**Central Region Consumer & Family Advisory Committee Meeting Minutes**

**Tuesday January 7, 2020, 5:30-7:30PM**

Cardinal Innovations Healthcare 201 Sage Road, Suite 100A, Chapel Hill, NC 27514

<table>
<thead>
<tr>
<th>Committee Members</th>
<th>Voting Member Present = P</th>
<th>Absent = A</th>
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<tbody>
<tr>
<td>Bob Crayton-Chair</td>
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<td>Jeanette Williamson</td>
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<td>Candle Hughes</td>
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<td>Lea Ottinger-Vice Chair</td>
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<td>Timothy Jeffers</td>
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<td>Darlene Cooper</td>
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<td>Stanley Cotton</td>
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<td>Allen Dittmer</td>
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<td>Steve Furman</td>
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<td>Paula Harrington</td>
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<td>Ellen Perry</td>
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<td>Janet Sowers</td>
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<td>Kyle Reece</td>
<td>P</td>
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<td>Sharon Hartwell</td>
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**LME/MCO and State Staff**

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<tr>
<th>Agency: Cardinal Innovations Healthcare</th>
<th>Non-Voting</th>
<th>Present</th>
<th>Absent</th>
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<tbody>
<tr>
<td><strong>Agency:</strong> Division of Mental Health, Developmental Disabilities and Substance Abuse Services</td>
<td><strong>Title:</strong> Mental Health Program Coordinator</td>
<td><strong>Name:</strong> Stacey Harward</td>
<td>Present</td>
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<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Project Support Professional/CFAC Clerk</td>
<td><strong>Name:</strong> Reina Merino</td>
<td>Present</td>
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<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Member Engagement Specialist/CFAC Liaison</td>
<td><strong>Name:</strong> Monae Davis</td>
<td>Absent</td>
</tr>
<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Member Engagement Specialist/CFAC Liaison</td>
<td><strong>Name:</strong> Felicia Williams</td>
<td>Present</td>
</tr>
<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Manager Member Engagement</td>
<td><strong>Name:</strong> Deborah Hendren</td>
<td>Absent</td>
</tr>
<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Senior Community Executive</td>
<td><strong>Name:</strong> Ric Bruton</td>
<td>Present</td>
</tr>
<tr>
<td><strong>Agency:</strong> Cardinal Innovations Healthcare</td>
<td><strong>Title:</strong> Director, Community Health and Wellness</td>
<td><strong>Name:</strong> King Jones</td>
<td>Present</td>
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I. Call to Order/Introduction

Meeting called to order at 5:44PM. Introductions made.

II. Consent Agenda and Minutes Approval

Ellen made a motion to approve the agenda. Kyle seconded the motion. All in favor.

Ellen made a motion to approve the minutes with corrections. Lea seconded the motion. All in favor.

The ground rules have been replaced with the CFAC Code of Conduct for Meetings and Rules of Procedures that are in the Bylaws.

III. Public Comments

Legislative Breakfast is February 1, 2020. There are only 12 seats available, there is a waiting list for those interested.

IV. Special Presentation - System of Care

Stephanie gave a presentation regarding System of Care and their function.

Information regarding the Community Collaborative meetings can be found on the State System of Care website.

V. New Business & Action Steps

Steering Committee Report

Fall Retreat was rescheduled. Next Board meeting is in February. The next 2 day Board meeting will be in June 2020. King sent out an email with dates to reschedule the retreat.

Relational Agreement

Feedback needed regarding the Relational Agreement sent to the Steering Committee. Steering Committee next meeting is February.

State CFAC Report

Bob handed out copies of a State CFAC report. Information regarding the Legislative Breakfast included in the handouts.

2020 Peer Support Workshop Planning

Volunteers were selected for the planning of the PSW. Discussion regarding the dates and location of the event will be worked on by the planning committee.

Ellen, Lea, Jeanette, Bob, Paula, and Janet are on the planning committee.

Membership and Recruitment

Sharon Hartwell has submitted an application to become a Central Region CFAC member. Gave a brief introduction on who she is. She will be joining the Central Region CFAC representing Mental Health in
the Chatham County. Ellen made a motion to approve Sharon as a Central Region CFAC member. Stanley seconded the motion. All in favor.

Bob has tried to get in touch with Darlene. Jeanette to reach out and see if she wishes to continue to be a member of the Central Region CFAC.

VI. **Cardinal Innovations Updates**

   *Ric Bruton*

   Ric has a new title, Regional Executive. Lynn Inman is now the manager for Community and Member engagement for the Central Region. Meredith Peffley has moved on to Cross Roads as the Executive Director.

   Regional Health Council membership was approved at the last Board meeting. The only are that membership is needed is from Alamance DSS. There are 3 positions that represent members or family members. The way the charters are written that 3 position that may or may not be a CFAC position can remain open idefidenatly is currently open for SUD for the Central Region. Meetings are quarterly, King to send out link for membership application.

   Next Steering Committee meeting is on Thursday February 6, 2020.

   Project Connect is on January 30, 2020

   Person County Resource Fair will be in May 2020 in Roxboro, NC.

   Chatham Trades-Community Dance Sponsorship Needed

   One in Recovery Conference in Greensboro is March 11- March 13.

   Estimate to be requested from communications on CFAC swag (Banners, Silicone bracelets, Pens, Note Pads).

VII. **DHHS Report / CE & ET Updates**

   *Stacey Harward*

   Stacey emailed out the CE & ET updates. There has been no movement on the budget. DHHS is moving forward with the tailored plans.

   State to Local conference call is open to all CFAC members.

   NC Tide is coming up in May 2020.

   Perception of care was handed out. Review and send feedback to Stacey to bring back to the next meeting.

VIII. **Community Involvement Updates**

   *CFAC Members*

   Bob and Tim attended the Alamance Community Collaborative.

   Bob attended the Pinehurst Pre-Conference.

IX. **Comments and Adjourn**

   *Bob Crayton*

   Kyle made a motion to adjourn. Jeanette seconded the motion. All in favor.

   Next meeting will be February 4, 2020 in the Burlington, NC.