

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Rowan County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1-800-939-5911	Y

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center)- Rowan Center	2129 Statesville Blvd Salisbury, NC 28147-1411	704-633-3616	Y	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Prevention Services	1117 East Morehead Street, Suite 200 Charlotte, NC 28204-2870	704-375-3784	Federal Funding
Sims Training and Wellness Center, Inc.- West Innes	507 W Innes St Salisbury, NC 28144-4267	704-630-6634	Federal Funding

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Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Nazareth Children's Home, Inc	725 Crescent Rd rockwell, NC, 28138-7515	704-279-5556	N
DAYMARK Recovery Services, Inc.(Cabarrus Center)- Rowan Center	2129 Statesville Blvd Salisbury, NC, 28147-1411	704-633-3616	Y
S&H Youth and Adult Services, Inc.	714 S Main St Salisbury, NC, 28144-5412	704-492-9638	N

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Nazareth Children's Home, Inc	725 Crescent Rd Rockwell, NC 28138-7515	704-279-5556	N
Novant Medical Group, Inc. dba Rowan Psychiatric Associates	310 Statesville Boulevard, Suite 1 Salisbury, NC 28144-2368		N
Inclusive Counseling Solutions, LLC	417 N Main St, Ste C Salisbury, NC 28144-4358	704-209-4008	N

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

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Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Nazareth Children's Home, Inc.		165 Mahaley Ave. Salisbury, NC 28144-2448	704-636-5522	N
Boyden Dean Melton, LCAS		165 Mahaley Ave Salisbury, NC 28144-4358	336-716-4195	N
Brighter Days Counseling Services		1933 Jake Alexander Blvd W, Ste 102 Salisbury, NC 28147-1156	704-762-9219	N
Rowan Psychiatric and Medical Services, PA,		310 Statesville Blvd, Ste 1 Salisbury, NC, 28144-2368	803-788-5916	N
DAYMARK Recovery Services, Inc.(Cabarrus Center)- Rowan Center		2129 Statesville Blvd Salisbury, NC, 28147-1411	704-633-3616	N
Jay L. Boulter, MA, LMFT, LPC		203 Cedarwood Drive Salisbury, NC, 28147-9111	704-633-3117	N
NSC Behavioral Concepts, LLC - NSC Behavioral Concepts - Suite 701		1915 and 1917 W Innes St Ste 701 Salisbury, NC, 28144-2432	704-267-5957	N
S&H Youth and Adult Services, Inc.		714 S Main St Salisbury, NC, 28144-5412	704-492-9638	N
Ultra Violet Mental Health, PLLC		103 Dorsett Dr, 200 Salisbury, NC, 28144-2278	704-870-8108	N

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)	SUD Residential Group Living High	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
Carolina's Creative Counseling, PA	SAIOP	4415 Monroe Rd Ste 100 Charlotte, NC 28205-7743	Mecklenburg	704-332-3634	N
Hope Haven, Inc.	SUD Residential	3815 N Tryon St Charlotte, NC 28206-2060	Mecklenburg	704-372-8809	Y

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McLeod Addictive Disease Center, Inc	Opioid Treatment Program Methadone/Suboxone	515 Clanton Rd Charlotte, NC, 28217-1309	Cabarrus, Mecklenburg	704-332-9001	Y
Monarch - SECU Youth Crisis Center, a Monarch Program	FBC-Child	1810 Back Creek Dr Charlotte, NC 28213-2159	Mecklenburg	704-986-1500	Y
Novant Medical Group, Inc. dba Rowan Psychiatric Associates	Opioid Treatment Program Methadone/Suboxone	310 Statesville Boulevard Suite 1 Salisbury, NC 28144-2368	Rowan		N
NSC Behavioral Concepts, LLC	SAIOP	507 W Innes St, Ste 105 Salisbury, NC 28144-4267	Rowan	704-603-6156	N
RHA Health Services, Inc.	SAIOP	219 Le Phillip CT NE Concord, NC 28025-2900	Cabarrus	704-933-3505	Y
RHA Health Services, Inc.	CCC	219 Le Phillip CT NE Concord, NC 28025-2900	Cabarrus, Union	704-933-3505	Y
Rising Hope Clinical Assistance, LLC-()	SAIOP	510 Northgate Park Dr. Winston-Salem	Forsyth		N
S&H Youth and Adult Services, Inc.	SAIOP	714 S Main St Salisbury, NC 28144-5412	Rowan	704-492-9638	N
Daymark - Facility Based Crisis of Cabarrus		280 Executive Park Dr Ste 160 Concord, NC 28025-1841	Cabarrus	704-939-1133	Y
The Charlotte - Mecklenburg Hospital Authority dba NorthEast Psychiatric Services, CHS		920 Church St N Concord, NC 28025-2927	Cabarrus	704-512-7108	Y

Community and Stakeholder / SUD Initiatives

Healthy Rowan Community Coalition

Rowan County Opioid Planning Committee

YSUP Rowan

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Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Other

Capstone Recovery Center, Inc. SUD Residential and Outpatient Therapy (Private Pay)

Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Sharisse Johnson	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Jill Queen	
MH/SUD Care Coordination Manager	Beth Monaco	
Regional Community Engagement Manager	King Jones	
Regional Member Engagement Manager	LaKeisha McCormick	

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