

Consumer & Family Advisory Committee Steering Committee
Meeting Minutes
 January 7, 2021 via WebEx

Committee Members	Regional Representative	Voting Member Present = P Absent = A
Beverly Morrow, Chair	Southern	P
Ricky Graves, Vice Chair	Triad	P
Pamela Goodine	Triad	P
Tim Gallagher	Triad	P
Jean Andersen southern	Southern	P
Crista Aldridge	Southern	P
Angelena Kearney-Dunlap	Northern	P
Dianna Talley	Northern	P
Shirley Robinson-Flood	Northern	A
Janet Sowers	Central	P
Jeanette Williamson	Central	P
Steve Furman	Central	A
Staff		Non- Voting
King Jones		P
Laura Wilkicki, notetaker		P
Guests		Non-Voting
Stacey Harward, DHHS		P
Mary Miller, CFAC Member		P
Bob Crayton, CFAC Member		P

I. Call to Order/Introduction

Beverly Morrow called the meeting to order at 6:09 p.m.

II. Minutes Approval for October 1, 2020 Meeting

Beverly Morrow asked if there were any changes to the minutes and requested a motion to approve the October 1, 2020 meeting minutes.

Angelena Kearney-Dunlap motioned to approve the minutes as written. Pamela Goodine seconded the motion.

Roll call vote is taken. Majority in Favor. Motion carried.

Agenda was approved as distributed.

III. Public Comments

No public comments were offered.

IV. Old Business

1. Relational Agreement: still outstanding with Triad's suggested change; not all regions have agreed. The recommended change was in relation to reviewing the budget. The vote on agreement will move to next week. King stated that in June, the northern CFAC reviewed and approved the edited Relational Agreement.
2. Bonnie Schell Scholarship: last fiscal year, unused money was rolled over as an exception due to COVID. The question was if we could roll over any leftover funds always be rolled over. But since this is an annual scholarship, these funds don't typically roll into the following year. Two scholarships were received to approve to date at \$250 each from Triad. This had been outlined in last meeting minutes. The question was posed if we can roll over the unused portion from this year since we are still in COVID and is likely to have a significant balance.

None of the other regions have used any scholarship funds, but at this time in the fiscal year with the large balance we have, we don't have to be concerned if there will be enough money. Bonnie Schell is exclusively for family and members, but CFAC training must be used first before a CFAC member can apply for BS.

Pamela Goodine announced:

- the virtual Emotional CPR training at \$250 if anyone is interested. <https://www.emotional-cpr.org/about-ecpr.htm>. Educates you on how to help a person in emotional crises. If Pam sends information to King, he will get it out to the group.
- William.Smithdeal@cherokeehospital.org will be doing a in person Training at GreenTree Peer Center January 29th -30th 2021 9am-4pm. Laurie Coker Director 336-429-4086 Winston Salem.

Funding for the above would be difficult to get paid before the training date because of the 45-day restriction (Cardinal needs that time to process). Another option is to pay for it and request a reimbursement.

3. 4th Board Member: The process was reviewed with all the regions, and there was a recommendation that the regional chairs make the final selection. Ultimately, before we make any formal changes to the process, this requires a revision in the By-laws. The 4th member seat was presented and approved. The approval for the By-laws needs to happen in an all-CFAC meeting.

V. New Business

1. By-laws: we need a By-laws subcommittee. Ricky Graves, Janet Sowers, Jean Andersen, and Dianna Talley volunteered. Ricky Graves will lead to begin activities (get dates and times for members to meet, etc.) and King will be included to assist. The statute is very clear on the term limits; include if someone transfers from another LME-MCO. Also, when someone joins CFAC you understand that if you move out of the Cardinal catchment area, you are not eligible to be a CFAC member.

