

**Northern Region Consumer & Family Advisory Committee Meeting Minutes  
September 8<sup>th</sup>, 2020**

**Microsoft Teams Meeting: 1(980)221-1052 Conference ID: 276 109 017#**

| <b>Committee Members</b>                               | <b>Voting Member<br/>Present = P<br/>Absent = A</b> |
|--|---|
| Angelena Kearney-Dunlap (Northern CFAC Chairperson)    | P   |
| Martha Green (Northern CFAC Vice-Chairperson)          | P   |
| Bertha Hargrove  | P   |
| Dianna Talley  | P   |
| Lakeisha Perkins-Tabron                                | A   |
| Ravetta Crockett                                       | P   |
| Penny Tane   | P   |
| Michael Tane   | P   |
| Rev. Mark Jones  | A   |
| Gladys Foster-Young                                    | P   |
| Shirley Robinson-Flood                                 | P   |
| Tameeka Williams-Burchette                             | P   |
| <b>Staff</b>   | <b>Non-Voting</b>                                   |
| Deborah Hendren (Community Operations Manager/Liaison) | P   |
| Monae Davis (Member Engagement Specialist)             | P   |
| King Jones (Community Health & Wellness Director)      | P   |
| Elliot Clark (Regional Executive, Northern Region )    | P   |
| <b>Guests</b>  | <b>Non-Voting</b>                                   |
| Rhonda Mack (Therapeutic Alternatives, Inc.)           | P   |
| Stacy Harward (NC DHHS)                                | P   |
| Sheila Holt (Guest)                                    | P   |

- I. **Welcome | Introductions | Call To Order | Opening Devotion** **Angelena Kearney-Dunlap**
  - o Meeting called to order at 6:07 p.m.
  
- II. **Agenda and Minutes Approval** **Angelena Kearney-Dunlap**
  - o Michael Tane motioned to approve the June 2020 minutes; seconded by Ravetta Crockett. Motion carried, and minutes were approved.
  
- III. **Therapeutic Alternatives, Inc. – Agency Presentation** **Rhonda Mack**
  - o Rhonda Mack provided information about Therapeutic Alternatives. Therapeutic Alternatives provides trainings for members of the community and professionals interested in learning information to support geriatric (senior population) mental health needs. Ms. Mack shared information about their current training catalog consisting of presentations on Alzheimer, Anxiety, Mood Disorders, Caregiver Support, Substance Use, Social Isolation, Motivational Interviewing and other topics related to geriatric behavioral health. Therapeutic Alternative trainings are currently being provided virtually due to the current COVID Health Advisory. Ms. Mack reported Therapeutic

Alternatives provides services throughout North Carolina with GAST Teams based in eight (8) counties. Ms. Mack currently serves as a Health Educator and reported having Register Nurses on staff to support with geriatric behavioral health medication management. Ms. Mack reported an increase in Major Depression Disorder and other mood disorders during this time of COVID due to social isolation. Ms. Mack shared Therapeutic Alternatives is listed provider of Cardinal Innovations. Ms. Mack sent a list of trainings to Monae Davis via email. Ms. Davis will forward the list to membership. Elliot Clark indicated desires to connect Ms. Mack with staff at Maria Parham Hospital – Geriatric Behavioral Unit.

#### IV. Cardinal Innovations Healthcare Updates

**Deborah Hendren,  
Monae Davis, and Elliot Clark**

- Ms. Davis shared information about a Cardinal Innovations – Community Operations – Northern Team currently planning a Virtual Breast Cancer and Mental Health Awareness Event on October 28<sup>th</sup>, 2020. Ms. Davis informed Membership, Mark Jones had not attended three (3) Monthly Northern CFAC Meetings and was at risk of forfeiting membership. Angelena Kearney-Dunlap (Chair) reported plans to check in with Mr. Jones. Dianna Talley shared Mr. Jones recently accepted a new job and may have limited time for additional commitments.
- Ms. Davis shared a message from King Jones (Dir. Of Community Health) that there would not be any QM Dashboards presented at the September 2020 Northern CFAC Meeting.
- Deborah Hendren updated Members on stipend and reimbursement information and thanks members for their patience and understanding with stipend distribution delays.

#### V. NC DHHS Updates

**Stacey Harward**

- Stacey Harward reviewed dates of upcoming trainings and presentations provided by the Community Engagement and Empowerment Team from NC DHHS. Ms. Harward also encouraged members to utilize emergency/crisis initiatives such as Hope 4 Healers and My 5-NC Challenge. Ms. Harward shared information about September being Suicide Prevention Month and Recovery Awareness Month.
- During this time, Shirley Robinson-Flood inquired about surveys Cardinal Innovations consumers were receiving. Ms. Robinson-Flood indicated the surveys asked consumers questions about their satisfaction with services and assigned Care Coordinator. Elliot Clark confirmed the received documents were from the Perception of Care Survey, which assesses consumers' attitudes and satisfaction with their assigned MCO.

