

Consumer & Family Advisory Committee Meeting Minutes
March 14, 2019 at 6:00PM
Cardinal Innovations Healthcare, 201 Sage Road, Room 104, Chapel Hill, NC 27514

Committee Members	Voting Member Present = P Absent = A
CFAC Chair-Steve Furman	P
Allen Dittmer	P
Janet Sowers	P
Stanley Cotton	P
Ellen Perry	P
Staff	Non- Voting
Agency: Cardinal Innovations Healthcare Title: Member Engagement Specialist/CFAC Liaison Name: Juanita Jefferson	PRESENT
Agency: Cardinal Innovations Healthcare Title: Project Support Professional/CFAC Clerk Name: Reina Merino	PRESENT
Agency: Division of Mental Health, Developmental Disabilities and Substance Abuse Services/ NC Department of Health and Human Services, Community Engagement & Empowerment Title: Mental Health Program Coordinator Name: Stacey Harward, BSW	PRESENT
Guests	Non-Voting
Courtney Wilburn	Present
Paula Harrington	Present

I. Call to Order/Introduction

Steve Furman

Chairperson called the meeting to order at 6:00PM

Juanita Jefferson read the ground rules.

II. Consent Agenda and Minutes Approval

Steve Furman

Janet Sowers motioned to approve the OPC CFAC minutes from February 14, 2019 Ellen seconded the motion.

III. Old Business

Steve Furman

Juanita went over the Roberts Rule of Order and the Six Statutory Requirements.

Dede Severino from the State (NCDHHS) will be coming to OPC on May 9 to do a 1-hour Opioid Training. From 6:30-7:45pm. Ellen made a motion to open the presentation to the public, Stanley seconded the motion.

Allen made a motion on Janet going to NC Tide; Ellen seconded the motion all in favor.

Ellen attending the Disability Rights Conference on 5/1. Votes for Ellen done via email.

Statewide CFAC meeting on April 1 from 9am-3pm in Greensboro, NC.

IV. NC DHHS Updates

Susan Harward

Stacey went over the CE Updates. Secretary Mandy Cohen was named one of the 2019 top women leaders.

Next Wednesday 3.20.2019 is the state to local conference call from 7:00-8:30pm.

One Recovery Conference 3/13-3/15 in Greensboro, NC.

Community Inclusion Facilitator Training is 3/25-3/28 in Kannapolis, NC.

Field of Dreams on 3/30 in Winston-Salem, NC.

April 28-May 1, 2019 is NC Tide in Wilmington, NC.

V. Cardinal Innovations Updates

Juanita Jefferson

Juanita mentioned the Cardinal Innovations Community newsletter being provided to all OPC CFAC members.

The impact report has come out. A year in recovery. The link will be provided with the minutes from the March 14, 2019 meeting.

Any CFAC member that does not want a PSP coordinating their arrangements will need to be in writing.

VI. Recommendations to the Board

Steve Furman

No recommendations to the board.

Triad Cardinal CFAC wrote a letter to the Board and sent it to the Secretary concerning what happens to the funds when an aid or a worker does not show up, where that money goes, what is the process. Triad has heard back from the secretary. It was presented to the State CFAC. Copy of the letter was provide to CFAC members.

VII. New Business

Michael Norton emailed the Cultural Competency Advisory Council agreed to have two CFAC members. If you would like to join let Juanita know. Juanita to follow up with information on when and how often the committee meets.

VIII. Review Budget Tracker

CFAC Members

Juanita went over the OPC CFAC budget. OPC CFAC has many funds to spend.

Peer Support workshop for IDD would be a great event to host. Stacey has a speaker that would be great to use for the next Peer Support Workshop. OPC CFAC to start looking at venues, locations, parking logistics, time and date for the event.

IX. Community Involvement Updates

CFAC Members

April 5th from 8:30am-4:15pm is the Faith Connections conference on suicide. The registration cost for the event is \$35.00. Suicide rates are increasing according to the CDC.

Current Trends in Alcohol and Substance Misuse is on March 27 from 9am -4:15PM. Janet interested in the event. Registration is \$98.00.

Ellen made a motion for Janet to attend the Current Trends conference; Stanley seconded the motion, all in favor.

Ellen made a motion for Janet to attend the ninth Annual Faith Connections; Allen seconded the motion, all in favor.

X. LMS Training

Juanita Jefferson

Juanita did a LMS training on Coping with Change/Different Phases.

XI. Public Comment

Community

Allen mentioned that there is a new treatment for depression.

XII. Vote on New Member

Paula Harrington submitted her application for OPC CFAC membership. Paula Harrington is a woman in long-term recovery. She works with Oxford House and is on the board of Freedom House. Helps people with sobriety. Recovery coach in training and a peer support specialist.

Ellen made a motion to accept Paula Harrington as a new OPC CFAC member; Janet seconded the motion all in favor.

XIII. Adjournment

Stanley made a motion to adjourn; Paula seconded the motion all in favor.

Meeting adjourned at 7:30PM.

Submitted by:

Reina Merino, Project Support Professional 3/18/2019

Name/Title and date