

Triad Region Consumer & Family Advisory Committee
Meeting Minutes
June 14, 2021 | Via Zoom

Committee Members Total count=20	Position/Representation	Voting Member Present = P Absent = A
Matt Potter (Forsyth; IDD & MH)	Chair Recipient of IDD/MH services independently; advocacy	P
Tim Gallagher (Forsyth; IDD)	Vice Chair Advocacy; Steering Committee Member, Forsyth CAC, local IDD Day Program Finance Committee; attends the all CFAC calls, State CFAC	P
Ricky Graves (Rockingham; MH)	Co-Chair Steering Committee Vice-Chair, Policies & Procedures Lead; RHC Chair	P
Abbi Jackson (Davidson; MH/SU)		A
Dennis Lynch (Forsyth; MH/SU)	Triad Advisory Committee MH/SUD Chair and IDD Member, Greentree Board	P
Gladys Christian (Forsyth; MH)	Director of Horases Residential Care, Advisory Disability Rights of NC Member, Peer support, Advocacy	P
Glenda Smith (Davie; MH)	NAMI NW Piedmont, retired educator; Triad MH/SUD Advisory Member	P
Guynette Hartman, (Davie) MH/	Advocacy	P
Jon Carroll (Forsyth; MH/SU/IDD)	Peer Support Councilor and ECPR as well as Greentree	A
Julie Whittaker (Davie; MH/SU/IDD)	Davie CAC Co-Chair and RHC Member, NAMI member, Advocacy	A
Kelly Owens (Forsyth; MH/SU)	Advocacy	P
LaKessiah Henderson (Forsyth; MH/SU)	Advocacy	P
Mary Miller (Forsyth; MH)	Advocacy	P
Mary Anecelli (Forsyth; MH)	Triad MH/SUD Advisory Member	P
Michael Thompson		A
Obie Johnson (Forsyth; SU)	Immediate Past Chair, Triad Advisory Member MH/SUD	P
Pam Goodine (Forsyth; SU/MH)	Peer Support Specialist & ECPR Educator, Triad Advisory MH/SUD Member, Greentree. Steering Committee Member	P

Sam Gavurin (Forsyth; MH)		A
Sarah Potter (Forsyth; IDD/MH)	Advocacy; IDD Triad Advisory Member	P
Terry Cox (Forsyth; MH/SU)	Cardinal Board Member, Peer Support Specialist, Triad MH/SUD Advisory Member, Greentree Peer Center	P
Cardinal Members		Non- Voting
King Jones	Director of Member Engagement	P
Bob Scofield	Liaison/Member Engagement Specialist	P
Deborah Hendren	Member Engagement Manager	P
Laura Wilkicki	Business Administrator, Note taker	P
Chelsea Allen	Member Engagement Specialist	P
Cara Townsend-Dohner	Business Operations Director	P
Julie Andrews	Supervisor of the Registry of Unmet Needs, Speaker	P
Guests		Non-Voting
Stacey Harward	Community Engagement Specialist; Community Engagement & Empowerment Team at the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services; NCDHHS <i>Lived Experience with TBI & Depression</i>	P
Bob Crayton	Central CFAC Chair	P

1. Call to Order/Introductions

Tim Gallagher called the meeting to order at 5:46 p.m. Members conducted introductions.

a. Moment of Silence/housekeeping

b. Opening statements; none to record

2. Agenda Approval and May 10, 2021 and February 8, 2021 meeting Minutes Approval

Matt Potter requested consent to this meeting's agenda. Under new business, he would like to add the submission for reimbursement for attendance to the i2i conference for the Potters.

Matt requested a motion to approve the agenda for this meeting.

Obie Johnson motioned to approve the agenda with the amendment. Mary Miller seconded the motion. A roll call vote was taken. All in favor. Motion carried.

Matt requested a motion to approve the May 10, 2021 meeting minutes with the following amendment. There was a request from a member to better reflect the issue with Daymark.

Pam motioned to approve the May 10, 2021 meeting minutes as amended. Mary Miller seconded the motion. A roll call vote was taken. All in favor. Motion carried.

Matt requested a motion to approve the February 8, 2021 meeting minutes as submitted.

Mary Miller motioned to approve the minutes as submitted. Denise Lynch seconded the motion. A roll call vote was taken. All in favor. Motion carried.

3. Public Comments

There are no public comments at this time. Glenda asked about a public event at The Dash Stadium, but no details were offered.

4. B3 Services Presentation – Julie Andrews, Registry Supervisor, Cardinal Innovations Healthcare

Ms. Andrews Gave an overview of services in NC for Intellectual and/or Development Disability services: private insurance, grants, state services, county services, Medicaid services: B3, EPSDT, and waiver services. B3 services have different services based on diagnosis. During the presentation, only IDD B3 services were discussed by Ms. Andrews.

