Housing Resources

Permanent Supportive Housing

Cardinal Innovations Healthcare Solutions receives and manages several Permanent Supportive Housing grants (also referred to as Shelter Plus Care) from the US Department of Housing and Urban Development (HUD). Permanent Supportive Housing is community-based housing in which supportive services are provided to help formerly homeless people with disabilities live as independently as possible. Under Permanent Supportive Housing, assistance is provided to individuals with disabilities and/or families in which one adult or child has a disability. Supportive services are tailored to meet the specific needs of each program participant.

Permanent Supportive Housing represents safe, integrated rental housing in the community that is affordable to individuals with little or no income. Consumers in Permanent Supportive Housing have all the rights and obligations of tenancy. Ideally, tenants pay no more than 30 percent of their income toward their housing costs.

Eligibility Criteria
To be considered for Permanent Supportive Housing, a person must be homeless, disabled and have a very-low income. In the case of a homeless household, at least one adult member must be disabled.

Generally, an applicant qualifies as homeless if he or she lacks a fixed, regular and adequate nighttime residence. Individuals sleeping in places such as a car, park, abandoned building, bus or train station, airport or camping ground are considered homeless. An individual will also be deemed homeless if he or she resides in a publicly or privately operated shelter or in a transitional housing program.

In addition, a person is considered homeless if he or she is being discharged from an institution where he or she has been a resident for 90 days or fewer, and the person resided in a shelter (but not transitional housing) or a place not meant for human habitation, immediately prior to entering that institution.

For more information, or to apply for Permanent Supportive Housing, you may contact the Housing Specialist in your local office. Listings for local offices are listed on Cardinal Innovations’ website: www.cardinalinnovations.org.
Other Housing Resources

An Affordable Housing Primer, developed by the NC Housing Coalition, was designed to provide important basic information and resources that individuals – particularly people with disabilities, their advocates, families and service providers – can use to increase understanding of the housing system and help meet their needs.

NChousingsearch.org has a user-friendly website where people can search for resources across the state, such as Section 8, subsidized, public and multi-unit assisted living housing.

The NC DHHS Division of MH/DD/SA Services has a highly informative web page that lists and describes various supported housing resources.

The NC DHHS Division of Aging and Adult Services maintains an online housing inventory targeting their population on its web page.

For consumers who require varying degrees of additional support, the NC DHHS Division of Health Service Regulations keeps track of assisted living options: Adult Care Homes, Family Care Homes, Alternative Family Living and Group Homes. The state maintains lists of licensed facilities by county in North Carolina.

There are often barriers to accessing and maintaining stable housing in the community (such as shortage of affordable housing, criminal record exclusions, and complex service system), particularly for persons who have mental health, intellectual and developmental disabilities and substance use/addiction needs.

Fair Housing laws recognize that economic and personal histories can be obstacles to housing for persons with disabilities. It is important for consumers, their families, advocates and providers to know that Fair Housing laws include mandates to expand their housing choices and opportunities. The Fair Housing Project of Legal Aid of North Carolina works to eliminate housing discrimination and to ensure equal housing opportunity for all people in North Carolina through education, outreach, public policy initiatives, advocacy and enforcement.

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