#### VI. Old Business

**Angelena Kearney-Dunlap**

- No old business to review.

#### VII. State CFAC, Community Board, and Corporate CFAC Updates

**CFAC Members**

- **State CFAC:** Ms. Kearney-Dunlap reported being appointed Chair of a State CFAC Sub-Committee, Diversity & Inclusion Sub Committee. Ms. Kearney-Dunlap informed members the responsibility of the sub-committee is to support initiatives related to diversity within State CFAC's purview.

- Next State CFAC call scheduled September 9<sup>th</sup>, 2020 , 9a.m.-1p.m. Ms. Kearney-Dunlap reported plans to attend the next State CFAC Meeting.
- **Community Board:** Mr. Tane reported no current updates to report for the Regional Health Council, which as replaced the Community Board. Ms. Kearney-Dunlap requested for Mr. Tane to provide a written report with information to share with Northern CFAC membership. Mr. Tane agreed.
- **Corporate CFAC:** Ms. Robinson-Flood and Dianna Talley denied having any updates regarding Corporate CFAC, which has been replaced by the Steering Committee. Ms. Kearney-Dunlap reported the next Steering Committee Meeting is scheduled within the first week in October 2020 and anticipated having updates for the October 2020 Northern CFAC Meeting.
- Ms. Kearney-Dunlap requested future Northern CFAC Agenda's reflect the updated names of the Community Board and Corporate CFAC to Regional Health Council and Steering Committee, respectively.

**VIII. Recommendations to Board**

**CFAC Members**

- Ms. Kearney-Dunlap requested support from the Board to access Ms. Mack's report of increased depression and other mood disorders amongst the elderly population due to the COVID 19 Health advisory and social isolation.
- Ms. Kearney-Dunlap requested support and trainings for individuals to increase competence using virtual learning platforms such as Zoom and Web Ex. Ms. Kearney-Dunlap expressed concerns with a general increased use of virtual platforms to accommodate for the COVID Health Advisory and social distancing measures.
- Ms. Robinson-Flood requested the Board investigate ways to increase internet accessibility and WiFi Hot Spots in the Northern Region. Ms. Robinson-Flood expressed concerns with students not having reliable internet access to support virtual and distance learning. Tameeka Williams-Burchette encouraged students and families experiencing internet barriers to connect with their school social worker for immediate support.

**IX. New Business & Action Plan Review**

**Angelena Kearney-Dunlap**

- **Cardinal Innovations Board Meeting Presentation:** Ms. Kearney-Dunlap reported plans to complete the presentation and work with King Jones to meet the expectation. Ms. Kearney-Dunlap requested Cardinal Innovations staff confirm the date of the Board Meeting. The next Board of Directors Meeting is scheduled October 16<sup>th</sup>, 2020 at 9:00 am.
- **Northern CFAC Annual Report FY19-20:** No comments or recommendations were submitted by members.

**X. Action Steps**

**CFAC Members**

- Ms. Kearney Dunlap encouraged Members to reach out to family and friends they have not connected with lately and provide words of encouragement.

**XI. Community Involvement Updates – Trainings/Conferences/Events**

**CFAC Members**

- **IDD/Mental Health Awareness Event (September 2020):** CFAC continued to indicate desires for video project to serve as awareness event for I/DD. Ms. Talley (Sub Committee Chair) expressed plans to highlight all three (3) disciplines – Mental Health, Substance Use, and I/DD during the video. Ms. Talley reported desires to have the video completed for September 2020 and presented to communities of the Northern region. Ms. Hendren provided update from Cardinal Innovations’ Communication Department which included connecting CFAC with a professional videographer; however, expressed barriers with initial September 2020 timeline. Ms. Talley reported plans to schedule a sub-committee meeting to establish a video plan.
- **Provider Council:** Penny Tane (Provider Council Representative) reported August 2020 Provider Council Meeting was held on August 14<sup>th</sup>, 2020. Ms. Tane shared information about a local non-profit that provides support to the community by delivering fresh food and developing community gardens. Ms. Tane also shared information about providers hiring registered nurses. Ms. Kearney-Dunlap shared information about food resources in Warren county.
- **Regional Health Council:** Reports provided above.
- **CFAC Steering Committee:** Reports provided above.

**XII. New Member Appointment/Considerations**

**CFAC Members**

- Ms. Talley motioned for Sheila Holt to be admitted as a Member. Ms. Robinson-Flood seconded the motion. The motion carried and Ms. Holt was voted in as a Member of Northern CFAC. Ms. Holt reported being a resident of Warren county and self-identified within the Mental Health discipline.

**XIII. Public Comment**

**Community Members**

- No public comments submitted.

**XIV. Adjournment**

**Angelena Kearney-Dunlap**

- Meeting adjourned at 7:22 p.m.

*Monae Davis, MS, NCC*

Member Engagement Specialist

09/09/2020

Date