

Consumer & Family Advisory Committee Meeting Minutes

March 14, 2019 at 6:00 PM

Cardinal Innovations Healthcare, 201 Sage Road, Room 104, Chapel Hill, NC 27514

| Committee Members | Voting Member Present = P Absent = A |
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| CFAC Chair-Steve Furman | P |
| Allen Dittmer | P |
| Janet Sowers | P |
| Stanley Cotton | P |
| Ellen Perry | P |
| Paula Harrington | P |
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| Staff | Non- Voting |
| Agency: Cardinal Innovations Healthcare Title: Member Engagement Specialist/CFAC Liaison Name: Juanita Jefferson | PRESENT |
| Agency: Cardinal Innovations Healthcare Title: Director, Community & Member Engagement Name: Emily S Bridge | PRESENT |
| Agency: Cardinal Innovations Healthcare Title: Senior Community Executive Name: Ric Bruton | PRESENT |
| Agency: Cardinal Innovations Healthcare Title: Project Support Professional/CFAC Clerk Name: Reina Merino | PRESENT |
| Agency: Division of Mental Health, Developmental Disabilities and Substance Abuse Services/ NC Department of Health and Human Services, Community Engagement & Empowerment Title: Mental Health Program Coordinator Name: Stacey Harward, BSW | PRESENT |
| Guests | Non-Voting |
| Courtney Wilburn | Present |
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- I. Call to Order/Introduction** **Steve Furman**
Chairperson called the meeting to order at 6:00PM

Juanita Jefferson read the ground rules.
- II. Consent Agenda and Minutes Approval** **Steve Furman**
Janet made a motion to approve the minutes; Ellen seconded the motion Paula stated with the corrections. All in favor.
- III. Review of the Six Statutory Requirements** **Steve Furman**
Six Statutory Requirements to be reviewed at the June 2019 meeting for the chair to get his annual report.
- IV. Old Business** **Steve Furman**
Opioid Training will be on May 9. Flyers have been emailed out. The training will start at 6:30pm. Ellen made a motion for Paula to introduce Dede Severino, Janet seconded the motion. All in favor.
- V. NC DHHS Updates** **Stacey Harward**
State CFAC is sending a recommendation to the county commissioners who are developing the tailored plans for the regions that the LME/MCO stay as is unless the county commissioners can give just cause and what the benefits would be.

Next Wednesday is the State to Local call

Legislative Day save the date, May 16, 2019 from 10am to 12pm.

Survey from the State CFAC need to be done as a group. Each CFAC member to complete and send to Steve or Juanita by April 19th. Juanita will then compile answers as a group to submit to the State CFAC. Email sent out on April 12th regarding this request.
- VI. Cardinal Innovations Healthcare Updates** **Ric Bruton/Juanita Jefferson**
Ric presented information on the Dashboard Report for each individual county.

Any recommendations or suggestions regarding CFAC forms please send the information to Steve or Juanita.
- VII. Recommendations to the Board** **Steve Furman**
No recommendations to the board
- VIII. New Business** **Steve Furman**
Peer support workshop planning. Need to find a location to host the workshop, a topic and speaker. Allan made a motion for September 27 or October 2 being dates to host the Peer Support workshop, Janet seconded the motion, all in favor. Come up with a theme and flyer for the event. Ellen researching venues for the event.
- IX. Review Budget Tracker** **Steve Furman**
OPC CFAC has funds to use before the end of the fiscal year. Attend trainings, events that pertain to the 6 statutory requirements.

X. Community Involvement Updates

CFAC Members

Janet did not attend the Faith Connection. She was reimbursed \$35 for the registration. Reina will talk to Carri in finance about the reimbursement for \$35.00. Check will be sent to finance and another check will be issued to Janet for just the Executive CFAC stipend and mileage.

XI. Oxford House Presentation

Paula Harrington

Paula gave a presentation on Oxford House. Oxford Houses are rented residential houses. People can live in an Oxford House as long as they want, provided they remain clean, and sober, stay current with the house financially and are not disruptive. When a house fills, another house is opened. The house membership is responsible for all household expenses.

XII. Adjournment

Ellen made a motion to adjourn; Allen seconded the motion all in favor.
Meeting adjourned at 8:03PM

Submitted by:

Reina Merino, Project Support Professional 4/15/2019

Name/Title and date