

## Triad Region Consumer & Family Advisory Committee Meeting Minutes

August 9, 2021 | Via Zoom

Committee Members Total count=20	Position/Representation	Voting Member Present = P Absent = A
Matt Potter (Forsyth; IDD & MH)	Chair Recipient of IDD/MH services independently	P
Tim Gallagher (Forsyth; IDD)	Vice Chair Advocacy; Steering Committee Member, Forsyth CAC, local IDD Day Program Finance Committee; attends the all CFAC calls, State CFAC	P
Ricky Graves (Rockingham; MH)	Co-Chair Steering Committee Vice-Chair, Policies & Procedures Lead; RHC Chair	P
Abbi Jackson (Davidson; MH/SU)		A
Dennis Lynch (Forsyth; MH/SU)	Triad Advisory Committee MH/SUD Chair and IDD Member, Greentree Board	P
Gladys Christian (Forsyth; MH)	Director of Horases Residential Care, Advisory Disability Rights of NC Member, Peer support.	P
Glenda Smith (Davie; MH)	NAMI NW Piedmont, retired educator; Triad MH/SUD Advisory Member	P
Guynette Hartman (Davie, MH/IDD)	Advocacy	P
Jon Carroll (Forsyth; MH/SU/IDD)	Peer Support Councilor and ECPR as well as Greentree	A
Julie Whittaker (Davie; MH/SU/IDD)	Davie CAC Co-Chair and RHC Member, NAMI member, Advocacy	P
Kelly Owens (Forsyth; MH/SU)	Advocacy	P
LaKessiah Henderson (Forsyth; MH/SU)	Advocacy	P
Mary Miller (Forsyth; MH)	Advocacy	P
Mary Anacelli (Forsyth; MH)	Triad MH/SUD Advisory Member	A
Michael Thompson		A
Obie Johnson (Forsyth; SU)	Immediate Past Chair, Triad Advisory Member MH/SUD	P
Pam Goodine (Forsyth; SU/MH)	Peer Support Specialist & ECPR Educator, Triad Advisory MH/SUD Member, Greentree. Steering Committee Member	P
Sam Gavurin (Forsyth; MH)		A
Sarah Potter (Forsyth; IDD/MH)	Advocacy; IDD Triad Advisory Member	P

Terry Cox (Forsyth; MH/SU)	Cardinal Board Member, Peer Support Specialist, Triad MH/SUD Advisory Member, Greentree Peer Center	A
<b>Cardinal Members</b>		
King Jones	Director of Member Engagement	P
Deborah Hendren	Member Engagement Manager	P
Laura Wilkicki	Business Administrator, Note taker	P
Chelsea Allen (Bullins)	Member Engagement Specialist	P
Allison Stewart	Director of State Affairs	P
LaKeisha McCormick	Member Engagement Manager	P
Beth Pfister	Human Resources	P
Cara Townsend	Regional Affairs Director	A
Melissa Marshburn	Regional Affairs Manager	A
<b>Guests</b>		
Stacey Harward	State liaison	P
Bob Crayton	Central CFAC Member	P
Reid Smithdeal	Cherokee Hospital	P
Allison Crotty	Partners	P
Rebecca Troutman	CCR	P
Jean Andersen	Board member	P

## 1. Call to Order/Introductions

Tim Gallagher called the meeting to order at 5:45 p.m. Attendance was taken and members introduced themselves.

### a. Moment of Silence/housekeeping

### b. Opening remarks

## 2. Minutes Approval July 12, 2021 Meeting and Agenda Consent

Matt Potter requested a motion to approve the July 12, 2021 minutes as written.

Mary Miller motioned to approve the minutes as written. Sarah Potter seconded the motion.

A roll call vote was taken. All in favor. Motion carried.

Agenda items were offered to add.

Pam Goodine asked to have the CFAC Training Application for the Advanced Level WRAP Facilitation to the agenda. Matt Potter requested a motion to add the CFAC Training at \$677 to the agenda.

LaKessiah motioned to add it to the agenda. Ricky Graves seconded the motion.

Votes were recorded in the chat. Majority in favor. Motion carried.

Tim Gallagher said he will not offer Zoom any longer due to the ESCALATED disengagement transition. It was suggested by Matt that MS Teams be used from the Triad Advisory Committee links. Matt Potter requested a motion to move the agenda topic for platform of choice for future meetings to “New Business”. Pam Goodine made a motion to move the platform decision to New Business. Ricky Graves seconded the motion. Votes were recorded in the chat. Majority in favor. Motion carried.

### **3. August 8, 2020 and October 12, 2020 Meeting Minutes Approval**

These minutes were not reviewed or voted during the meeting.

### **4. Public Comments**

Glenda Smith asked if someone from Stokes could get the brochure out.

Pam is doing a workshop on August 16 and 18 at Elisiah’s Helping Hands. ADVISORY GRANT

On August 17 and 19, there will be a youth workshop.

### **5. ECPR (Emotional CPR) Presentation, Reid Smithdeal**

QPR is Question, Persuade, Refer it is a suicide prevention training for people to support individuals in their communities.