B3 services are managed by Cardinal Innovations and are available to those who have Medicaid and meet eligibility criteria. B3 services offered include respite, community guide, in home skill building (IHSB), and supported employment.

The Registry of Unmet Needs is for individuals who want to wait for a waiver of services who have intellectual developmental disabilities or three or more deficits. She explained that one can fill out a referral form online. The phone number is 1-800-958-5596 to inquire about the Registry of Unmet needs. In addition, she explained the process is to access the Registry of Unmet Needs and discussed eligibility criteria are to be added to the list of Registry of Unmet Needs (RUN).

Cardinal measures the areas of capacity for independent living, self-direction, mobility, learning, use of language, or self-care. They must reach three of these six areas to be eligible.

If someone doesn't meet eligibility, they will receive a letter with that rationale. An appeal is possible if the person doesn't agree with this decision.

A participant asked how long someone can receive in home skill building and where funding comes from for B3 services. Ms. Andrews said the in-home skill building is time limited to one year and in some cases the service can be longer than one year. In home skill building, community guide/community navigator, respite, supported employment are the ones available for members waiting on Innovations Waiver slot. The funding is through Medicaid and has to be approved by the state. Most of the MCOs are running the same B3 services. The funding breakdown is one third state funding, and two thirds federal Medicaid funding.

There were more questions about B3 services, but not in Ms. Andrews wheelhouse but made a reference to where to find more information. Cardinal can fill slots that become available, but not necessarily get new slots.

The Committee expressed a concern that members would be impacted if Forsyth County transfers to partners, but Ms. Andrews said that no impact is expected. There will just be an exchange of information between the MCO's to carry over the current information.

Chat Question: Can we get the list of all the individuals on the RUN to request whether they want to be part of our CFAC?

King Jones replied to Everyone: We can't provide a list of individuals on the RUN to CFAC due to HIPAA, but we can work w/ Julie and her team to let individuals know about CFAC and invite them to join.

The Registry Department's role is to help people get placed on the Registry of Unmet Needs or additional registries, link them to providers and needed assessments, and identify community resources, contact members routinely every six months, with the newest version 10/2020 which will end June 2021, make care coordination or member engagement referrals, maintain current assessments on IDD registries, and consult with mental health side of services for individuals that have dual diagnosis.

The status of the Registry of Unmet Needs is currently serving 3,694 in innovations waivers. 3.2 million individuals live in Cardinal Innovations Healthcare coverage area, 68 slots filled this year, 4,178 individuals on Cardinal Innovations Healthcare Registry of Unmet Needs, 0 new allocated slots by the General Assembly this year, 1,665 individuals receive B3 and/or state-funded services. To apply, call our Registry Department at 1-800-958-5596. See the Chart on Cardinal Website: [Innovations Services Waitlist](#)

Ms. Andrews addressed a question that explained that based on claims, Cardinal can see if an individual receives B3 or state-funded services, and the difference between being qualified or having received services. Many more people actually qualify, but are not actively engaging in those services. There is a chart of data on Cardinal's website that displays how many individuals received services per county. To find that, follow the below:

Go to www.cardinalinnovations.org

Go to "Members" and look down the list for "IDD".

You will see two pages that contain information about the Innovations Waiver and RUN (linked below):

1. "[NC Innovations Waiver](#)" scroll down, see "Resources" and find the [Innovations Services Waitlist](#)
2. "[Registry of Unmet Needs](#)"

A chat question: What is the current status of DHHS's work on a statewide registry, as opposed to the individual MCOs? There is a DHHS workgroup looking at ways to also reduce the waitlist.

https://journalnow.com/news/local/n-c-senate-bill-makes-another-attempt-at-reducing-waiting-list-for-behavioral-health-services/article_b7e72c96-8dd7-11eb-b0b7-8f5a289062a1.html

Ms. Andrews stated that Cardinal is required to list who is on the Registry in a monthly state slot report. There has been no information that B3 services are going away, but if an individual is on the tailored plan and receiving B3 services, they will automatically be enrolled in the tailored plan.

Cardinal's slot implementation current waiver year begins July 1, and no new slots were added but Cardinal plans to fill over 60 slots from vacancies. Each year cardinal fills slots through Reserved Capacity and Routine slots, of which 38 of the 3694 are Reserved Capacity slots.

An individual can call 800-958-5596 to access the Registry, or email registry@cardinalinnovations.org to begin the process.

If a person is ready to discharge, they can follow the available slot at that time. Depending on where discharging from, the Cardinal B3DI funds are available or work with the discharging entity stay a little longer until Cardinal can move them into another waiver year. 200 individuals for those 19 slots.

If there are more questions, email Julie.andrews@cardinalinnovations.org or connect with Matt and Sarah for inquiries.

