Consumer & Family Advisory Committee Meeting Minutes
November 29, 2016 / 5:30 P.M.
Alamance/Caswell / 2929 Crouse Lane Suite B, Burlington, NC 27215

Committee Members

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<tr>
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<th>Present = P</th>
<th>Absent = A</th>
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<tbody>
<tr>
<td>Bob Crayton, CFAC Chair</td>
<td>Present</td>
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<td>Patty Thompson, Chair Elect</td>
<td>Present</td>
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<td>Alison Fletcher</td>
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<td>Annette Lancaster</td>
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<td>Bill Carothers</td>
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<td>Carolyn Hoskins</td>
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<td>Jeanette Williamson</td>
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<td>Kathy Getkin</td>
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<td>Lea Ottinger</td>
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<td>Melissa Madden</td>
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<td>Sylvia Walker</td>
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Staff

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<tr>
<td>Stacey Inman, Member Engagement Manager</td>
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<td>Jane Clark, Member Engagement Director</td>
<td>Present</td>
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<tr>
<td>Eric Fox, MH/DD/SAS Community Engagement and Empowerment Team Division Liaison</td>
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<td>Cindy Rhodes, Admin Support Professional</td>
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Guests

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<td>Ricky &amp; Jeannie Irby</td>
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I. Call to Order/Welcome/Introduction  
Crayton – CFAC Chair

Bob Crayton called the meeting to order at 6:04 p.m. All attending CFAC members and staff made introductions as well as possible new members Jeannie & Ricky Irby.

II. Minutes Approval  
Bob Crayton

- **Discussion**
  Due to technical difficulties, last month’s minutes were not approved. Bob Crayton stated he would try to send out last month’s minutes through email.

III. Old Business  
Bob/Carolyn/Eric

- **Discussion**
  Review of Bylaws – Revision 6 - Beverly Corpening, (Chair Person for Executive CFAC), asked local CFAC’s to review the revision and respond with any comments or concerns. As for the additions to the current revision – The addition of “Triad”, articles are broken up into sections, ability to receive a leave of absence, and Triad’s involvement in the Relational Agreement.

- **Resolution**
  Eric Fox informed the CFAC committee that all comments or concerns with the current revision of the Bylaws should be sent to Beverly Corpening – bevey4@gmail.com, Eric Fox – eric.fox@dhhs.nc.gov, and Jane Clark – jane.clark@cardinalinnovations.org by Friday, December 9, 2016.
IV. NC DHHS Update

- **Discussion**

  Upcoming events:
  - Pinehurst Conference – Dec 7, Dec 8, and Dec 9.

  - Eric Fox reiterated that the Local CFAC’s need to fill out the comment forms, (even if the format is not approved) and send up to the Community Board. All CFAC’s are advisory boards and need to advise what is going on in their community.
  - Alison Fletcher would like to work with Cardinal to get the information out in the community to inform others of the services that are available within the community that are not readily known. There was also clarification that CFAC members can go into the community and discuss the services but they cannot speak as “CFAC as a whole”. Only as a “citizen of the community”.
  - Eric Fox reminded CFAC members about formulating sub committees. Organizing and creating a plan of action to accomplish everything they would like to do is a suggestion. In addition, NC Tide had a CFAC Symposium that had around 18 CFAC members attend statewide.

V. Cardinal Innovations Healthcare Updates

- **Overview of Local Business Plan** had to be submitted by October 31, 2016. Jane Clark stated the Executive Committee designated the LBP as a living document that updates when needed. Eric Fox informed members that the LBP is a 3-year plan and needs reviewing by members.

VI. New Business

- **Discussion**

  Discussion of the Quality Improvement Executive Summary. The item is not currently available online but will be shortly.
  - Eric Fox informed members local CFAC’s and Cardinal Innovations is very receptive to working together in reaching common goals.
  - Deborah Walsh, the Senior Community Executive, is retiring effective February 01, 2016.
  - DMH has a new medical director, Venkata Jonnalagadda, MD

VII. Member Engagement Updates

- **Discussion**

  Stacey Inman discussed the CFAC templates that are still in draft form but all input needs to go to Jane Clark.
  - There is a new member application in your packet just for information.
  - Review of the budget.

- **Resolution**

  Carolyn Hoskins stated there are four more meetings and $4,000.00 dollars left which does not leave much wiggle room of the meeting average around $700.00 each time.

- **Resolution**

  Carolyn Hoskins motioned to approve for the NC Tide and Recovery One Conference mileage. Lea Ottinger seconded the motion. One opposed, all other approved.
  Lea picks up Alison and brings to the meetings. Approval for extra mileage is needed. Carolyn Hoskins motioned for approval. Alison seconded the motion. One opposed, all other approved.

VIII. Board of Directors Updates

- **Discussion within Executive CFAC**

  Carolyn Hoskins wanted to reiterate that with the new governor (possibly), we are unsure what the State level will look like.
  Cardinal Innovations is downsizing real estate. Employees will be in the community more than in the offices making them a mobile workforce.
  State Funding Cuts – Not Medicaid Money, State Money.
IX. Community Updates

- **Discussion - Patty Thompson**
  - Patty Thompson gave an update on several different items. Comprehensive Community Clinics (CCC) is adding non-providers to their list.
  - Cardinal Innovations is hiring a new doctor.
  - It was also passed that Naloxone kits will be readily available at certain drug store with no prescription needed. Forensic evaluators will be used to do evaluations to see if someone is competent to stand trial. Currently, RHA has a Forensic evaluator on staff.
  - Patty stated she was unable to attend the last Provider Network Counsel.

- **Discussion - Bob Crayton**
  - Bob Crayton discussed the Stepping Up Initiative. Copies of the article from the Times News and the Agenda from the Alamance County Stepping Up Community Service Capacity Subcommittee was provided. Bob Crayton also provided information on the Community Dialogue from September 20th.

- **Discussion - Jeanette Williamson**
  - Jeanette Williamson attended the One In Recovery Conference and gave a description of the services available. Jeanette stated one goal is to get the youth more involved in services through engagement. One such example is a service like Big Brother Big Sister.
  - Discussion of an alternative treatment option is the Treatment Mall that will house 216 beds. This is an Inpatient MH Hospital in a least restrictive setting. Anger Management and life coping skills are some of the goals associated with the Treatment Mall.

- **Discussion - Bob Crayton**
  - Bob Crayton also provided information he obtained from the CFAC Symposium at the NC Tide Conference. (Advocacy 101, NC Medicaid Reform, Understanding Role of CFAC, and Who Ya Gonna Call?)

X. Recruitment & Membership Efforts: CFAC Members

Jeannie Irby’s application is available for review of CFAC Members and will be voted on in January 2017. In addition, Patty Thompson’s first term is complete and she would like to be reaffirmed. Alison Fletcher gave the motion and Lea Ottinger seconded. All were in favor, none opposed.

XI. Public Comment

Mayors Committee is having their shopper day on December 6 and December 8 at Roses Discount Store. Special Olympics Day at Elon University is April 21, 2017.

- Jeannie & Ricky Irby spoke about their goal in the TBI community.

XII. Comments & Adjourn

Suggestion of meeting Adjournment, with a motion from Jeanette Williamson. Motion seconded by Patty Thompson.

- Next meeting scheduled for January 24, 2017

Submitted by: Cynthia (Cindy) Rhodes / Admin Support Professional 12/06/2016