

# Central Region Consumer & Family Advisory Committee Meeting Minutes

Tuesday February 4, 2020, 5:30PM-7:30PM

Cardinal Innovations Healthcare 2929 Crouse Lane, Suite A, Burlington, NC 27217

Committee Members	Voting Member Present = P Absent = A
Bob Crayton-Chair	A
Jeanette Williamson	P
Candle Hughes	A
Lea Ottinger-Vice Chair	A
Timothy Jeffers	P
Darlene Cooper	P
Stanley Cotton	P
Allen Dittmer	A
Steve Furman	P
Paula Harrington	P
Ellen Perry	P
Janet Sowers	P
Kyle Reece	P
Sharon Hartwell	P
LME/MCO and State Staff	Non-Voting
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Director, Community Health and Wellness <b>Name:</b> King Jones	Absent
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Regional Executive-Central <b>Name:</b> Ric Bruton	Present
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Manager Member Engagement <b>Name:</b> Deborah Hendren	Absent
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Member Engagement Specialist/CFAC Liaison <b>Name:</b> Felicia Williams	Present
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Member Engagement Specialist <b>Name:</b> Monae Davis	Present
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Project Support Professional/CFAC Clerk <b>Name:</b> Reina Merino	Present
<b>Agency:</b> Division of Mental Health, Developmental Disabilities and Substance Abuse Services   NC Department of Health and Human Services, Community Engagement & Empowerment Team <b>Title:</b> Mental Health Program Coordinator <b>Name:</b> Stacey Harward	Via-Conference Call

<b>Guests</b>	<b>Non-Voting</b>
Heather Johnson	Present
Leslie Matthews	Present
Courtney Wilburn	Present
Tim Simmons-Cardinal Innovations, Member Engagement Specialist	Present
Karis McDaniel-Cardinal Innovations, Housing Specialist	Present

- I. Call to Order/Introduction** **Ellen Perry**  
Meeting began at 5:38PM.
- II. Consent Agenda and Minutes Approval** **Ellen Perry**  
Sharon made a motion to accept the agenda. Darlene seconded the motion. All in favor. Minutes were not approved at this meeting. Minutes will be reviewed and approved at March meeting.
- III. Public Comments** **Community Members**  
No public comments.
- IV. Special Presentation: Transition to Community Living** **Karisa McDaniel**  
Karisa gave an overview of Transition to Community Living. Contact information for Joel Rice and Karisa McDaniel to be given to Central Region CFAC members.
- V. New Business & Action Steps** **CFAC Members**  
Survey Impact Project feedback was due to Jill Queen at the end of January 2020.
- Steering Committee Updates: The meeting scheduled for Thursday 2/6/2020 in Kannapolis, NC. Bonnie Schell is a scholarship that is available to the members of the community who are served by Cardinal if they want to go to trainings. Each region has been given \$1250.00 for Bonnie Schell. At the end of March, if there is money left from the Central Region or another region, it will be placed into the pot for use for all regions. The Relational Agreement is going to be reviewed at the Steering Committee meeting, and all feedback submitted will be reviewed by the Steering Committee. Only one CFAC has submitted any feedback about the Relational Agreement.
- Central Provider Partners Council: Four IDD representatives no longer on the council. Both Jeanette and Janet working together to attend these meetings.
- Unsure when the cultural competency meetings are. Sharon volunteered to attend this meeting in Orange County.
- State Legislative Day is May 19<sup>th</sup>. Three white papers have been shared that need feedback. The due dates are 2/14; 2/20 and 2/29. Stacey will send the links. One Community in Recovery conference is on 3/11 in Greensboro, NC.
- VI. DHHS Report/CE & ET Updates** **Stacey Harward**  
CE & ET reports to come out soon.
- VII. Cardinal Innovations Reports**  
No updates from ME.

Felicia presented the banner for Central Region CFAC. The group felt the banner was too big to use at an event. Request was made for a smaller banner to place in front of a table at events. CFAC members mentioned possible radio time to talk about CFAC.

No Cardinal updates.

**VIII. Community Involvement**

**CFAC Members**

Northern Region is having their Mental Health Awareness May 14<sup>th</sup> at the Warren County Armory. There will be someone doing a workshop on stigma and messaging. This is a free event and food will be provided. The event will be held from 11am-2pm.

The Legislative Breakfast had a great turnout. State CFAC was at the legislative breakfast.

The Faith Connections on Mental Illness Conference will be held on March 13, 2020.

NC Tide in Wilmington, NC is going to be held April 19-22, 2020.

The State CFAC Legislative Day is scheduled for May 19, 2020.

Janet made a motion for Jeanette to attend the One Community Recovery Conference. Sharon seconded the motion. All in favor.

Darlene confirmed that she represents Caswell County. Her information will be corrected.

Kyle and Darlene yielded their training budget.

**IX. Status Addressed**

**CFAC Members**

Reviewed Status from the relational agreement.  
CFAC members would like to get a copy of the CFAC budget.

**X. Recommendations to Boards**

**CFAC Members**

No recommendations to the board

**XI. Comments & Adjourn**

Motion to adjourn at 7:30PM

Next meeting will be 3/3/2020 at the Cardinal Innovations Chapel Hill location.

Submitted by:

**Reina Merino-Project Support Professional**

Name/Title and Date