

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Mecklenberg County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Matrix Mental Health Alliance LLC dba CrySis Affiliated Santé Group	5700 Executive Center Drive Charlotte	704-566-3410 (Select option 1)	Y

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Monarch Open Access	5700 Executive Center Drive Charlotte	704-986-1520	N	Y

Open Access Center NOT a CCC

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Amara Wellness Inc. Open Access	5801 Executive Center Drive Charlotte	704-567-0790	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery	429 Billingsley Rd Charlotte	704-445-6900	Y
Carolinas Healthcare System/ BHC and Mercy	Charlotte and Davidson	704-801-9400 704-355-2000	Y
The Presbyterian Hospital dba Novant Health Presbyterian Medical Center	200 Hawthorne Lane Charlotte	704-384-4255	N

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
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Anuvia Prevention and Recovery	100 Billingsley Road Charlotte	704-376-7447	Federal Grant
Center for Prevention Services	1117 East Morehead Street Charlotte	704-375-3784	Federal Grant
Hope Haven, Inc.	3815 North Tryon Street Charlotte	704-372-8809	Federal Grant
McLeod Addictive Disease Center, Inc.	521 Clanton Road Charlotte	704-332-9001	Federal Grant

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Road Charlotte	704-376-7447	Y / CURES Funding for Medication Assisted Treatment
McLeod Addictive Disease Center	521 Clanton Road Charlotte	704-332-9001	Y / CURES Funding

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc. - Sam Billings Center	SUD Residential Group Living High (Social Setting Detox)	429 Billingsley Rd Charlotte	704-445-6900	Y
Community Alternatives dba Community Choices, Inc.	SUD Residential Group Living Moderate and High	5800 Executive Center Dr Charlotte	704-227-0607	Y
Community Alternatives dba Community Choices, Inc.	SUD Residential Group Living Moderate and Low	7108 Wallace Road Charlotte	704-227-0607	Y
Hope Haven, Inc.	SUD Residential Group Living Low	3815 North Tryon Street Charlotte	704-372-8809	Y
McLeod Addictive Disease Center	SUD Residential Group Living Moderate and High	521 Clanton Road, Charlotte	704-332-9001	Y / CURES Funding

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Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Road Charlotte	704-376-7447	N
Carolina's Creative Counseling, PA	4415 Monroe Road Charlotte	704-332-3634	N
Collaborative Hope	9700 Research Drive Charlotte	704-496-9620	N
Community Alternatives Dbas Community Choices, Inc.	5800 Executive Center Drive Charlotte	704-227-0607	Y
Day by Day Family Services, LLC	4822 Albemarle Road Charlotte	704-405-4265	N
Epiphany Family Services, LLC	6900 Farmingdale Dr Charlotte, NC 28212-5551	704-536-6853	N
Family First Community Services, LLC	3705 Latrobe Drive Charlotte	704-364-3989	N
McLeod Addictive Disease Center	521 Clanton Road Charlotte	704-332-9001	Y
Mecklenburg County Community Support Services	700 North Tryon Street Charlotte Men's Shelter	704-432-7233	Y
Quality Care Services, LLC	416 McCullough Drive Charlotte		N
S.T.E.P.s Developmental Academy, Inc.	4822 Albemarle Road Charlotte	704-532-5757	N
The Charlotte-Mecklenburg Hospital Authority dba Mercy Horizons Outpatient Therapy	2001 Vail Avenue Charlotte	704-512-7090	Y
Novant Medical Group, Inc. dba Rowan Psychiatric Associates – Novant Health Psychiatric Recovery and Counseling	1401 Matthews Township Pkwy, Ste 320 MATTHEWS, NC 28105-5403	704-316-9064	N

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Road Charlotte	704-376-7447	N
Community Alternatives Dbas Community Choices, Inc	5800 Executive Center Drive Charlotte	704-227-0607	Y
Epiphany Family Services, LLC	6900 Farmingdale Dr Charlotte, NC 28212-5551	704-536-6853	N

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McLeod Addictive Disease Center	521 Clanton Road Charlotte	704-332-9001	Y
Quality Home Care Services, Inc.	3552 Beatties Ford Rd. Charlotte	704-394-8968	N

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Anuvia Prevention and Recovery Center, Inc.	100 Billingsley Road Charlotte	704-376-7447	N / CURES Funding for Medication Assisted Treatment
McLeod Addictive Disease Center	521 Clanton Road Charlotte	704-332-9001	Y / CURES Funding
Psychiatric and Forensic Associates, P.A.	4310 Park Road Charlotte	704-525-1753	N
Serenity Rehabilitation Services	11205 Lawyers Rd, Suite F Mint Hill	336-617-7337	N

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
Community Alternatives Db Community Choices, Inc.	Cascades-Pregnant Women	5800 Executive Center Dr. Charlotte	704-227-0607	Y

