

Triad Consumer & Family Advisory Committee Meeting Minutes
May 8, 2017
4045 University Parkway, Winston Salem, NC 27106

Committee Members	Voting Member Present = P Absent = A
CFAC Chair – Obie Johnson	P
Mary Anneckelli	P
Bill Donahue	P
Tim Flavin	P
Dennis Lynch	P
Mary Miller	P
Matt Potter	P
Sarah Potter	P
Julie Whittaker	P
Gladys Christian	P
Glenda Smith	P
Pam Goodine	P
Ricky Graves	P
Staff	Non- Voting
Member Engagement Manager, Stacey Inman	PRESENT
MH/DD/SAS Community Engagement and Empowerment Team Division Liaison, Eric Fox	PRESENT
Guests	Non-Voting
Joan Lynch	Present
Kelly Friedman	Present
Dudley Watts	Present

- I. Call to Order/Introduction** **Obie Johnson**
Chairperson called the meeting to order at 5:45 p.m. Followed by a moment of silence.

- II. Consent Agenda and Minutes Approval** **Obie Johnson**
Changes were made to the agenda to include Ronda Outlaw and Kelly Friedlander.

April minutes were not available. The vice-chair was asked to do May minutes. No public comment.

Agenda setting: We did not have Ronda and Kelly on the agenda. How do we set an agenda? We no longer have telephone calls with Stacey and Cindy. The telephone calls were discontinued without an explanation. The calls were discontinued because Matt and Sarah were added as a leadership team with the chair and vice chair, representing IDD. A motion was made by Julie, seconded by Glenda to add Matt or his designated representative to a leadership team consisting of chair, vice chair and Community Board representative. Triad asked Stacey to resume telephone calls one and a half weeks before the meetings to set the agenda and review other necessary meeting preparations.

III. Old Business
N/A

IV. Cardinal Innovations Health Updates

R. Outlaw, S. Inman, K. Friedlander

Quarterly Budget Update for 2016/17, Triad staff. Ronda Outlaw presented dashboards on the budgets for Forsyth, Stokes, Davie and Rockingham. Forsyth County funds are non-changeable unless the county reduces the overall budget. These funds are called maintenance of effort funds, MOE. Forsyth County targeted three areas for services: safety net/crisis services, access to care/removing barriers, and diversion from jail and ED's. The money is used for gaps in services not covered by state funds. Forsyth County made changes from last fiscal year on how these funds are administered; also, revisions have been made from the last reporting update for this year's budget. These current changes are using county reserved funds. The only county money in the proposed new budget managed by Cardinal will go to providers. More than half of county funds will be administered by Forsyth County.

Old Vineyard is no longer listed as a top provider; it no longer takes Medicaid adult patients due to having more than 16 beds; they continue to serve Medicaid children.

Wellness Centers are not in the dashboard. Stacey will provide Member Engagement dashboards on the Wellness Centers. The Wellness Centers are funded with Medicaid mental health savings dollars. The Wellness Centers will be focused on training and education. See budget handouts for additional information. Stacey Inman. A QM report has been included in your packet of information. Read and review on your own and direct any questions to Jane or Stacey. Member Engagement is doing trainings; Stacey attended a state training on financial stability. Stacey will bring this training to Triad CFAC. Triad suggested that training on the Able Act might be helpful to the group.

Cardinal Consultant: Kelly Friedlander. Cardinal contacted Kelly to work with them and CFAC to improve communications, "Clear and Constructive Voices," aimed at strengthening CFAC; to explore what is working; what are roadblocks; what can be changed? Topics to be addressed will be meeting times, how corporate receives information, how they consider it, how they act on it, how they get back to CFAC. Guidelines will be respect on both sides, and assume positive intent. Kelly will meet with all Cardinal CFACs. Kelly will send an electronic survey. Kelly suggests things that hinder us moving forward be approached as it would be better if...Triad would like to meet for a longer period, perhaps 45 minutes with Kelly to discuss Triad's unique relationship with Cardinal. Kelly will check her schedule for June 12 and return them, if not she will be put on the agenda for July. Triad suggested another time breaking into groups to discuss different topics. After meetings and surveys are completed, an environmental scan will be done with other states for best practices. Kelly will then make her recommendations. Kelly is open to phone calls and individual meetings in the Durham Raleigh area.

