

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

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# Mecklenberg County County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
CriSys LLC	810 Tyvola Rd., Charlotte, NC	704-566-3410	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
N/A				

## Open Access Center NOT a CCC

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Amara Wellness Inc. Open Access	5801 Executive Center Dr. Charlotte, NC	704-567-0790	Y
Person Centered Partnerships, Inc. dba Amara Wellness Inc. Open Access	5108 Reagan Drive, Ste. 9 Charlotte, NC 28206	704-567-0790	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Carolinas Medical Center-Main (FAC)	1000 Blythe Blvd., Charlotte, NC	704-355-2000	Y
Carolinas Medical Center-Main (FAC)	1000 Blythe Blvd., Charlotte, NC	704-355-2000	Y
Atrium Health Behavioral Health, a facility of Carolinas Medical Center (Davidson)	16740 Davidson Concord Rd. Davidson, NC	704-355-2154	N
Atrium Health Mercy, a facility of Carolinas Medical Center	2001 Vail Ave., Charlotte, NC	704-355-2154	N
The Presbyterian Hospital dba Novant Health Presbyterian Medical Center	200 Hawthorne Ln. Charlotte, NC	704-384-4255	N

## Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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## Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery	100 Billingsley Rd. Charlotte, NC	704-376-7447	Federal Grant
Center for Prevention Services	1117 East Morehead St. Charlotte, NC	704-375-3784	Federal Grant
Hope Haven, Inc.	3815 North Tryon St. Charlotte, NC	704-372-8809	Federal Grant
McLeod Addictive Disease Center, Inc.	521 Clanton Rd. Charlotte, NC	704-332-9001	Federal Grant

## Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Rd. Charlotte, NC	704-376-7447	Y / CURES Funding for Medication Assisted Treatment
McLeod Addictive Disease Center	521 Clanton Rd. Charlotte, NC	704-332-9001	Y / CURES Funding

## SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc. - Sam Billings Center	SUD Residential Group Living High (Social Setting Detox)	429 Billingsley Rd. Charlotte, NC	704-445-6900	Y
Community Alternatives dba Community Choices, Inc.	SUD Residential Group Living Moderate and High	5800 Executive Center Dr. Charlotte, NC	704-227-0607	Y
Community Alternatives dba Community Choices, Inc.	SUD Residential Group Living Moderate and Low	7108 Wallace Rd. Charlotte, NC	704-227-0607	Y
Hope Haven, Inc.	SUD Residential Group Living Low	3815 North Tryon St. Charlotte, NC	704-372-8809	Y
CASCADE Services	SUD Residential Group Living Low	7108 Wallace Rd. Charlotte, NC	704-533-0166	N
Sam Billings Center	SUD Residential Group Living High	429 Billingsley Rd. Charlotte, NC	704-376-7447	N
McLeod Addictive Disease Center	SUD Residential Group Living Moderate and High	521 Clanton Rd. Charlotte, NC	704-332-9001	Y / CURES Funding

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## Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Rd. Charlotte, NC	704-376-7447	N
Collaborative Hope	9700 Research Dr., Suite 105 Charlotte, NC	704-496-9620	N
Community Alternatives Dba Community Choices, Inc.	5800 Executive Center Dr. Charlotte, NC	704-227-0607	Y
Community Choices- CASCADE Services	5800 Executive Center Dr. Charlotte, NC	704-533-0166	Y
Empowerment Quality Care Services, LLC	8535 Cliff Cameron Dr., Ste 100 Charlotte, NC	704-222-8908	N
Epiphany Family Services, LLC	6900 Farmingdale Dr. Charlotte, NC, 28212-5551	704-536-6853	N
Family Preservation Services of North Carolina, LLC	2300 Sardis Rd N Charlotte, NC	704-344-0491	Y
McLeod Addictive Disease Center	521 Clanton Rd. Charlotte, NC	704-332-9001	Y
McLeod Addictive Disease Center - 1st Floor	521 Clanton Rd. Charlotte, NC	704-332-9001 ext.2225	Y
Mecklenburg County Community Support Services	3205 Freedom Dr., Suite 2000 Charlotte, NC	704-617-3401 704-432-7233	Y
Mecklenburg County Community Support Services / Men's Shelter	1210 N Tryon St. Charlotte, NC	704-336-8638 704-336-2306	N
Mecklenburg County Community Support Services / Women's Shelter	534 Spratt St. Charlotte, NC	704-336-3067	Y
Person Centered Partnerships, Inc.dba Amara Wellness, Inc.	5108 Reagan Dr.	704-319-7644	Y
S.T.E.P.s Developmental Academy, Inc.	4822 Albemarle Rd. Charlotte, NC	704-532-5757	N
Women's Shelter	534 Spratt St.	704-336-8638	N

## Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Community Alternatives Dba Community Choices, Inc.	5800 Executive Center Dr. Charlotte, NC	704-227-0607	Y
Quality Home Care Services, Inc.	3552 Beatties Ford Rd. Charlotte, NC	704-394-8968	N

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## Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Rd. Charlotte, NC	704-376-7447	N / CURES Funding for Medication Assisted Treatment
McLeod Addictive Disease Center	521 Clanton Rd. Charlotte, NC	704-332-9001	Y / CURES Funding
Psychiatric and Forensic Associates, P.A.	4310 Park Rd. Charlotte, NC	704-525-1753	N
Serenity Rehabilitation Services	11205 Lawyers Rd, Suite F Mint Hill, NC	336-617-7337	N

## Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
Community Alternatives Db Community Choices, Inc.	Cascades-Pregnant Women	5800 Executive Center Dr. Charlotte, NC	704-227-0607	Y

## Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
A Place Caldwell, PLLC		9711 David Taylor Dr	980-202-9064	N
Absolute Advocacy, LLC		1977 J.N. Pease Pl	704-215-4095	N
Affinity Clinical Services, PLLC		5624 Executive Center Dr.	980-224-8060	N
Anderson Counseling and Consulting Group, PLLC		8401 Medical Plaza Dr.	704-208-4458	N
Anuvia Prevention and Recovery Center, Inc.		100 Billingsley Rd. Charlotte, NC	704-376-7447	Y
Atrium Health Behavioral Health, a facility of Carolinas Medical Center (Charlotte)		501 Billingsley Rd.	704-355-2154	N
Cano Family Services, PLLC		1909 JN Pease Place	980-313-3020	N
Carolina Therapeutic Services First, Inc.		5100 Reagan Dr.	704-957-0847	N
Carolina's Creative Counseling, PA		4415 Monroe Rd.	704-332-3634	N
Center for Emotional Health - Eastover		330 Billingsley Rd.	704-237-4240 ext.164	N
Center for Emotional Health- Huntersville		16325 Northcross Dr.	704-237-4240 ext.164	N

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Center for Family & Maternal Wellness, PLLC		4915 Albemarle Rd.	980-495-6305	N
Continuum Care Services, Inc.		10150 Mallard Creek Rd. Charlotte, NC	704-510-2662	N
Center for Emotional Health - Eastover		330 Billingsley Rd. Charlotte, NC	704-237-4240	N
CriSys LLC		810 Tyvola Rd.	704-566-3410	Y
Diamonds Community Based Services, Inc.		3553 N Sharon Amity Dr.	704-814-9850	N
Discovering Authentic Living, LLC		5200 Park Rd. Charlotte, NC	704-814-9850	N
Family Preservation Services of North Carolina, LLC		2300 Sardis Rd N Charlotte, NC	704-344-0491	Y
Impact Carolina Services, Inc		1409 East Blvd. Charlotte, NC	704-732-2006	N
Integrative Wellness Solutions PLLC		10105 Hickorywood Hill Ave. Charlotte, NC	704-360-3637	N
Leaders of Tomorrow, LLC		9635 Southern Pine. Blvd. Charlotte, NC		N
No Bounds Care, Inc. <i>Formerly K'nCryst Healthcare</i>		610 E 7th St. Charlotte, NC	980-999-5006	N
Serenity Rehabilitation Services		11205 Lawyers Rd. Mint Hill, NC	336-617-7337	N
St. Lazarus Behavioral Health, PC		8401 Medical Plaza Dr. Charlotte, NC	877-624-5802	N
Timeless Solutions Counseling Services, PLLC		9635 Southern Pine Blvd. Charlotte, NC	704-749-3815	N
Cornelia Pringle dba ATRA Counseling Services, PLLC		4921 Albemarle Rd> Charlotte, NC	980-819-6585	N
Carolina's Medical Center – Main (FAC)		1000 Blythe Blvd. 7825 Ballantyne Commons Pkwy Charlotte, NC	704-355-2000 704-801-9206	N
Cliff Anderson, LPC		5500 Executive Center Dr. Suite 130, Charlotte , NC	980-355-9333	N
Collaborative Hope		9700 Research Dr., Suite 105 Charlotte, NC	704-496-9620	N
Community Alternatives dba Community Choices, Inc.		5800 Executive Center Dr. Charlotte, NC	704-227-0607	Y
Desired Solutions & More, Inc.		8815 University East Dr. Charlotte	704-405-4251	N
Each One Reach One Two		4919 Albemarle Rd, Ste 101 Charlotte, NC, 28205-6617	704-568-7072	N
Epiphany Family Services, LLC		6900 Farmingdale Dr. Charlotte, NC, 28212-5551	704-536-6853	N
Family First Community Services, LLC		3705 Latrobe Dr, Ste 340 Charlotte, NC, 28211-4823	704-364-3989	N