2. Regional Updates/Commonality/Problems/Service Gaps

a) Central - Jeannette Williamson

- The Central CFAC meeting was Tuesday. We voted in a new member representing TBI, Jeannie Irby.
- Congratulations to Angelena on her retirement after 25 years of service Warren County Clerk to the BOCC.
- Nicole Six presented what Cardinal is doing on the child welfare model.
- Margarie Davis requested CFAC transcript back to the northern CFAC for their consideration.
- In the month of October, Jeannette became certified as a First Aid and CPR responder for her third-shift position at the automotive company she works.
- We have 4 CFAC members committed to the NC DSP workforce group, advocating for increased pay. Cardinal has replied with data requests for our advocacy efforts. The next meeting is January 12.
- We are committed to working with all CFAC members statewide.
- Members that attended the i2i, may be interested in the new June 9-11, 2021 dates.
- We are attending the Central Provider Partners Council meeting, Client Rights Committee, and the Cultural Adversity meeting, RHC, GCQIC, and CQI meeting
- Comments for the county disengagement, our comments matter either in support or not
- The Governor's COVID update conference is encouraging stay at home
- Updates on the vaccinations, watch for the county stations
- Our commissioner joined our meeting on Tuesday
- Ellen Perry continues to be active with the TNAC
- Some of us don't have internet and at a meeting this Tuesday, some were not able to see the presentation. This is a challenge for virtual meetings.

a) Southern – Christa Aldridge

Still doing the Latino initiative and in the initial planning stage to have a conference in September Cabarrus, Union, Mecklenburg, Stanly, and Rowan called "Wellness Together" to inform and educate the southern region on the discipline areas including TBI.

- Nicole Six at Cardinal came and spoke about the child welfare operating model
- Talked about gaps in services and will be addressed on individuals who are getting peer support and individual supports.
- Jeannette has volunteered her services if needed.

b) Northern – Angelena Kearney-Dunlap

- Challenges in this small community; having representatives from different service providers at each meeting.
- everything is still virtual and not good for the Warren County. The school system in particular is virtual and has been a challenge for internet at home and in the community. Training is needed at home for technical issues.

c) Triad – Tim Gallagher

- Meeting is coming up on Monday.
- Last meeting Trey presented on the disengagement activities and remediation plans on the known issues. Losing Forsyth could be critical to the way services are provided to the Triad. The Forsyth CAC meeting is tomorrow at 8:00 a.m. with Don Martin.
- RHC meeting working on RHIP.
- Pan attended the training that she's learning to be a trainer herself.

Tim Gallagher motioned that 1) each of the regions share the materials presented to the Cardinal Board of Directors, and 2) on an ongoing basis, each region takes 15 minutes to share that information with the steering committee members at each quarterly meeting. Pamela Goodine seconded the motion.

Angelena Kearney-Dunlap requested an amendment the motion to state "up to 15 minutes". Crista Aldridge seconded the motion.

A roll call is conducted to vote on the motion and the amendment. Majority in favor. Motion carried.

Jeannette Williamson expressed her concern that some people have technical difficulties or have access to a computer and can't see the presentations. Materials will be sent out well in advance so people can be prepared with hard copies at the meetings.

d) State CFAC – Stacey Harward

- Joint DMHDDSAS & DHB COVID-19 Update: Consumers Monday, January 25, 2021 at 2 pm
Links and call-in information to come.
Regional CFAC Meetings - Alliance, Eastpointe, Sandhills and Trillium; Monday, January 25, 2021 from 6:00 to 7:30 pm Microsoft Teams meeting, ask for link: Or call in (audio only)
+1 984-204-1487,,345598759# United States, Raleigh
Phone Conference ID: 345 598 759#
Cardinal, Partners, and Vaya Tuesday, January 26, 2021 from 6:00 -7:30 pm
Microsoft Teams meeting; Join on your computer or mobile app, ask for link or call in (audio only) 1- 984-204-1487,,82713842# United States, Raleigh Phone Conference ID: 827 138 42#

VI. Comments and Adjournment

Next Meeting is April 1, 2021, and after that is July 1, 2021.

It was posed that July 1 might cause a conflict for some members. No members spoke of a conflict. All members are in agreement with July 1.

The previous SWOT conducted by Stacey can be an action item to be addressed at an all-CFAC meeting, as we had some weaknesses. Members are in agreement. Please send Angelena and Dianna a hard copy.

Member terms may be coming to an end and should be reviewed at the next meeting. King can provide a list of member terms for then. Bob Crayton stated that Steve Furman was reappointed for his second term. Regional CFAC's have reappointed the Steering Committee Members.

Beverly Morrow adjourned the meeting at 7:36 p.m.

Be safe! Wear your mask! Stay in as much as you can!

Submitted by:

Laura Wilkiki, Business Administrator, Community Operations