

**Five County Consumer & Family Advisory Committee
Minutes of September 8, 2015**

Members Present: *Min. George Bridges, Sheila Brown, Marietta DeLoache, Bertha Hargrove, Barbara Johnson, Angelena Kearney-Dunlap, Rosemary Lewis, Seneca Nicholson and Hilda Terry*

Cardinal Staff Present: *Shirley Robinson-Flood, Timothy Simmons, and Cynthia Fenner*

DHHS Staff Present: *Eric Fox*

Visitors Present: *Rhonda Mushaw, Bernadean Baker, Elaine Hendricks, Vance Hendricks, Dhyntsha Shaw, Kaliyah Baskerville, Gail Richardson, Gail Clark, and Teresa Beverly*

Invocation – Minister George Bridges

Pledge to the Flag – All

Blessing of the Food – Angelena

Meeting was opened by Angelena Kearney-Dunlap, CFAC Chairperson. She welcomed all visitors who had come for a special Futures Planning Presentation by Cardinal’s Community Partners Consumer Affairs Specialist for IDD, Mr. Timothy Simmons for the Alamance Caswell COC.

Public Comments: None

Futures Planning presentation was given by Tim Simmons. Some of his comments included the following: “At age 18 all adults are considered competent. Some type of guardianship may be needed for the disabled and elderly at age 18 which can be limited or full conservatorship, etc. Estate planning is very important as one may have to consider spend down for Medicaid. It’s also important to have conversations with loved ones ahead of time because when your loved one reaches the age of 18, you will have to go to the courts to gain guardianship. It becomes a legal matter and you will have to have a competency determination made. A person can apply for guardianship at the age of 17 ½ with the Clerk of Courts permission.”

Following Tim’s presentation, there was a Q & A session and everyone gave Tim a big hearty “Thank You!” The attorneys who were supposed to come and do the second portion of this workshop had an emergency to come up and, therefore, could not make it. However, Ms. Cynthia Fenner stated they said they would be happy to come to the January CFAC if invited. Everyone agreed that would be fine, however, no vote was made.

Angelena invited our visitors to stay to our meeting and some did. Therefore, introductions were made and Angelena welcomed them an extended welcome. Approval of the June minutes were tabled until November ‘s meeting which will be our next meeting so the CFAC members would have time to review them since our time tonight was shortened because we had a guest presentation.

Main Topics of Discussion:

Member Reports for Workshops/Conferences/Meetings/Trainings Attended Since our Last Meeting

Mrs. Hilda Terry reported on a Depression Workshop she attended that was held on August 19th. The focus of the workshop was Depression among the Elderly. Mrs. Terry emphasized the importance of someone contacting individuals so that they do not become isolated.

Rosemary Lewis gave members copies of the answers to the questions that were asked at the joint CFAC session held in Kannapolis July 25th. The answers were distributed at the Cardinal Innovations CFAC meeting in August. Ms. Lewis also gave members information on Five County Clinician Capacity, which was taken from the Cardinal Innovations website. Mr. Simmons stated that a concern was raised at a recent meeting regarding clinicians that are on the list, but not serving clients. The concern will be addressed by Cardinal Innovations.

Subcommittee Reports

Presentation Committee - The chair reported that the committee is working on a presentation to take into the community to share about CFAC. Members who wish to have their picture in the presentation are asked to come prepared to take pictures at the November meeting.

Meal Committee - Ms. Lewis reported that the committee is working on getting a caterer for the meetings.

Recruitment Committee - Ms. Shirley R-Flood stated that Mr. Swabe, from Franklin County, is still interested in being a CFAC member, but he was unable to attend the meeting due to work commitments. A question was raised about the number of meetings required to join since we have changed to meeting bi-monthly. Mr. Eric Fox stated that the issue will be addressed and information should be available by the November meeting.

Calendar of Events

Minister Bridges brought the following events to our attention:

September is National Recovery Month.

October 23 – 24th: National Alliance on Mental Illness (NAMI) Conference in Raleigh.

A NAMI Affiliate (NAMI VGFW) has started in this area at Maria Parham Hospital which meets the 3rd Monday of each month at 6:00 pm in the Education Center at Maria Parham Hospital.

Veterans Day: November 11th

Peer Support Workshop at Camp New Hope: September 25th and the guest speakers will be Mr.

Curtis Taylor who is with the Oxford Houses, our own Shirley R-Flood, and Representative Jean Butterfield.

Angelena commented that the Fall Festival is October 10th and asked if we want to have a booth? She stated she would follow up with us on this matter. She stated also, that on October 17th, a 12 year old girl will have "Every Life Matters" at Buck Spring Park.

Shirley indicated that the Substance Use Disorders Committee (SA) will be meeting September 15th, at 3 p.m. at the Warren County Health Department. If interested, you can get brochures at the Warren County Health Department. Rhonda Mushaw who is the contact person for that committee stated that "We do need more people to participate. It is very new and we have only 5 members. So, if anyone

interested please stop by. One of the activities we did complete was partnering with the Sheriff's Department and collected old, outdated medicines that people had stocked up."

Division Updates - Eric Fox

Eric commended our committee on having 100% Attendance!

He stated that on September 18th, the budget will be finalized. Senate didn't put in budget that all recommendations are in the budget.

There is no speech therapy in the entire county.

The comment form is going to be mandatory.

NC Tide in Greensboro November 1 -4th.

NC One in Recovery Conference - November 11 -13th.

The following question regarding the Miller Trust was raised by one of our visitors:

Q - Why does NC not have a Miller Trust?

What that means is that if you are able to qualify for medicare and your income is too high for assistant living you have no luck in NC. In Delaware you can qualify yourself and also more and more states are doing the same. This concern to be followed up on.

CFAC Budget Report - Shirley R-Flood

This is a New Fiscal Year.

The only thing to report is that we didn't get as much money in our new budget.

We are meeting every other month. So, the following is what we currently have:

\$2,800 for travel (mileage for meeting, training and meals while traveling)

\$5,000 for stipends, meals, and registrations.

Angelena commented that when we go to conferences we will send one person as opposed to a lot of people. Shirley stated that we can always have informal meetings if there are some pressing business matters that have to be addressed or use email and/or teleconference. Angelena said that we have to decide on how to spread the budget before we start spending. We will send out emails in the next couple of weeks regarding this issue.

Angelena opened the floor to our guests for comments stating, "We do need to hear from you."

Commissioner Baker commented by stating, "I would like to thank you for inviting me."

Meeting adjourned.

Submitted by Bertha Hargrove, Secretary

Next CFAC meeting will be on Tuesday, November 10, 2015 at 6:00 p.m. at Vance Granville Community College, Building 4, Room W4103.