

Northern Region Consumer & Family Advisory Committee Meeting Minutes
Tuesday, June 8th 2021 | Microsoft Teams Meeting: 1 (980)221-1052 Conference ID: 748 930 06#

Committee Members	Voting Member Present = P Absent = A
Angelena Kearney-Dunlap (Northern CFAC Chairperson)	P
Martha Green (Northern CFAC Vice-Chairperson)	P
Bertha Hargrove	P
Dianna Talley	A
Lakeisha Perkins-Tabron	A
Ravetta Crockett	P
Marjorie Davis	P
Penny Tane	P
Michael Tane	P
Gladys Foster-Young	P
Shirley Robinson-Flood	P
Tameeka Williams-Burchette	A
Sheila Holt	P
Staff	Non-Voting
Deborah Hendren (Mgr. Member Engagement Dept.)	P
Monae Davis (Spec. Member Engagement Dept. CFAC Liaison)	P
King Jones (Dir. Member Engagement Dept.)	A
Elliot Clark (Dir. Regional Affairs)	P
Terrell Alston (Mgr. Regional Affairs)	A
Guests	Non-Voting
Stacey Harward (NCDHHS)	P

- I. **Welcome | Introductions | Call To Order | Opening Devotion** **Angelena Kearney-Dunlap**
 Meeting called to order at 6:04 pm

- II. **Agenda and Minutes Approval** **Angelena Kearney-Dunlap**
 A quorum was established. Shirley Robinson-Flood motioned to approve the May 2021 Northern CFAC Minutes. Ravetta Crockett seconded the motion to approve the minutes submitted from the May 2021 Northern CFAC Meeting. Motion carried unanimously and the minutes from the May 2021 Northern CFAC Meeting were approved as written.

- III. **Cardinal Innovations Healthcare Updates** **Cardinal Innovations Healthcare**
 Monae Davis shared information about upcoming Summer Mental Health series hosted by Member Engagement - Triad Team. Monae encouraged CFAC Members to register or email the team if they had any questions. Monae reminded Northern CFAC that they would not be holding a Northern CFAC Meeting during June 2021.

Elliot Clark shared information about plans for Cardinal Innovations Healthcare to merge with Vaya Health (Asheville, NC). Elliot shared that leadership between the two MCOs have been meeting since the announcement on June 1st, 2021 to prepare for the merge and maintaining premium member care. Elliot also indicated plans to continue working towards preparing for tailored plans. Many members of Northern CFAC asked questions of Cardinal Innovations staff regarding the merger with Vaya Health. *Please note: Questions and Answers are provided in a summarized form.*

Q1: When Trey Sutton (Cardinal Innovations CEO) made the presentation during last month's Northern CFAC Meeting (May 11th, 2021), were negotiations with Vaya Health in the works during that time?

A1: We had hopes that we would continue to be able to collaborate and serve Mecklenberg county as Cardinal Innovations; however, Mecklenburg County's decision to move forward with disengagement initiated decisions to engage with a merger.

Q2: Who initiated the decision to merge with Vaya?

A2: This was a decision made by Cardinal Innovations Leadership and Board to do what is best for members and community. There were many contingency plans in place.

Q3: Even with Mecklenburg County leaving, were the other counties not enough to sustain?

A3: We can't say for certain, but there was a risk if Mecklenburg County disengaged that Cardinal Innovations would not be able to sustain.

Q4: How is Vaya Health structured?

A4: All of the Managed Care Organizations (MCO) are what you may call quasi-governmental agencies. We are contracted with the state to oversee Medicaid funded services and initiatives to meet the communities' behavioral health needs. So all MCO's are similar in general structure. It is my understanding that they are not regional based. We are still working to understand how the two companies will reflect each other.

Q5: Are Cardinal Innovations staff going to still be employed?

A5: It is my understanding that the hopeful plans are for Vaya Health and Cardinal Innovations staff to still work together.

Q6: What will happen with CFAC?

A6: CFAC is required by state statute, so CFAC as an entity will remain. We will have to see how the structure changes or remains.

Q7: Does Vaya Health have more experience with physical health care?

A7: We are unable to answer that, they are in the same situation as Cardinal Innovations and the other MCOs. They have the same history as managing behavioral health and contracts with the state as we do.

