

Consumer & Family Advisory Committee Meeting Minutes
June 10, 2019
Forsyth Wellness Center
650 N. Highland Ave. Suite 130, Winston Salem, NC 27101
(Located in the Highland Avenue Center)

Committee Members	Voting Member Present = P Absent = A
CFAC Chair – Obie Johnson	P
Co-Chair- Sarah Potter	P
Dennis Lynch	A
Gladys Christian	P
Glenda Smith	P
Julie Whittaker	A
Kelly Owens	P
LaKessiah Henderson	P
Mary Annecelli	P
Mary Miller	P
Matt Potter	P
Michael Thompson	A
Pam Goodine	P
Ricky Graves	A
Samuel Gavurin	P

Terry Cox	A
Tim Gallagher	A
Staff	Non-Voting
Bob Scofield-Member Engagement Specialist, CFAC Liaison-Cardinal	P
Rhonda Blair-Project Support Specialist, CFAC Clerk- Cardinal	P
Emily Bridge	P
Guests	Non-Voting
None	

Call to Order/Introduction

Obie Johnson

Obie Johnson called meeting to order at 5:45 pm followed by a moment of silence and introductions.

Agenda and Minutes Approval

Obie Johnson

Mary Miller called a motion to add Agenda item 4, 'Advisory to Board-CRC & RFPs' under old business on the agenda. It was properly seconded, all were in favor. She also called a motion to add agenda item 3, 'Budget & Maximus Meeting discussion' under new business. Obie Johnson called a motion to approve the agenda with additions, Mary Miller seconded, all were in favor. Pamela Goodine requested that the sentence that states "Obie Johnson made a motion to approve the minutes for April" as well as the sentence that states "Obie made a motion to change the May agenda..." be changed to omit Obie's name and put "A motion was called..." since members agreed Obie was not the one who called the motion for the agenda and the minutes. Matt Potter called a motion to approve the May

Minutes with the suggested corrections, Sarah Potter seconded, all were in favor.

Public comments

Although there were no comments from the public, CFAC member, Glenda Smith used this opportunity to give a brief report on the recovery conference she attended. She shared some highlights from the training including how music can be therapeutic and a powerful tool for someone who has mental health issues. She mentioned how she would like CFAC members to have a retreat to Burke Wellness Initiative in Burke County or have someone from there speak with them about their organization.

Community Members

Cardinal Innovations Report

Bob Scofield

Bob Scofield went over some issues regarding trainings and hotel fees to help clear up any confusion around the process. He suggested members write the dates of their hotel stay instead of the dates of the actual training/conference on their training request form. He also mentioned to put the amount of the hotel fee and add the words plus taxes on the training request form so finance and members are aware that the fees listed on the form are not the final cost. He informed members if they request reimbursement for meals that they make sure their receipts are itemized and the tips are included on the receipt, even if it is a cash tip, this way members will receive full reimbursement. He also requested if members choose to use room service that they please use their personal charge cards for the expense and ask for reimbursement. He explained that the expenses are charged to a Cardinal manager's card and not CFAC and could cause the manager's card to be over the limit when expenses are unexpected. Emily Bridge, Director of Community Engagement for Cardinal reported there was a sub-committee who met to discuss the LBP. She said she will send her notes from the meeting to CFAC members. Emily mentioned Cardinal's communications team is working on a design for CFAC members to vote on. The design will be used for T-Shirts and other CFAC apparel for members to purchase. Emily followed up on questions members had during the meeting in May. The questions and her responses are as follows:

1) What is the average caseload of a Peer Support Specialist? Emily's response was that she had not received that information yet but will get back with them once she finds out.

2) Some members were interested in information regarding the Child Forensic Unit. Emily reported that DSS has a group of forensic investigators that work with youth prior to them being referred to the local children advocacy centers. She mentioned that every child that comes into custody are automatically screened for trauma. This initiative is currently active in Rowan and Davidson County DSS.

3) What opportunities will regional CFACs have in working with the business units in developing local business plan goals for the next calendar year? Emily stated there was conversation in regards to CFAC being involved in local business discussions. It was agreed that CFAC will now be at the table while developing the goals instead of the local business units giving goals to CFAC for feedback.

4) How may Cardinal's CFAC be used at a Legislative level on mandated statistics? Emily advised writing recommendations and presenting them to the Steering Committee to provide a response to Legislature.

DHHS Report

Stacey Harward

Stacey Harward was not present at this meeting. However; she emailed the June newsletter to CFAC members.

Old Business

Obie Johnson/ Sarah Potter

1) Measurement of I/DD Supports and Network Adequacy

Tim Gallagher/ Sarah Potter

Sarah Potter stated there is nothing new to report. Bob Scofield reported Cardinal is looking at this issue as a specific initiative. They are examining what plans the providers are coming up with and what they will consider when offering a back up plan.

2) Update on By-Laws/ Relational Agreement

Matt Potter/Terry Cox

Matt mentioned it was not much to report on the By-Laws other than they were approved and he stated the Relational Agreement is still pending. Members received the new By-Laws in their folders. Mary Miller expressed her concern regarding CFAC not having more input on the development of the By-Laws.

3) Update on DHHS on Medicaid Transformation

Matt Potter mentioned there was no huge update but Standard Plans will be starting soon. He reported some things are changing with the Medicaid transformation that will affect the MH/SUD population. He stated MH/SUD members will be put on the Standard plan and under this plan they will be managed by private entities that are contracted out to the MCOs. He mentioned there were no plans to make any changes to CAP-DA. Sarah suggested members go to the website and listen to the recordings on Medicaid Transformation. Matt informed members they would have to look under 'Community Playbook' to access the recordings. Sarah mentioned there is a form on the site you can complete if you feel the plan you were assigned to is not appropriate for you.

