### Committee Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Voting Present</th>
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<tr>
<td>CFAC Chair-Steve Furman</td>
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<td>Allen Dittmer</td>
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<tr>
<td>Janet Sowers</td>
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<tr>
<td>Stanley Cotton</td>
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<td>Ellen Perry</td>
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### Staff

- **Agency**: Cardinal Innovations Healthcare
- **Title**: Member Engagement Specialist/CFAC Liaison
- **Name**: Juanita Jefferson

- **Agency**: Cardinal Innovations Healthcare
- **Title**: Project Support Professional/CFAC Clerk
- **Name**: Reina Merino

- **Agency**: Division of Mental Health, Developmental Disabilities and Substance Abuse Services/NC Department of Health and Human Services, Community Engagement & Empowerment
- **Title**: Mental Health Program Coordinator
- **Name**: Stacey Harward, BSW

### Guests

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<tr>
<th>Name</th>
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<tr>
<td>Courtney Wilburn</td>
<td>Present</td>
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<tr>
<td>Paula Harrington</td>
<td>Present</td>
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I. Call to Order/Introduction
   Chairperson called the meeting to order at 6:00PM

   Juanita Jefferson read the ground rules.

II. Consent Agenda and Minutes Approval
   Janet Sowers motioned to approve the OPC CFAC minutes from February 14, 2019
   Ellen seconded the motion.

III. Old Business
   Juanita went over the Roberts Rule of Order and the Six Statutory Requirements.

   Dede Severino from the State (NCDHHS) will be coming to OPC on May 9 to do a 1-hour
   Opioid Training. From 6:30-7:45pm. Ellen made a motion to open the presentation to
   the public, Stanley seconded the motion.

   Allen made a motion on Janet going to NC Tide; Ellen seconded the motion all in favor.

   Ellen attending the Disability Rights Conference on 5/1. Votes for Ellen done via email.

   Statewide CFAC meeting on April 1 from 9am-3pm in Greensboro, NC.

IV. NC DHHS Updates
   Stacey went over the CE Updates. Secretary Mandy Cohen was named one of the 2019 top women leaders.
   Next Wednesday 3.20.2019 is the state to local conference call from 7:00-8:30pm.
   One Recovery Conference 3/13-3/15 in Greensboro, NC.
   Field of Dreams on 3/30 in Winston-Salem, NC.
   April 28-May 1, 2019 is NC Tide in Wilmington, NC.

V. Cardinal Innovations Updates
   Juanita mentioned the Cardinal Innovations Community newsletter being provided to all OPC CFAC members.
   The impact report has come out. A year in recovery. The link will be provided with the minutes from the March
   14, 2019 meeting.

   Any CFAC member that does not want a PSP coordinating their arrangements will need to be in writing.

VI. Recommendations to the Board
   No recommendations to the board.

   Triad Cardinal CFAC wrote a letter to the Board and sent it to the Secretary concerning what happens to the funds
   when an aid or a worker does not show up, where that money goes, what is the process. Triad has heard back
   from the secretary. It was presented to the State CFAC. Copy of the letter was provide to CFAC members.

VII. New Business
   Michael Norton emailed the Cultural Competency Advisory Council agreed to have two CFAC members. If you
   would like to join let Juanita know. Juanita to follow up with information on when and how often the committee
   meets.

VIII. Review Budget Tracker
   CFAC Members
Juanita went over the OPC CFAC budget. OPC CFAC has many funds to spend.

Peer Support workshop for IDD would be a great event to host. Stacey has a speaker that would be great to use for the next Peer Support Workshop. OPC CFAC to start looking at venues, locations, parking logistics, time and date for the event.

IX. Community Involvement Updates

April 5th from 8:30am-4:15pm is the Faith Connections conference on suicide. The registration cost for the event is $35.00. Suicide rates are increasing according to the CDC.

Current Trends in Alcohol and Substance Misuse is on March 27 from 9am -4:15PM. Janet interested in the event. Registration is $98.00.

Ellen made a motion for Janet to attend the Current Trends conference; Stanley seconded the motion, all in favor.

Ellen made a motion for Janet to attend the ninth Annual Faith Connections; Allen seconded the motion, all in favor.

X. LMS Training

Juanita Jefferson
Juanita did a LMS training on Coping with Change/Different Phases.

XI. Public Comment

Community

Allen mentioned that there is a new treatment for depression.

XII. Vote on New Member

Paula Harrington submitted her application for OPC CFAC membership. Paula Harrington is a woman in long-term recovery. She works with Oxford House and is on the board of Freedom House. Helps people with sobriety. Recovery coach in training and a peer support specialist.

Ellen made a motion to accept Paula Harrington as a new OPC CFAC member; Janet seconded the motion all in favor.

XIII. Adjournment

Stanley made a motion to adjourn; Paula seconded the motion all in favor.

Meeting adjourned at 7:30PM.

Submitted by:
Reina Merino, Project Support Professional 3/18/2019
Name/Title and date