VI. New Business

Eric Fox

Eric Fox: DHHS. Eric is doing surveys with all 23 CFACs across the state. Common problems to all are underfunded budgets, LBP, and the fiscal Budget. There is some misunderstanding on how and from whom Triad gets information. There is a difference in presentation and meaningful conversations. Meaningful conversations lead to identifying gaps in services that can lead to change and development of additional services. Survey information and results will be provided in Eric's coming report

Dudley Watts, Forsyth County Manager arrived late due to a home emergency.

The local county mental health budget has evolved. The county is providing money for CFAC and trying to figure out the Crisis Center budget. A public hearing on the budget will be held at 2:00 p.m. on Monday, May 22 in the commissioner's chambers. Local boards will work with the county to make recommendations on how that money is spent. Mary Anecelli will get the proposed budget from Ronda Tatum to forward to CFAC members. Dudley said that Forsyth County was aware of the changes to the Crisis Center but Cardinal did not bring them to the county for approval. Cardinal plans to donate the Crisis Center building to the County. Along with adjacent property, it will make up a regional behavioral

health center. Triad members on the original committees with CenterPoint stated that with the major hospitals in our area, this crisis center could have been a model for services. There was no accountability on this process of change. It was taken away with no input from the community. It could have been a model for best practices for integrated care. Advocates wish the local hospitals offered more mental health services to the uninsured. Mental hospitals closed to bring patients to receive services in the community but more and more NC is moving away from LMEs.

VII. Action Steps:

CFAC Members

Triad CFAC needs two additional members, preferably from Stokes and/or Rockingham representing SUD, but one may be IDD.

MH/SUD updates will be done by Dennis Lynch, IDD updates by Matt Potter.

A grant application for \$500 from the Mental Health Association to help sponsor a panel discussion on Veteran suicide for June 1 was presented. A motion was made by Mary Miller to accept the grant, seconded by Tim Flavin and unanimously approved.

Tim Flavin will submit a grant application for a coffee shop run with IDD staff. The application will be for the remaining Triad CFAC funds up to \$500. A motion was made by Pam to approve the application, seconded by Gladys, unanimously approved.

VIII. Recommendations to the Board

CFAC Members

To E-CFAC: LBP Triad worked on the LBP on a Saturday without staff for 5 hours; it was determined that we did not have a concrete understanding of what we were looking at to give feedback. Triad continues to ask for a template that we can type into for comments to Community Boards and to the Corporate Board.

Triad addressed State Statue 2, gaps in services: people coming out of jail and ED's have a need for housing, many have no place to go. There is a wait list for housing in the IDD community. Triad lost the 16 beds at the Crisis Center and the number of lounge chairs appears to be reduced.

Comments to the Community Board: Triad CFAC continues to wait for a list of names on the IDD waitlist for ten years or more. The School Alliance is an excellent underfunded integrated health care system in Forsyth County Schools headed by Stephanie Daniels. Triad lost the 16 beds at the Crisis Center and the number of lounge chairs appears to be reduced. There is a need for mental health housing with appropriate services for people being discharged from the local hospitals. There is a wait list for housing in the IDD community.

IX. Comments & Adjourn

The next meeting will be at 5:45 p.m. in the Triad Board room on June 12.

Respectfully submitted by Mary Miller, Triad CFAC Vice Chair on 5/27/2017.

Formatting revision done by Derek Bittner/ Rhonda Blair

Project Support Specialists, 6/1/17

Name/Title and date