Q8: Is the presentation from Trey Sutton during the May 2021 Northern CFAC Meeting null and void now?

A8: There are a lot of target areas from Trey's presentation that are still happening, seeing success in the community, and we are excited about seeing through. The steps that we have taken with county

Department of Social Services (DSS) and managing Child Welfare will continue. A lot of the steps outlined by Trey are still full steam ahead.

Q9: Will the CFAC's maintain as we are or merge into the others?

Q9: I have not seen any models that dissolve or change CFAC.

Q10: Are there any updates regarding Orange County's desires for disengagement?

A10: Orange County is still awaiting a response from the state regarding their request to disengagement. It is important to note that counties have a choice to disengage and are able to make the best decision for their communities.

CFAC comments included discussion around the ongoing changes and previous disruptions related to moving from LME/County managed behavioral health services to MCO. CFAC Members expressed frustrations with the multitude of major changes. Angelena requested ongoing updates from Cardinal Innovations staff regarding the merge with Vaya Health and NC Medicaid Transformation.

Elliot indicated future plans to share information about community reinvestment funds being distributed amongst the Northern region. Elliot also shared success with co-located services with DSS.

IV. NCDHHS

Stacey Harward

Stacey Harward reported plans to maintain as the liaison with Vaya Health and shared Vaya Health staff has reached out and requested CFAC's email addresses. CFAC members should anticipate receiving correspondence from Vaya Health soon.

June is Pride Month. Stacey encouraged members to view the CEE Newsletter for updates and information about upcoming events and podcasts.

Stacey shared information about upcoming state wide CFAC meetings: Regional CFAC Meeting scheduled on June 22nd, 2021 @ 6:00 – 7:00 pm via Microsoft Teams, State CFAC Meeting scheduled June 9th @ 9 am – 1 pm, and the State To Local Call scheduled June 23rd, 2021 (4th Wednesday of the Month @ 6:00 – 7:30 pm). Stacey highlighted the time change for the State To Local Call. Stacey reported there are multiple openings on State CFAC for interested members.

Stacey shared information about NC CARE 360 and NC Serves plans to combine. There are plans to discuss the merge during the upcoming State CFAC Meeting.

Stacey informed Northern CFAC of upcoming conferences such as NC One Community Recovery Conference (June 9th – 11th) & i2i conference (June 14th – 15th) – both virtual and open for registration.

Alternative Conference is free and scheduled for July 8th & 10th, 2021 and July 15th & 17th, 2021. The Conference is virtual. Shirley shared that she is scheduled to speak at the conference.

Stacey encouraged Northern CFAC Members to complete the CEE Survey to share with NC DHHS information about the type of trainings and webinars for the department. Stacey shared that the deadline to complete has been extended due to low participation from CFAC Members.

Stacey shared information about NC DHHS Director Victor Armstrong's testimony on improving behavioral health before the US Senate Finance Committee on Health and upcoming webinars related to Medicaid Transformation.

v. Old Business

Angelena Kearney-Dunlap

Mental Health Awareness Month: Radio PSA

Tameeka Williams-Burchette was not present for the June 2021 Northern CFAC Meeting; however, she emailed remarks on the Radio PASA to Angelena and Monae. Monae read the emailed remarks aloud for Northern CFAC Members:

"I did want to say how much fun I had with Martha [Green] and Monae [Davis] during our Radio PSA announcement last month in Louisburg with Sherman [Johnson, Host of In The Lou Radio Show]. He provided us with alot of air time to discuss all the great things that Northern CFAC is doing!! He invited us to return anytime we needed to."

NAMI Chapter Updates

Shirley reported not having any updates.

Monthly Meetings (Virtual vs. Inperson)

Angelena inquired about re-establishing in-person meetings for Northern CFAC Meetings. CFAC Members indicated not being in any rush to meet in person. CFAC agreed to meet virtually for the August 2021 meeting.

vi. State CFAC and Steering Committee Updates

CFAC Members

State CFAC Updates

Next State CFAC Meeting scheduled June 9th, 2021. Angelena invited Northern CFAC to join the State CFAC Meeting citing her term as a State CFAC Member was coming to an end.