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Continuum Care Services, Inc.		10150 Mallard Creek Rd Charlotte	704-510-2662	N
Center for Emotional Health - Eastover		330 Billingsley Rd Charlotte	704-237-4240	N
St. Lazarus Behavioral Health, PC		8401 Medical Plaza Dr Charlotte	877-624-5802	N
Timeless Solutions Counseling Services, PLLC		9635 Southern Pine Blvd Charlotte	704-749-3815	N
Cornelia Pringle dba ATRA Counseling Services, PLLC		4921 Albemarle Rd Charlotte	980-819-6585	N

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Anuvia Prevention and Recovery Center, Inc.		100 Billingsley Road Charlotte	704-376-7447	Y
Carolina's Medical Center – Main (FAC)		1000 Blythe Boulevard Charlotte 7825 Ballantyne Commons Pkwy Charlotte	704-355-2000 704 801 9206	N
Cliff Anderson, LPC		5500 Executive Center Drive Charlotte	980-355-9333	N
Collaborative Hope		9700 Research Drive Charlotte	704-496-9620	N
Community Alternatives dba Community Choices, Inc.		5800 Executive Center Drive Charlotte	704-227-0607	Y
Day by Day Family Services, LLC		4822 Albemarle Road Charlotte	704-405-4265	N
Desired Solutions & More, Inc.		8815 University East Drive Charlotte	704-405-4251	N
Each One Reach One Two		4919 Albemarle Rd, Ste 203 Charlotte, NC 28205-6683	704-405-4251	N
Epiphany Family Services, LLC		6900 Farmingdale Dr Charlotte, NC 28212-5551	704-536-6853	N
Family First Community Services, LLC		3705 Latrobe Dr, Ste 340 Charlotte, NC 28211-4823	704-364-3989	N
Genesis Project 1, Inc.		5108 Reagan Drive, Ste 5 Charlotte	704-596-0505	N
Hope Haven, Inc.		3815 N. Tryon Street Charlotte	704-372-8809	N
InnerVision, Inc.		415 E 4th St Fl 2 Charlotte, NC 28202-2671	704-377-5042	Y
Integrated Behavioral Health Management, Inc.		10320 Mallard Creek Road Ste 240 Charlotte	704-910-6142	N
McLeod Addictive Disease Center-Charlotte		521 Clanton Road Charlotte	704-332-9001	Y
Mecklenburg County Community Support Services		700 North Tryon Street Charlotte	704-432-7233	Y
Onsite Care, PLLC		10130 Perimeter Pkwy, Ste 200 Charlotte, NC 28216-197	888-849-7379	N
Person Centered Partnerships,		5801 Executive Center Dr Ste 200b Charlotte, NC, 28212-8861	704-567-0790	N

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Inc.dba Amara Wellness Inc - SAIL				
Pinnacle Point Supportive Services, LLC		415 Minuet Ln, Ste G Charlotte, NC 28217-2701	704-819-9312	N
Providence Psychiatric and Behavioral Health Services, Inc.		1110 Sam Newell Rd, STE A1 Matthews, NC 28105-5013	704-234-2594	N
Quality Home Care Services, Inc.		3552 Beatties Ford Rd. Charlotte	704-394-8968	N

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
ARCA	SUD Residential	1931 Union Cross Road Winston Salem	Forsyth	336-784-9470	Y
Daymark - CRC Unit - Union County	FBC Adults	1408 E Franklin St Monroe	Union	704-283-6040	Y
Daymark-Davidson Crisis Center	FBC Adults	280 Executive Park Dr., Ste 160 Concord	Davidson	704-939-1133	Y
Daymark-Facility Based Crisis of Cabarrus	FBC Adults	1104B S Main Street Lexington	Cabarrus	336-242-2450	Y
Hope Haven-Serenity House- SUD Residential	SUD Residential	172 Spring Street SW Concord	Cabarrus	704-372-8809	Y
Path of Hope	SUD Residential	1675 E Center Street Ext. Lexington	Davidson	336-248-8914	Y
Support, Inc	SUD Therapy	175 W Franklin Blvd Gastonia	Gaston	704-865-3529	N

Community and Stakeholder / SUD Initiatives

Michael's Voice- Advocacy and Education
Urban Ministries SABER program
Supportive Housing Communities- PATH Grant
Substance Use Disorder Task Force Strategic Plan Development
Carolinas Healthcare System Prescriber's Education
Center for Prevention Services (Syringe Exchange Program) – 1117 East Morehead Street, Charlotte, NC

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Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Mental Health First Aid (MHFA)

Crisis Intervention Training (CIT)

Other

Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Dr. Wendy Welch	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive – Southern Region	Melissa Bunker	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Monvayata Ratchford	
Quality Management Manager	Dana Frakes	
I/DD Care Coordination Manager	Allan Azali	
MH/SUD Care Coordination Manager	Nicole Six	
Regional Community Engagement Manager	LaShay Avery	
Regional Member Engagement Manager	Lakeisha McCormick	

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