Reid explained that ECPR is a Public health Education Program. This is to train anyone to assist someone in an emotional crisis while not trying to fix them. There are different levels of this program that can be used by Communities, Youth, Schools, PSS, Law Enforcement, and BH/SUD Practitioners. A Crisis is a state of extreme emotional distress which can happen to anyone at any time, suddenly or followed by a long struggle without adequate support.

The floor was opened for questions, and the following was covered.

Training for organizations contracting with them through the National Empowerment Center, 16 people in person or 12 virtually, costs \$3,000 for a standard contract, varies depending on who is doing the training. Paid trainings allow organizations to a certain number of people for about \$250 per person. Federal Grants were received last year which allowed three free trainings this year. Chelsea has the presentation and has emailed it to the Committee Members. If you want to follow up with questions, please email Reid at Reid.smithdeal@cherokeehospital.org Cell Number: 828-773-5038.

Pam Goodine asked if we can get a training scheduled and what steps do we need to take. Some committee members expressed an interest: Ricky Graves, Sarah Potter, Glenda Smith, Gladys Christian, and Julie Whittaker are interested. Bob Crayton said Matt’s Uncle is interested. It would be \$3,000 for 12 members for one training session; two trainers, platform, books, the whole package, and is 12 hours for the virtual training – 3 days, 4-hour segments. He could contract with CFAC or do a paid for

training. CFAC could use CFAC training funds for eCPR as long as Triad members agree to it. Please chat or email Chelsea if you're interested. It was suggested applying for a grant to cover the costs and include the advisories for discussion.

## 6. New Business & Action Plan Review

- Recap of Executive Team Meeting Matt Potter, Co-Chair  
Discussed matters subcommittees, ways to better address potentially more personalized concerns that don't derail CFAC meetings. Concerns were heard and discussed, but because of the transition to another MCO with a completely different structure, it could not be discussed in depth or resolved.  
Mary questioned the structure of the Executive Team and Steering Committee, and the members had an involved discussion surrounding the benefits of this structure and compared to how different Partners might have this structured.
- County Data Dashboard Presentation and County MOE Allocations - Melissa Marshburn, Cara Townsend-Dohner, was canceled and this topic was not covered.
- Disengagement Updates – King Jones  
Tailored plan was awarded to Cardinal. The state released where they anticipated counties to align. Cardinal is working on the following transitions and proposed dates. Forsyth and Davie are officially going to Partners, but as of today, the transition dates have not been announced. Rockingham and Davidson would transition to Sandhills, Mecklenburg and Orange will transition to Alliance, in addition to Stanly, Cabarrus, and Union already in transition. Stokes is looking at Partners, but will not be considered. Warren County voted to transition to Eastpoint, but a transition date has not been announced at this time. Forsyth and Davie is targeted to transition sometime between 10/1 and 11/1 together. There are no specific dates at this time for Davidson and Rockingham to transition, but is targeted to happen before the end of 2021. Cardinal is losing many staff at this time but is focused on the getting the members transitioned. At this time, there will be ten counties left to merge with Vaya.
- Meeting schedule: King stated that Southern CFAC will start meeting with Central. This group leaves only Ricky Graves as an active Member. It was suggested that we have one meeting for the remaining members. Mary would like to continue to meet, and there is a lot of information still to get. Obie suggested we invite Partners; Julie said Partners invited Forsyth and Davie Committees to attend their CFAC, giving two future dates for possibilities and Committee members are exchanging email on which date is the best. Julie suggested meeting every other month as there are some matters that the Committee can continue with. Since there are only going to be two more months of meetings, the question was put out to attend monthly.  
Matt concluded to meet monthly, and to use another virtual platform as suggested earlier, from 6:00 p.m. to 8:00 p.m.

Matt requested a motion to approve \$677 for the WRAP training from the CFAC budget. Mary Miller motioned to approve that funding. Tim Gallagher seconded the motion.

The eCPR is \$250 per person, we need to figure out if there will be enough money to cover this as well. King concluded that there would be since the \$250 per person is based on 21 Committee members, and there is not at this time, so this will be in the budget.

A vote was taken in the chat. Majority in favor. Motion carried.

The remaining agenda items were dismissed because of time.

- Health/Cardinal Innovations Healthcare Consolidation Update
- Community Reinvestment Awards

**7. Old Business – no update/discussion**

**8. NC DHHS Updates – Stacey Harward**

**9. Committee Reports**

**10. CFAC Realignment Discussion**

**11. Recommendations to Board/Statutory Concerns**

**12. Action Steps**

**13. Recruitment and Membership Efforts**

**14. Community Involvement Updates – Trainings/Conferences/Events**

**15. Statutes Addressed**

**16. Statutory Recommendation to Board**

**17. Adjournment**

Next meeting is September 13, 2021 at 5:45 p.m., with a different platform. Cardinal has an all-CFAC meeting on August 30.

Matt Potter motioned to adjourn the meeting. Julie Whittaker motioned to adjourn the meeting.

Ricky Graves seconded the motion. Motioned carried. All adjourned at 8:02 p.m.

Next meeting is September 13, 2021 at 5:45 p.m.

*Submitted by Laura A. Wilkicki, Community Operations Business Administrator*