

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

# Halifax County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services		1.866.275.9552	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
RHA Roanoke Rapids Treatment Center	60 NC Highway 125 Roanoke Rapids	252-537-6619	Y	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

## Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

## Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Essential Skills Sytems	2204 Evers Drive Raleigh, NC 27610-4914	919-833-8247	Federal Funding

## Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Morse Clinic of Roanoke Rapids, PC	608 Jackson St. Roanoke Rapids	252-541-4175	Y

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### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

### Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
RHA Roanoke Rapids Treatment Center	60 NC Highway 125 Roanoke Rapids	252-537-6619	Y
Edwards' Assessments and Counseling, Inc.	321 Highway 125 Roanoke Rapids	Not Found	Y
Spring Life Behavioral Care, LLC.	109 Long Circle Roanoke Rapids	252-535-6400	N

### Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Spring Life Behavioral Care, LLC	109 Long Circle Roanoke Rapids	252-535-6400	N
Premiere Health and Wellness Medical Center	608 Jackson St, Ste H Roanoke Rapids	919-416-4700	N
Roanoke Valley Psychiatric Associates, P.A.	321 Highway 125 Roanoke Rapids	252-489-9969	N

### Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

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## Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
CW Counseling Services, Inc.		608 Jackson St., STE B Roanoke Rapids	919-416-4700	N
Edwards' Assessments and Counseling, Inc.		321 Highway 125 Roanoke Rapids	252-535-1070	Y
Roanoke Valley Psychiatric Associates, P.A.		321 Highway 125 Roanoke Rapids	252-537-8400	N
Statewide Mental Health & Disability Services, PLLC		730 Roanoke Ave. Roanoke Rapids	252-308-1247	N
Spring Life Behavioral Care, LLC.		109 Long Circle Roanoke Rapids	252-535-6400	N
C&M Behavioral Health, PLLC		1704 Highway 158 Roanoke Rapids	252-578-1986	N

## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services	CCC	943 W. Andrews Ave. Henderson	Vance	252-431-0280	Y
Freedom House Recovery Services	CCC	126 N. Main St. Warrenton	Warren	252-879-0091	Y
Vision Behavioral	CCC	104 N. Main St. Louisburg	Franklin	919-496-7781	Y
Recovery Innovations, Inc	FBC/Non-Hospital Detox	300 Parkview Dr. West Henderson	Vance	252-438-4145	Y
Alliance Rehabilitative Care, Inc.	SUD Residential (SA Halfway House)	1020 Country Home Rd. Henderson	Vance	252-492-8699	Y
Freedom House Recovery Services	SUD Residential (supervised living moderate)	519 Walker Ave. Norlina	Warren	919-942-2803	Y
Freedom House Lake Area Health Care	SAIOP	126 N. Main St. Warrenton	Warren	252-879-0091	Y
Alliance Rehabilitative Care, Inc.	SAIOP	510 Dabney Dr. Henderson	Vance	252-492-8699	Y
Edwards' Assessments and Counseling, Inc.	SAIOP	321 Highway 125 Roanoke Rapids	Halifax	252-535-1070	Y

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Vision Behavioral Health Services, LLC	SAIOP	104 N. Main St. Louisburg	Franklin	919-496-7781	Y
Vision Behavioral Health Services, LLC	Outpatient SUD Therapy (individual, group, family)	104 N. Main St. Louisburg	Franklin	919-496-7781	Y
Keys to Recovery Counseling Services, PLLC	Outpatient SUD Therapy (individual, group, family)	202 S Main St Louisburg,	Franklin	919-435-8164	N
Daymark Recovery Services	Outpatient SUD Therapy (individual, group, family)	943 W. Andrews Ave. Henderson	Vance	252-433-0061	Y
Alliance Rehabilitative Care, Inc.	Outpatient SUD Therapy (individual, group, family)	510 Dabney Dr. Henderson	Vance	252-492-8699	Y
Higher Aspiration Behavioral Healthcare, LLC	Outpatient SUD Therapy (individual, group, family)	230 W Andrews Ave Henderson	Vance	336-500-2403	N
Vance Recovery, PC	Opioid Treatment Program Opioid (Methadone/Suboxone) (OMT) (Vance)	510 B Dabney Dr. Henderson	Vance	252-572-2625	Y

### Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

Five County Regional Stepping Up Initiative

MH and SA Court Development in Halifax County

### Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

### Other

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## Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Elliot Clark	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Kelly Watkins	
Quality Management Manager	Michael Norton	
I/DD Care Coordination Manager	Tom Wilson	
MH/SUD Care Coordination Manager	Jennifer Jennings	
Regional Community Engagement Manager	Lynn Inman	
Regional Member Engagement Manager	Deborah Hendren	

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