

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

# Cabarrus County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		704-939-1100	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Daymark - Facility Based Crisis of Cabarrus	280 Executive Park Dr, Ste 160 Concord, NC 28025-1841	704-939-1133	Y	Y
RHA Behavioral Health NC LLC- Cabarrus Treatment Team	219 LePhillip Ct NE Concord, NC 28025-2900	704-721-5551	N	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark - Facility Based Crisis of Cabarrus	280 Executive Park Dr, Ste 160 Concord, NC 28025-1841	704-939-1133	Y
The Charlotte - Mecklenburg Hospital Authority dba Northeast Psychiatric Services, CHS	920 Church St N Concord, NC 28025-2927	704-512-7108	Y

## Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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### Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center)	284 Executive Park Dr, Ste 100 Concord, NC 28025-1833	704-939-1133	Federal Grant
McLeod Addictive Disease Center, Inc.	300 Copperfield Blvd NE, Ste 105 Concord, NC 28025-2429	704-332-9001	Federal Grant
Nazareth Child and Family Connection	936 Copperfield Blvd NE Concord, NC		Federal Grant
RHA Behavioral Health NC LLC- Cabarrus Treatment Team	219 LePhillip Ct NE Concord, NC, 28025-2900	704-721-5551	Y
Sims Consulting and Clinical Services, Inc.	301 S Main St Kannapolis, NC, 28081-3203	704-630-6634	Federal Grant

### Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
McLeod Addictive Disease Center, Inc.	300 Copperfield Blvd NE, Ste 105 Concord, NC 28025-2429	704-332-9001	Federal Grant

### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Hope Haven, Inc. – Serenity House		172 Spring Street, SW Concord, NC 28025-5035	704-372-8809	Y

### Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center)	284 Executive Park Dr, Ste 100 Concord, NC 28025-1833	704-939-1133	Y
RHA Behavioral Health NC LLC- Cabarrus Treatment Team	219 LePhillip Ct NE Concord, NC 28025-2900	704-721-5551	Y

### Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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## Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Emotional Health, P.C.	280 Executive Park Dr, Ste 100 Concord, NC 28025-2427	704-237-4240	Y
DAYMARK Recovery Services, Inc.(Cabarrus Center)	284 Executive Park Dr, Ste 100  Concord, NC 28025-1833	704-939-1133	Y
McLeod Center (Suboxone and Methadone)	300 Copperfield Blvd NE, Ste 105 Concord, NC 28025-2429	704-332-9001	Y

## Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

## Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Emotional Health, P.C.		280 Executive Park Dr Ste 100 Concord, NC 28025-2427	704-237-4240	Y
Daymark Recovery Services, Inc.		284 Executive Park Dr Ste 100 Concord, NC 28025-1833	704-939-1133	Y
McLeod Addictive Disease Center		300 Copperfield Blvd NE Ste 105 Concord, NC 28025-2429	704-332-9001	Y
Nazareth Child and Family Connection		936 Copperfield Blvd NE, Concord, NC		Y
Sims Consulting and Clinical Services, Inc.		301 S Main St Kannapolis, NC 28081-3203	704-630-6634	Y
Sims Training and Wellness Center, Inc.		301 S Main St Kannapolis, NC 28081-3203	704-630-6634	Y
The Charlotte - Mecklenburg Hospital Authority dba NorthEast Psychiatric Services, CHS		920 Church St N Concord, NC 28025-2927	704-512-7108	Y
West Counseling, PLLC		2324 Concord Lake Rd Concord, NC 28025-2814	704-997-9639	N

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## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)	SUD Residential – (Group Living High)	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
Carolina's Creative Counseling, PA	SAIOP (Union)	4415 Monroe Rd, Ste 100 Charlotte, NC 28205-7743	Mecklenburg	704-332-3634	N
Hope Haven, Inc.	SUD Residential Group Living Low (Cabarrus) Prevention Services (Prevention Block Grant Services)	3815 N Tryon St Charlotte, NC 28206-2060	Mecklenburg	704-372-8809	Y/ Federal Grant
Center for Prevention Services	(Prevention Block Grant Services)	1117 East Morehead St Suite 200 Charlotte, NC 28204-2870	Mecklenburg	704-375-3784	Federal Grant
McLeod Addictive Disease Center, Inc.- (Mecklenburg)	Opioid Treatment Program Methadone/Suboxone	515 Clanton Rd Charlotte, NC 28217-1309	Mecklenburg	704-332-9001	Y
Monarch	FBC Child/Adolescent	1810 Back Creek Dr Charlotte, NC 28213-2159	Mecklenburg	704-986-1500	Y
Novant Medical Group, Inc. dba Rowan Psychiatric Associates	Opioid Treatment Program Methadone/Suboxone	310 Statesville Blvd, Suite 1 Salisbury, NC 28144-2368	Rowan	803-788-5916	N
NSC Behavioral Concepts, LLC	SAIOP	1915-1917 West Innes St Suite 101 Salisbury, NC 28144-2432	Rowan	704-267-5957	N
RHA Behavioral Health NC LLC	CCC	316 IB Shives Rd Monroe, NC 28110-2539	Union	704-289-7201	Y
RHA Behavioral Health NC LLC	SAIOP	316 IB Shives Rd Monroe, NC 28110-2539	Rowan	704-289-7201	Y
Rising Hope Clinical Assistance, LLC	SAIOP	510 Northgate Park Dr Winston-Salem, NC 27106-3486	Forsyth	704-661-3327	N
S&H Youth and Adult Services, Inc.	SAIOP	714 S Main St Salisbury, NC 28144-5412	Rowan	704-492-9638	N

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## Community and Stakeholder / SUD Initiatives

Believe Support Hope Prevention & Education

Cabarrus County Mental Health Advisory Board

Cabarrus Health Alliance/CCNC: Substance Use in Pregnant Women Collaborative

Healthy Cabarrus

Medication Drop Boxes

Project Lazarus

Stepping Up Initiative

Syringe Exchange Program

## Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

## Other

## Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Sharisse Johnson	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Beth Monaco	
MH/SUD Care Coordination Manager	King Jones	
Regional Community Engagement Manager	LaShay Avery	
Regional Member Engagement Manager	Lakeisha McCormick	

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