4) Advisory to Board- CRC & RFPs

Mary Miller stated that Nina Poe, chair of the Client Rights Committee emailed her to let her know they were meeting on June 11, 2019. Nina wanted to know if there were any questions CFAC had that they wanted to take back to the CRC besides the issue of CFAC members being excluded from the CRC. Sarah Potter wanted to know if North Carolina Care 360 will be sharing information they compile with CRC.

Reports from MH/SUD/I/DD Advisories

Dennis/Pamela/Sarah

- **MH/SUD**-Pamela Goodine reported the next MH/SUD Advisory meeting will be held at Green Tree on June 20th at 11:30 am. She mentioned Lindsay Locklear will offer a presentation on the Standard and Tailored Plans during this meeting. She informed members the Mental Health Collaborative will be held June 19, 2019 at the Downtown Health Plaza. She reported that someone from an agency that provides in-Home services to children came to

Speak to the advisory committee about their services and although they are not based in Winston Salem, they serve Winston as well as other counties. She stated she was not able to fully focus her attention on the State to Local Call but reported they mostly talked about Medicaid Transformation and the tailored plan.

- **I/DD**-Sarah Potter reported in regards to Medicaid Transformation that Medicaid uses an algorithm to determine which plan members will be assigned to. She also mentioned that Cardinal uses a different algorithm than the State. She notified members that Moji Coffee, located on the corner of sixth and Trade in Winston Salem, NC, will be having a ribbon cutting ceremony on June 22, 2019 at noon for the I/DD population. Emily suggested it may be a good idea to ask if they could set up a table at the event to promote CFAC. Mary Miller will call to inquire about setting up a table at the event. If they are permitted to do so, Obie and Mary agreed to manage the table.

ECFAC, State CFAC, Community board, Corporate Board Updates Obie/Sarah/Matt/Terry/Gladys

- **ECFAC**- ECFAC is now a steering committee. There was no report given.
- **State CFAC**-State CFAC will meet Wednesday, June 12, 2019
- **Community Board**-No report given
- **Corporate Board**-Terry Cox was not present to give a report due to his attendance at the i2i conference.
- **Provider Council Report**-Gladys Christian reported she did not attend the meeting for June but she will look at all of the minutes from December 2018 to June 2019 and will type up all of the gaps in services and send to Bob Scofield to distribute to CFAC members

New Business & Action Steps

Obie Johnson/ Sarah Potter

1) July Training Discussion

CFAC members would like to have someone from Cardinal or the state come to a meeting and offer a training on the six statutory requirements. Bob Scofield will offer a training on conflict resolution and Emily Bridge will offer a training on the LMS training system at the next CFAC meeting on July 8, 2019. It was decided that no reports will be given during this meeting due to the trainings.

2) Steering Committee Discussion and Interest

Members expressed concern that the Steering Committee is still operating as Executive CFAC. They proposed that there be representation from CFAC in each region with each discipline on the steering committee.

3) Budget & Maximus Meeting Discussion

Some members of Triad CFAC attended the State Budget and Maximus presentation that was given Friday, June 7, 2019 at the Forsyth Wellness Center. Members who attended gave a brief overview of the meeting to the CFAC members who were unable to attend. Mary Miller composed a letter to be sent to the State and asked members to please give their input as quickly as possible. Obie asked Emily if she knew how much Triad CFAC would be getting this coming fiscal year. Emily explained that it was hard to determine since the budget will now have to be split five ways due to Davidson County joining the Triad region.

Statutes Addressed-LBP

CFAC Members

There were no Statutes addressed at this meeting but there was a sub-Committee that met with Emily and some members of CFAC earlier this month to discuss the LBP. Updates from the Sub-Committee were sent to all CFAC members.

Statutory Recommendations to the Board

CFAC Members

Mary Miller drafted a letter to be sent to the Legislature regarding Single Stream Funding and what CFAC can do to impact the budget cuts. Sarah will edit the letter and Mary will email it to members to vote on. Mary is asking the members to please respond promptly.

Community Involvement Updates-Trainings/Conferences/Events

CFAC Members

- **Community Involvement-** Mental Health Collaborative is the third Wednesday of every month. The next one is June 19, 2019.

The Homeless Operation Cabinet is the second Tuesday of every month at 8:30 am at the Winston Salem Rescue Mission. MH/SUD Advisory, June 20, 2019 at 10:30 am at Green Tree in Winston Salem.

Trainings/Conferences-Peer Support Training coming up this month. Bob Scofield will have a WRAP training for Peer Support in Davie June 20- June 21, 2019 from 9:00 am - 5:00 pm.

Events-Moji Coffee will have a ribbon cutting ceremony, June 22, 2019 at 12:00 pm

State CFAC will meet Wednesday June 12, 2019

Comments & Adjournment

Obie Johnson

Obie mentioned that he would like to see Triad CFAC more involved in the community. Obie expressed concern regarding the homeless population who are coming out of recovery and are resistant to services. He stated he would like to see programs developed to engage them in MH/SUD services. Obie motioned to adjourn the meeting at 8:28 pm, all was in favor.

Next Meeting- July 8, 2019

Forsyth Wellness Center

650 N. Highland Ave. Winston Salem, NC 27101

(Located in Highland Center)

Submitted by:

Thonda M. Blair | Project Support Professional

Name, Title, Date