

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

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# Forsyth County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1.866.275.9552	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Daymark Recovery Services, Inc. (Cabarrus Center) – Forsyth Center	650 Highland Avenue Winston Salem NC 27101	336-607-8523	N	Y
Monarch - Cherry St. Winston-Salem	4140 Cherry St. Winston-Salem, NC, 27105-2536	336-724-9768	N	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc.(Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston-Salem, NC, 27101-4304	704-210-1233	Y
Winston Psychiatric Associates, P.A.	125 Ashleybrook Sq. Winston Salem, NC 27103	336-765-6577	Y
Keystone WSNC, LLC dba Old Vineyard Behavioral Health Services	3637 Old Vineyard Rd. Winston Salem, NC, 27104-4842	336-794-3546	Y
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center	3333 Silas Creek Pkwy. Winston-Salem, NC, 27103-3013	336-277-7226	Y/ 3-way funding
Wake Forest University Health Sciences	Medical Center Blvd. Winston-Salem, NC, 27157-1	336-716-2011	N

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Family Behavioral Health, PLLC	3000 Bethesda PL, Suite 802 Winston Salem NC 27103	336-765-6033	N
Addictions Recovery Care Association (ARCA)	1931 Union Cross Rd. Winston-Salem, NC, 27101-6448	336-784-9470	Y

### Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St. Winston-Salem, NC, 27101-2701	336-725-8389	Federal Funding

### Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St. Winston-Salem, NC, 27101-2701	336-725-8389	Y
Daymark Recovery Services, Inc.(Cabarrus Center) - Daymark Behavioral Health Urgent Care (Suboxone Coming Soon)	650 Highland Ave, Ste 110 Winston-Salem, NC, 27101-4304	704-210-1233	Y

### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)		1931 Union Cross Rd. Winston-Salem, NC, 27101-6448	336-784-9470	Y

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## Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston-Salem, NC, 27101-4304	704-210-1233	Y
Insight Human Services	665 W 4th St Winston-Salem, NC, 27101-2701	336-725-8389	Y
Wake Forest University Health Sciences	791 Jonestown Rd. Winston-Salem, NC, 27103-1252	336-716-4479	N
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center	3333 Silas Creek Pkwy. Winston-Salem, NC, 27103-3013	336-277-7226	N Y

## Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St. Winston-Salem, NC, 27101-2701	336-725-8389	Y

## Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc. (Cabarrus Center) - Daymark Behavioral Health Urgent Care	650 Highland Ave, Ste 110 Winston-Salem, NC, 27101-4304	704-210-1233	Y
Insight Human Services	665 W 4th St. Winston-Salem, NC, 27101-2701	336-725-8389	Y
Triad Therapy Mental Health Center, LLC	7830 N POINT BLVD, STE 201 Winston-Salem, NC, 27106-3261	336-896-0904	N
Family Behavioral Health, PLLC	3000 Bethesda Pl Ste 802 Winston-Salem, NC, 27103-3330	336-659-9141	N
Top Priority Care Services, LLC	4401 Providence Ln. Winston-Salem, NC, 27106-3226	336-896-1323	Y N
Wake Forest University Health Sciences	Medical Center Blvd. Winston-Salem, NC, 27157-1	336-716-2011	N

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## Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)

## Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center		3333 Silas Creek Pkwy. Winston-Salem, NC, 27103-3013	336-277-7226	N
Family Behavioral Health, PLLC		3000 Bethesda Pl Ste 802 Winston-Salem, NC, 27103-3330	336-659-9141	N
Insight Human Services		665 W 4th St. Winston-Salem, NC, 27101-2701	336-725-8389	Y
The Neil Group, Inc.		1399 Ashleybrook Ln, STE 100 Winston-Salem, NC, 27103-2961	336-774-2194	N
Wake Forest University Health Sciences		Medical Center Blvd. Winston-Salem, NC, 27157	336-716-2011	N
Wake Forest University Health Sciences		791 Jonestown Rd. Winston-Salem, NC, 27103-1252	336-716-4479	N
Voice for Children and Nurturing Families, PLLC		3728 Vest Mill Rd. Winston-Salem, NC, 27103-2912	336-577-8455	N
Top Priority Care Services, LLC		4401 Providence Ln. Winston-Salem, NC, 27106-3226	336-896-1323	Y N
Triad Therapy Mental Health Center, LLC		7830 N Point Blvd, Ste 201 Winston-Salem, NC, 27106-3261	336-896-0904	N
Craig Hunt		765 Highland Oaks Dr, Suite 200, Winston-Salem, NC, 27103-7101	336-887-8979	N
Kernersville Counseling Center, PLLC		520 Arbor Hill Rd. Kernersville, NC, 27284-3346	336-283-3830	N

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## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Faculty Physicians	Residential Program For Parenting/Pregnant Females	1105 W NC Highway 54 Byp Apt P8 Chapel Hill, NC, 27516-2851	Orange	919-966-9803	Y

## Community and Stakeholder / SUD Initiatives

Dept. of Public Safety/Probation partnership with Daymark

Forsyth County DATA (District Attorney Treatment Alternatives) Program Deferred Prosecution – Open for referrals 08/23/2018

Community Paramedicine / Integrated Care Program

Active Opioid Task Force

Triad MH/SUD Advisory

## Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

## Other

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