

Cardinal Innovations Healthcare Solutions

OPC COC CFAC Meeting Minutes

July 14, 2016

Present: Janet Sowers, Leslie Matthews, Stanley Cotton, Heather Nash, Benita Purcell, and Steven Furman

Absent: Allen Dittmer, Marcus Matthews, Diane Dixon, Shira Belovicz, and Cheryl Russ

Staff Liaison: Heart Foxworth

Division Liaison: Eric Fox

Guests: *Bob Crayton*

The meeting was called to order at 6:00 pm by Janet.

Benita motioned to approve last meeting's minutes; Steven seconded; May 2016 minutes were approved by unanimous vote.

Discussion immediately focused on developing the agenda for the Peer Support Workshop at Camp New Hope on 9/23/16 and to deciding upon details, assigning tasks, and outlining the to-do/items needed to prepare for the workshop.

Workshop Details per committee discussion during the meeting:

Agenda for Workshop

9:30-10:00	Registration and snacks/breakfast
10:00-10:15	Welcome/Agenda/Orientation to flow of the day
10:15-10:30	Ice breaker related to Advocacy
10:30-11:30	Advocacy (Julia Adams confirmed per Benita)
11:30-Noon	Group activity on Advocacy
Noon-1:00	Lunch
1:00-1:15	Ice breaker related to Integrated Health Care

(Arranging individuals in a line to indicate most severe impact on quality of life/whole health; each given a laminated card with a diagnosis written on it; example: Diabetes, Depression, Gingivitis, Anxiety)

- 1:15-2:00 Integrated Healthcare (Benita to work with Eric to get speaker)
- 2:00-2:30 Group Activity on Integrated Health Care
- 2:30-3:15 Peer Supports Panel (Leslie to contact Ron M. Heather was getting a Peer Support Specialist and consumer – Antonio, Mayor of Carrboro, Dr. U)

(requesting clinical person to describe Medicaid definition of Peer Support and cover allowable versus non-allowed actions/ethics & boundaries; Professional Peer Support provider currently working to share this perspective; Individual receiving peer support to share from the member perspective; consider what Peer support looks like across various settings and have speakers who can illustrate this)

- 3:15-3:30 Final closing group activity (to focus on sharing stories of recovery that highlight the impact of Peer Support in various settings; can be CFAC members, members, Cardinal Member Engagement staff and/or other individuals to be identified by the committee as a whole)

We will have evaluations for the workshop and when participants turn the evaluations in we will them a door prize ticket. Door prizes will be potted mums which we will have used on the tables as decorations. We will also provide certificates of attendance for the hours attended during the day (additional incentive for folks to stay with us all day)

Heart agreed to coordinate all the ice breakers. She is also going to send out a list of exhibitors we have had in the past. CFAC Members should invite vendors they know to set up from 11:00-2:00.

- Cardinal will have a table set up as well.

We have to get a flyer out by 7/23. Benita agreed to take care of registration so list her email on the flyer and phone number (336)583-6828. Is Allen willing/able to create the flier for us as he has done in the past?

We will have certificates to pass out to those that stayed the entire day. We will also have folders with information to give when they check in. We will request information from speakers once confirmed but Heart can pull info from SAHMSA web page if needed to support topics.

We should contact our speakers and have confirmation by 7/28

One suggestion for a theme was "Voices of Recovery in Integrated Healthcare"

We will finalize food count and shopping at the September CFAC meeting

- Food will all be set up in Flemming Hall now that the kitchen and back deck are completed.
- We plan to go ahead with Panera Bread again for lunch as in years past

We will be doing a lot of communication through email so everyone needs to be checking their emails regularly

All CFAC Members need to participate

We will send out personal invitation to the CFAC Chairs for the other CI local CFAC's

(Bob Crayton volunteered to help with the invites noted above)

As we don't have a list to send our flyers out to we will send to providers and ask them to share with their consumers. We also need to post and contact possible attendees.

Heart will have some dates for Mental Health First Aid (youth and adult) and Peer Support Training to provide at the workshop.

It was suggested that we request involvement from the Health Department to provide blood pressure and/or cholesterol screenings

Freedom House requested to provide mental health screenings

With the agenda completed and time allotted for the meeting reached, the meeting was adjourned.

Next Meeting: Thursday, September 8, 2016

Respectfully submitted,

Heart Foxworth, MSW, LCSW, CPSS