

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Davidson County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1.866.275.9552	

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Davidson Center	1104A S Main St Lexington, NC 27292-3134	336-242-2450	N	Y
Monarch - Davidson County Office	820 Grimes Blvd, Lexington	704-986-1500	N	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark - Davidson Crisis Center	1104B S Main St Lexington, NC 27292-3134	336-242-2450	Y
Lexington Memorial Hospital	250 Hospital Dr Lexington, NC 27292-6792	336-716-4195	N
Novant Medical Group, Inc. dba Rowan Psychiatric Associates - Novant Health Psychiatric Medicine - Old Lexington Road	207 Old Lexington Rd Thomasville, NC 27360-3428	336-476-2446	N

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Path of Hope, Inc.	Low & High	1675 E Center Street Ext Lexington, NC 27292-1308	336-248-8914	Y

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Nazareth Children's Home, Inc - Lexington Site	16 E Center St Lexington, NC 27292-3310	336-300-7614	N
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Davidson Center	1104B S Main St Lexington, NC 27292-3134	336-242-2450	Y

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Nazareth Children's Home, Inc - Lexington Site	16 E Center St Lexington, NC 27292-3310	336-300-7614	N
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Davidson Center	1104B S Main St Lexington, NC 27292-3134	336-242-2450	Y

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Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Davidson Center		1104B S Main St Lexington, NC 27292-3134	336-242-2450	Y
Monarch - Davidson County Office		820 Grimes Blvd Lexington	704-986-1500	N
Nazareth Children's Home, Inc - Lexington Site		16 E Center St Lexington, NC 27292-3310	336-300-7614	N

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Novant Medical Group, Inc. dba Rowan Psychiatric Associates	Opioid Treatment Program Methadone/Suboxone	310 Statesville Boulevard, Suite 1 Salisbury, NC 28144-2368	Rowan	803-788-5916	N
Hope Haven, Inc.	SUD Residential	172 Spring Street, SW Concord, NC 28025-5035	Cabarrus	704-372-8809	Y
Rising Hope Clinical Assistance, LLC	SAIOP	510 Northgate Park Drive, Winston-Salem	Forsyth	704-661-3327	N
Carolina's Creative Counseling, PA	SAIOP	4415 Monroe Road, Charlotte	Mecklenburg	704-332-3634	N
NSC Behavioral Concepts, LLC	SAIOP	507 W Innes St, Ste 105 Salisbury, NC 28144-4267	Rowan	704-603-6156	N
S&H Youth and Adult Services, Inc.	SAIOP	714 S Main St Salisbury, NC 28144-5412	Rowan	704-492-9638	N
RHA Health Services, Inc. - Cabarrus Treatment Team	CCC (Cabarrus and Union) and SAIOP	219 Le Phillip Ct NE Concord, NC 28025-2900	Cabarrus	704-933-3505	Y

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Regional Resources*

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Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
McLeod Addictive Disease Center, Inc.	Opioid Treatment Program Methadone/Suboxone (Cabarrus, Mecklenburg)	515 Clanton Rd Charlotte, NC 28217-1309	Mecklenburg	704-332-9001	Y
Addictions Recovery Care Association (ARCA)	SUD Residential Group Living High	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
Monarch	FBC-Child	1810 Back Creek Drive Charlotte	Mecklenburg		Y
Center For Prevention Services		1117 East Morehead St Suite 200 Charlotte, NC 28204-2870	Mecklenburg	704-375-3784	Federal Funding

Community and Stakeholder / SUD Initiatives

DC Recovery Team

Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Other

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Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Lynn Widener	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Beth Monaco	
MH/SUD Care Coordination Manager	King Jones	
Regional Community Engagement Manager	LaShay Avery	
Regional Member Engagement Manager	Lakeisha McCormick	

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