Steering Committee Updates

No updates were shared.

vii. New Business & Action Plan Review

Angelena Kearney-Dunlap

Hope Health Overdose Awareness Community Event

Angelena shared information about Hope, Health, Healing Overdose Awareness Community Event and 1st Annual Drug-Free Coalition Parade hosted by Drug-Free Coalition of Granville County, Inc. The event is scheduled August 7th, 2021 @ 10 am – 4 pm. There were no comments or volunteers for the event. Angelena indicated plans to table the discussion.

Fathers In Recovery: Love Cares and Love Shares

Shelia Holt shared information about an upcoming event, Fathers In Recovery, scheduled June 26th, 2021 at New Beginnings @ 11 am – 2 pm to highlight the men and fathers in recovery. Shelia shared all fathers will be gifted admission to the bowling alley and a meal. Shelia expressed gratitude for support in the Halifax area from Cardinal Innovations. Michael Tane made a motion for Northern CFAC to participate in supporting Fathers In Recovery. The motion was seconded by Bertha Hargrove and Penny Tane. The motion was carried by unanimous vote. Members volunteer included: Martha Green, Bertha Hargrove, Angelena Kearney-Dunlap.

FY21/22 Budget Overview

Angelena inquired about using CFAC funds to increase behavioral health awareness on the radio or television. Penny submitted a motion to use remaining funds to support media ads to increase awareness about mental health awareness, pending approval from Cardinal Innovations to use the fund in that manner. Shelia seconded the motion. The motion passed by unanimous vote. Cardinal Innovations staff agreed to follow up via email with Northern CFAC leadership, if request to use funds for media ads would be an appropriate use of CFAC Funds.

Shirley Robinson-Flood inquired about coordinating COVID Vaccine events with the remaining funds. Angelena indicated although a good idea, the event may not be within the parameters of the CFAC statutory requirements.

VIII. Action Steps

CFAC Members

Angelena expressed success with Northern CFAC's mental health awareness initiatives of doing radio interviews and PSAs.

Angelena inquired about Northern CFAC planning anything to address September (Substance Use Prevention Month) or October (Breast Cancer Awareness Month). No CFAC Members expressed desires to plan anything to address or highlight the months. Angelena inquired about highlighting March 2022 as Developmental Disabilities Month.

IX. Community Involvement Updates – Trainings/Conferences/Events **CFAC Members**

Provider Council

Penny shared information about Vance Recovery, substance use/detox services available in the Northern region. Vance Recovery indicated plans to provide a soft hand off between clients, service providers, and facilities. Penny also shared information about Legacy Human Services, a Substance Use/Recovery service, and shared they have 10 beds available. Jacinta Johnson is the contact person for Legacy Human Services. Elliot shared supplemental information about providers and agencies partnering to bridge services after members are released from facilities. One of the providers supporting this work includes Visions

Behavioral Health Services (Louisburg, NC). Shelia shared information about how Holt Assessments does similar work with coordinating care for individuals currently incarcerated.

Regional Health Council (RHC)

Michael Tane shared there were no new reports from Regional Health Council.

Mothers in Recovery (Halifax Co. Event)

Angelena shared images from the front page of the Halifax Herald for the Mothers In Recovery event held on May 8th, 2021 celebrating women and mothers in recovery. CFAC Members expressed excitement in participating in the event and supporting the Halifax County community.

x. New Member Appointment/Considerations

CFAC Members

Angelena encouraged CFAC Members to invite members of the community to future CFAC Members.

Angelena indicated desires to step down in the future as a Chairperson of Northern CFAC due to competing time demands. No other members of Northern CFAC expressed interest in stepping into the role of Chairperson during the June 2021 Meeting.

xI. Recommendations to the Board

No Recommendations to the Board were given at this time.

xII. Public Comment

Community Members

Angelena opened up the meeting to receive comments from the CFAC Members. CFAC Members expressed support of Cardinal Innovations and the Community Operations staff. CFAC Members also expressed shared pride in accomplishing community driven goals and initiatives during the 2020-2021 Fiscal Year.

xIII. Adjournment

Angelena Kearney-Dunlap

Angelena reminded Northern CFAC that their next meeting was scheduled August 10th, 2021 @ 6 pm and would be held virtually.

Meeting adjourned at 7:34 pm.

Monae Davis, MS NCC

Member Engagement Specialist, Northern Region

06/08/2021

Date