

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Forsyth County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1.866.275.9552	Y

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston Salem, NC 27101-4304	704-210-1233	N	Y
Monarch - Cherry St Winston Salem	4140 Cherry St Winston Salem, NC 27105-2536	336-724-9768	N	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston Salem, NC 27101-4304	704-210-1233	Y
Keystone WSNC, LLC dba Old Vineyard Behavioral Health Services	3637 Old Vineyard Rd Winston-Salem, NC 27104-4842	336-794-3546	Y
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center	3333 Silas Creek Pkwy Winston Salem, NC 27103-3013	336-277-7226	Y/ 3-way funding
Wake Forest University Health Sciences	Medical Center Blvd Winston Salem, NC 27157-1	336-716-2011	N
Addictions Recovery Care Association (ARCA)	1931 Union Cross Rd Winston Salem, NC 27101-6448	336-784-9470	Y

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Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St Winston-Salem, NC 27101-2701	336-725-8389	Federal Funding

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St Winston-Salem, NC 27101-2701	336-725-8389	Y
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care (Suboxone Coming Soon)	650 Highland Ave, Ste 110 Winston Salem, NC, 27101-4304	704-210-1233	Y

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)		1931 Union Cross Rd Winston Salem, NC 27101-6448	336-784-9470	Y

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston Salem, NC, 27101-4304	704-210-1233	Y
Insight Human Services	665 W 4th St Winston Salem, NC, 27101-2701	336-725-8389	Y
Wake Forest University Health Sciences	791 Jonestown Rd Winston Salem, NC, 27103-1252	336-716-4479	N
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center	3333 Silas Creek Pkwy Winston Salem, NC, 27103-3013	336-277-7226	N

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Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St Winston Salem, NC, 27101-2701	336-725-8389	Y
Community Choices (WISH) Program – Pregnant/Parenting Females	725 N. Highland Ave. Winston-Salem		Y

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston Salem, NC 27101-4304	704-210-1233	Y
Insight Human Services	665 W 4th St Winston Salem, NC 27101-2701	336-725-8389	Y
Triad Therapy Mental Health Center, LLC	7830 N Point Blvd, Ste 201 Winston Salem, NC 27106-3261	336-896-0904	N
Family Behavioral Health, PLLC	3000 Bethesda Pl Ste 802 Winston Salem, NC 27103-3330	336-659-9141	N
Top Priority Care Services, LLC	4401 Providence Ln Winston Salem, NC 27106-3226	336-896-1323	Y
Wake Forest University Health Sciences	Medical Center Blvd Winston Salem, NC 27157-1	336-716-2011	N

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
Community Choices (WISH) Program	Pregnant/Parenting Females (OPT/SAIOP/SACOT)	725 N. Highland Ave. Winston-Salem		Y

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center		3333 Silas Creek Pkwy Winston-Salem, NC 27103-3013	336-277-7226	N
Family Behavioral Health, PLLC		3000 Bethesda Pl Ste 802 Winston-Salem, NC 27103-3330	336-659-9141	N

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Insight Human Services		665 W 4th St Winston-Salem, NC 27101-2701	336-725-8389	Y
The Neil Group, Inc.		1399 Ashleybrook Ln, STE 100 Winston-Salem, NC 27103-2961	336-774-2194	N
Wake Forest University Health Sciences		Medical Center Blvd Winston-Salem, NC 27157-1	336-716-2011	N
Wake Forest University Health Sciences		791 Jonestown Rd Winston-Salem, NC, 27103-1252	336-716-4479	N
Voice for Children and Nurturing Families, PLLC		3728 Vest Mill Rd Winston-Salem, NC 27103-2912	336-577-8455	N
Top Priority Care Services, LLC		4401 Providence Ln Winston-Salem, NC 27106-3226	336-896-1323	Y
TRIAD THERAPY MENTAL HEALTH CENTER, LLC		7830 N POINT BLVD, STE 201 Winston-Salem, NC 27106-3261	336-896-0904	N
Craig Hunt		765 Highland Oaks Dr, Suite 200 Winston-Salem, NC 27103-7101	336-887-8979	N
Bert Lester Bennett, III dba Carolina Piedmont Psychological Associates		3111 Maplewood Avenue Suite 105 Winston-Salem, NC 27103-3906		N
Kernersville Counseling Center, PLLC		520 Arbor Hill Rd Kernersville, NC 27284-3346	336-283-3830	N

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Faculty Physicians	Residential Program For Parenting/Pregnant Females	1105 W NC Highway 54 Byp, Apt P8 Chapel Hill, NC 27516-2851	Orange	919-966-9803	Y
Wellness Recovery Action Planning (WRAP)		650 Highland Avenue Winston-Salem			N

Community and Stakeholder / SUD Initiatives

Dept. of Public Safety/Probation partnership with Daymark

Forsyth County DATA (District Attorney Treatment Alternatives) Program Deferred Prosecution – Open for referrals 08/23/2018

Community Paramedicine / Integrated Care Program

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Active Opioid Task Force
Triad MH/SUD Advisory

Community and Stakeholder / SUD Specific and Supported Trainings
Peer Support Specialist Training
Prime for Life
Whole Health Action Management (WHAM)
Crisis Intervention Training (CIT)

Other

Cardinal Innovations Points of Contact		
Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Lynn Widener	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Melissa Baran	
MH/SUD Care Coordination Manager	Katherine Eads	
Regional Community Engagement Manager	Lynn Inman	
Regional Member Engagement Manager	Stacey Inman	

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