

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

Union County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1-866-275-9552	N

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Daymark Recovery Services, Inc.	1408 East Franklin Dr. Monroe, NC	704-283-6040	Y	Y
RHA Health Services, Inc.	316 IB Shives Rd. Monroe, NC	704-289-7201	N	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc. - CRC Unit	1408 East Franklin St. Monroe, NC	704-283-6040	N

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Adamu Salisu, MD, PLLC		1303 E Franklin St. Monroe, NC	704-283-4401	N
Union Center		1190 W Roosevelt Blvd. Monroe, NC	704-296-6200	N
Carolina Community Behavioral Services, LLC		1106 Skyway Dr. Monroe, NC	704-635-8091	N
Monroe		2208 W Roosevelt Blvd. Monroe, NC	704-332-9001	N
S.T.E.P.s Developmental Academy, Inc.		8001 Tremont Dr. Indian Trail, NC	704-532-5757	N
Daymark Recovery Services, Inc. - CRC Unit - Union County		1408 E Franklin St. Monroe, NC	704-939-1100	N
Little Gerald Services, LLC		1112 Skyway Dr. Monroe, NC	704-577-2139	N
Thrive Counseling Services, PLLC		1428 Ellen St. Monroe, NC	704-438-9901	N

Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Prevention Services	1117 East Morehead St. Ste.200 Charlotte, NC	704-375-3784	Federal Funding

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
McLeod Addictive Disease Center	2208 West Roosevelt Blvd. Monroe, NC	704-289-9869	N

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

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Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Union Center	1190 W Roosevelt Blvd. Monroe, NC	704-296-6200	N
S.T.E.P.s Developmental Academy, Inc.	8001 Tremont Dr. Indian Trail, NC	704-532-5757	N

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc.	1190 West Roosevelt Blvd. Monroe, NC	704-296-6200	N

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Adamu Salisu, MD, PLLC		1303 E. Franklin St. Monroe, NC	336-577-3285	N
Daymark Recovery Services, Inc.		1190 West Roosevelt Blvd. Monroe, NC	704-296-6200	Y
Little Gerald Services, LLC		1112 Skyway Dr. Monroe, NC	704-577-2139	N
McLeod Addictive Disease Center		2208 West Roosevelt Blvd. Monroe, NC	704-289-9869	N
S.T.E.P.s Developmental Academy, Inc.		4102 Logan Circle Indian Trail, NC	704-882-9553	N
Thrive Counseling Services, PLLC		1428 Ellen St. Monroe, NC	704-438-9901	N
Torie Hoey, PMHNP-BC		115 Unionville Indian Trail Rd W, Monroe	704-996-1454	N

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Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)	SUD Residential Group Living High	1931 Union Cross Rd. Winston-Salem, NC	Forsyth	336-784-9470	Y
Hope Haven- SUD Residential	SUD Residential	3815 N Tryon St. Charlotte, NC	Cabarrus	704-372-8809	Y
Monarch	FBC Child	1810 Back Creek Dr., 515 Clanton Rd. Charlotte, NC	Mecklenburg	704-986-1500	Y
McLeod Addictive Disease Center, Inc.	Opioid Treatment Program Methadone/ Suboxone	515 Clanton Rd. Charlotte, NC	Mecklenburg	704-332-9001	Y
NSC Behavioral Concepts, LLC	SAIOP	507 W Innes St. Ste. 105 Salisbury, NC	Rowan	704- 603-6156	N
RHA Health Services, Inc.- CCC	CCC SAIOP	219 LePhillip Court, NE Concord, NC	(Cabarrus, Union) (Cabarrus)	704-933-3505	Y
Rising Hope Clinical Assistance, LLC-	SAIOP	510 Northgate Park Dr. Winston-Salem, NC	Forsyth	704-661-3327	N
S&H Youth and Adult Services, Inc.	SAIOP	715 S Main St. Salisbury, NC	Rowan	704-492-9638	N

Community and Stakeholder / SUD Initiatives

Community Partners Stigma Workgroup

Community and Stakeholder / SUD Specific and Supported Trainings

Mental Health First Aid

Prime For Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Other

Bridge To Recovery- Transitional Living (Private Pay) 704-909-8025

Behavioral Health Center - First Step-Behavioral Health Care in the Carolinas 980-993-7700 (partial hospitalization / day treatment, residential long-term treatment, hospital inpatient detoxification, hospital inpatient treatment, intensive outpatient treatment, and outpatient Methadone/Buprenorphine or Vivitrol)

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Cardinal Innovations Points of Contact

Title	Name	Contact Information
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MH/SUD Care Coordination Manager	Ashley Parks	704-680-7336 Ashley.Parks@cardinalinnovations.org
Regional Community Operations Manager	Lakeisha McCormick	704-305-2512 Lakeisha.McCormick@cardinalinnovations.org

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