By: Darlene Russell, Cardinal Innovations Business Administrator for Operations Team.