5. New Business and Action Plan Review

- Regional Health Council Grant Application

Cardinal submitted all the grant requests and were over budget without an exact amount but had \$250,000 but were over by \$100,000 and finding ways to distribute that through reinvestment grants.

- Forsyth County Commissioner Vote Outcome – Cara Townsend-Dohner, Triad Regional Affairs Director
Unanimous vote on disengagement, but there were some positive comments. We are excited about the Vaya merger, and Vaya is very positive and caring.
- County Data Dashboard Discussion. Guynette reminder the Committee that Karen was going to provide a dashboard report at this meeting. Mary Miller stated that the central CFAC got their dashboards, but maybe because there was a change in directors that we can't get this, and has asked for this repeatedly. We have counties disengaging and many CFAC members were not in contact. We need to understand how the county dollars are spent and we need a relationship with them. We want this to be on the agenda for next meeting, and Matt will follow up. Cara will follow up with King to have this ready for the next meeting.
- A request was made by the Potters to use remaining CFAC training dollars for the current i2i conference attendance. Cardinal has allotted training dollars for everyone for training at \$250 per person. It is close to the fiscal year with a surplus of training dollars, so the Committee is being asked to approve the reimbursement request for Sara Potter and Matt Potter at \$250 each.

King Jones requested a motion to approve the use of the remaining CFAC training budget to reimburse Sara Potter and Matt Potter for the attending the i2i conference at \$250 each.

Tim Gallagher is part of the leadership team, but Matt is Chair, so Tim can and has motioned to use CFAC training budget towards this reimbursement request. Pamela seconded the motion. No further discussion.

A roll call vote was taken collecting some chat responses. Majority in favor. Motion carried.

The Potters greatly appreciate the approval.

Pam informed the Committee that if you are attending this virtual conference, the recording should be up any time now.

6. State CFAC, Community Board, and/or Corporate CFAC Updates – Stacey Harward

CE&E Report Update:

- First page is much information on LGBT community stats
- The i2i conference is now, June 14 and 15

- Alternatives Conference July 8, 10,15 and 17 and is free
- Regional CFAC coming up June 22, 6pm to 7pm, it's important for a group to attend
- There are state CFAC vacancies, a link is available to apply. There will be a meeting in July.
- State to local call is Wednesday, June 23
- The Veterans NCCARE360 and NC Services is combining
- DHHS and IDD state are asking to join support workgroup, share vision, see last link at the bottom
- Friday, Suzanne sent out communications that the American Plan Rescue Act is looking for feedback
- Website June 22 to provide feedback on Medicaid engagement and an email is provided to submit.
- 7,000 tailored plan people that signed up for standard plan, but should stay in tailored plan so they don't lose what they have, and are reaching out to everyone to ensure they have chosen correctly
- New SCFAC Chair & Vice-Chair Leadership Team elected!
- DHHS has postponed the BHIDD TP awards until the end of June
- April DeSelms will be Chair
- Jean Andersen, Vice-Chair
- 1.4 million were auto enrolled and about 200,000 had chosen a Standard Plan
- Stacey will try to send the link to the meetings separately from the newsletter

7. Old Business – no discussion

8. Regional Health Council Update – Ricky Graves

The Regional Health Council met about the reinvestment funding. They had a call last Friday, all that was on the list was approved. Several members requested training ECPR several had inquired about this training but hadn't heard back before the funds ran out. Reid Smithfield and King were never able to touch base, but it still trying to coordinate this for this fiscal year training dollars.

The Committee would like to use CFAC budget money left over towards some community donation. This can't be done, but we could reimburse Pam. Pam is attending the i2i conference, and we could process that reimbursement.

Matt requested a motion to reimburse Pam Goodine for the i2i Conference out of this fiscal year's CFAC training dollars.

Tim Gallagher motioned to approve the CFAC training funds to reimburse Pam Goodine. Mary Miller seconded the motion.

A roll vote was taken, and chat votes received. Majority in favor. Motion carried.

9. Cardinal Innovations Healthcare Updates – no discussion

10. Recommendations to the Board – no discussion

11. Action Steps – no discussion

12. Recruitment and Membership Efforts – no discussion

13. Community Involvement Updates – Trainings/Conferences/Events – no discussion

14. Statutes Addressed – no discussion

15. Statutory Recommendation to the Board – no discussion

16. Closing Comments

This is Bob's last meeting, and was thanked for all he has done.

Next meeting is July 12, 2021 at 6:00 p.m. via Zoom

17. Adjournment

Matt Potter requested a motion to adjourn the meeting.

Terry Cox motioned to adjourn the meeting. Mary Miller seconded the motion.

Matt will send the information to someone to be distributed.

All in favor. Meeting adjourned at 8:05 p.m.

Submitted by Laura A. Wilkicki, Community Operations Business Administrator