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Genesis Project 1, Inc.		5108 Reagan Drive, Ste 5 Charlotte, NC	704-596-0505	N
Integrated Behavioral Health Management, Inc.		10320 Mallard Creek Rd, Ste 240 Charlotte, NC	704-910-6142	N
McLeod Addictive Disease Center- Charlotte		521 Clanton Rd. Charlotte, NC	704-332-9001	Y
Mecklenburg County Community Support Services		3205 Freedom Dr., Suite 2000 Charlotte, NC	704-617-3401 704-432-7233	Y
Pinnacle Point Supportive Services, LLC		415 Minuet Ln, Ste G Charlotte, NC, 28217-2701	704-819-9312	N
Quality Home Care Services, Inc.		3552 Beatties Ford Rd. Charlotte, NC	704-394-8968	N
Project 658, Inc. dba Smith Family Wellness Center		3622 Central Ave. Charlotte, NC	704-910-5810	N
One Love Periodic Services, Inc.		4922 Albemarle Rd. Charlotte, NC	704-537-9551	N

## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
ARCA	SUD Residential	1931 Union Cross Rd. Winston-Salem, NC	Forsyth	336-784-9470	Y
Daymark - CRC Unit - Union County	FBC Adults	1408 E Franklin St. Monroe, NC	Union	704-283-6040	Y
Daymark-Davidson Crisis Center	FBC Adults	280 Executive Park Dr., Ste 160 Concord, NC	Davidson	704-939-1133	Y
Daymark-Facility Based Crisis of Cabarrus	FBC Adults	1104B S Main St. Lexington, NC	Cabarrus	336-242-2450	Y
Hope Haven-Serenity House- SUD Residential	SUD Residential	172 Spring Street SW Concord, NC	Cabarrus	704-372-8809	Y
Path of Hope	SUD Residential	1675 E Center Street Ext. Lexington, NC	Davidson	336-248-8914	Y
Support, Inc.	SUD Therapy	175 W Franklin Blvd. Gastonia, NC	Gaston	704-865-3529	N

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## Community and Stakeholder / SUD Initiatives

Michael's Voice- Advocacy and Education

Urban Ministries SABER program

Supportive Housing Communities- PATH Grant

Substance Use Disorder Task Force Strategic Plan Development

Carolinas Healthcare System Prescriber's Education

Center for Prevention Services (Syringe Exchange Program) – 1117 East Morehead Street, Charlotte, NC

## Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Mental Health First Aid (MHFA)

Crisis Intervention Training (CIT)

## Other

## Cardinal Innovations Points of Contact

Title	Name	Contact Information
Regional Executive	Melissa Marshburn	704-785-4698 <a href="mailto:Melissa.Mashburn@cardinalinnovations.org">Melissa.Mashburn@cardinalinnovations.org</a>
Regional Network Manager	Monvayata Ratchford	704-305-0783 <a href="mailto:Monvayata.Ratchford@cardinalinnovations.org">Monvayata.Ratchford@cardinalinnovations.org</a>
Quality Assurance Manager	Dana Frakes	704-783-6014 <a href="mailto:Dana.Frakes@cardinalinnovations.org">Dana.Frakes@cardinalinnovations.org</a>
I/DD Care Coordination Manager	Allan Azali	704-785-0068 <a href="mailto:Allan.Azali@cardinalinnovations.org">Allan.Azali@cardinalinnovations.org</a>
MH/SUD Care Coordination Manager	Ashley Parks	704-680-7336 <a href="mailto:Ashley.Parks@cardinalinnovations.org">Ashley.Parks@cardinalinnovations.org</a>
Regional Community Operations Manager	Lakeisha McCormick	704-305-2512 <a href="mailto:Lakeisha.McCormick@cardinalinnovations.org">Lakeisha.McCormick@cardinalinnovations.org</a>

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