

## Northern Region Consumer & Family Advisory Committee Meeting Minutes

April 13, 2021 | Microsoft Teams Meeting: 1 (980)221-1052 Conference ID: 748 930 06#

Committee Members	Voting Member Present = P Absent = A
Angelena Kearney-Dunlap, Chairperson	P
Martha Green, Vice-Chairperson	P
Bertha Hargrove	P
Dianna Talley	A
Lakeisha Perkins-Tabron	P
Ravetta Crockett	P
Marjorie Davis	P
Penny Tane	A
Michael Tane	A
Gladys Foster-Young	P
Shirley Robinson-Flood	P
Tameeka Williams-Burchette	P
Sheila Holt	P
Cardinal Staff	Non-Voting
Deborah Hendren, Member Engagement Manager	A
Monae Davis, Member Engagement Specialist/Liaison	P
King Jones, Member Engagement Director	P
Elliot Clark, Regional Affairs Director	A
Terrell Alston, Regional Affairs Director	A
Guests	Non-Voting
Stacey Harward, NCDHHS	P
Reggie Williams, Warren Co. Mental Health Officer – Sheriff's Office	A
Senica Nicholas	A

- I. **Welcome | Introductions | Call To Order | Opening Devotion** **Angelena Kearney-Dunlap**  
Meeting called to order at 6:03 pm
  
- II. **Agenda and Minutes Approval** **Angelena Kearney-Dunlap**  
A quorum was established. Shirley Robinson-Flood motioned to approve the minutes. Gladys Foster-Young seconded the motion to approve the minutes submitted from the March 2021 Northern CFAC Meeting. Motioned carried unanimously and the minutes from the March 2021 Northern CFAC Meeting were approved as written.
  
- III. **Warren Co. Mental Health** **Reggie Williams**  
Reggie Williams did not attend the meeting. Chair indicated plans to remove Mr. Williams from the agenda and discontinue attempts to have him join the meeting.

**IV. Cardinal Innovations Healthcare Updates**

**Cardinal Innovations Staff**

Monae Davis shared Cardinal Innovations updates which included information about Cardinal Innovations website updates to pages related to the Registry of Unmet Needs and the NC Innovations Waiver. Monae shared information on County Action Plan updates for March 2021. Monae also shared information about upcoming MedAssist event on April 30<sup>th</sup> @ 9 am – 2 pm at the Salvation Army in Henderson, NC. Monae invited Northern CFAC to attend an upcoming virtual presentation of Mental Health & Faith-Based Communities on Saturday, May 1<sup>st</sup> @ 10 am – 12 pm.

King Jones informed Northern CFAC of Secretary Cohen’s approval for Union and Cabbarus counties to disengage from Cardinal Innovations and align with Partners Behavioral Health Management effective September 1, 2021 and plans for continuation of care.

King shared updates from other Regional CFACs, who inquired about resuming in-person CFAC meetings. King Jones inquired about Northern CFAC’s desires to reinstate in-person meetings. King informed Northern CFAC of requirements to return to in-person meeting, including but not limited to: CFAC Members and involved staff would be required to wear masks. Non-CFAC Members and guests would not be permitted in-person attendance. Meeting locations would need to be large enough for social distancing. Members who attend virtually would still be eligible for their full meeting stipend.

Northern CFAC shared concerns with maintaining virtual meeting which included connectivity issues in members’ homes and desires for newer members to meet the larger group. CFAC shared concerns with returning to meeting in person which included transportation barriers and childcare concerns. Northern CFAC took consensus: One (1) Member indicated alignment with in person meeting, four (4) indicated preference to maintain virtual meetings, and three (3) indicated being aligned with in person and virtual meeting. Northern CFAC indicated plans to meet virtually for May 2021 and access further during their May 2021 meeting.

King also informed Northern CFAC Ashley Conger, Cardinal Innovations Chief Communication Office, requested support from I/DD affiliated CFAC Members for an hour and a half interview to “journey map” their navigation of services. Participating members would be eligible to receive a stipend for their participation. Angelena requested for King to email I/DD affiliated CFAC Members with a reminder with the request.

**V. NCDHHS**

**Stacey Harward**

Stacey Harward informed Northern CFAC that April was Awareness Month for National Minority Mental Health, Child Abuse Prevention, and Military Child Awareness. Stacey encouraged Northern CFAC to complete and share the survey CE&E sent in their Monthly community update requesting ideas for community trainings. Stacey shared information about upcoming Medicaid Transformation Forum scheduled on April 23 & 27<sup>th</sup>. Stacey reviewed information about a Peer Mentoring Training Pilot for people with I/DD. Stacey shared information about upcoming state wide CFAC meetings: Regional CFAC Meeting scheduled on April 27<sup>th</sup>, 6:00 – 7:30 pm via Microsoft Teams, State CFAC Meeting scheduled April

14<sup>th</sup>, 9 am – 1 pm, and State To Local Call scheduled April 28<sup>th</sup> (4<sup>th</sup> Wednesday of the Month 6:00 – 7:30 pm). Stacey highlighted the time change for the State To Local Call. Stacey informed Northern CFAC of upcoming conference such as One Community Recovery Conference & I2I conference – both virtual and open for registration.

Stacey also shared information about upcoming Legislative Day (May 5<sup>th</sup>) and plans to discuss further at the next State CFAC Meeting. Stacey indicated plans for State CFAC to review talking points, identify key GA members to contact, bills to support, and other details. Benita Purcell is the point person from State CFAC and she can be reached at (336)583-6828.

Stacey also encouraged Northern CFAC to review correspondence from Dr. Laws on NC DMHDDSAS Community Stakeholder Engagement Update which included information about NC Medicaid fee for service rates which will be effective July 1 2021.

## vi. **Old Business**

**Angelena Kearney-Dunlap**

### *Mental Health Awareness Month: Radio PSA*

Tameeka Williams-Burchette provided an update on her correspondence with local radio stations to schedule radio PSA and interviews for Mental Health Awareness Month. Angelena confirmed she, Dianna Talley, and Monae are scheduled to pre-record PSA and interview with WARR (Warren County) on Monday, April 19<sup>th</sup> @ 10 am. Monae confirmed she, Angelena, and Gladys are scheduled to read their PSA and interview with WIZS (Vance Co.) on May 13<sup>th</sup> @ 11 am on Town Talk. Tameeka reported barriers reaching staff with the identified Granville Co. radio and indicated Martha Green was supporting in connecting with radio in Halifax Co.

Monae shared connecting with Cardinal Innovations Communication Department and plans to provide a PSA Script by Friday, April 16<sup>th</sup>.

Angelena requested confirmation of radio interviews and PSA by April 23<sup>rd</sup>, 2021.

### *NAMI Chapter Updates*

Shirley Robinson-Flood shared information via email to Northern CFAC Members about NAMI. Roles of NAMI include advocacy, education, and raising awareness of Mental Health. Shirley shared information about Northern CFAC's previous involvement with NAMI Walk in Raleigh, NC. Shirley shared information about the steps to begin a NAMI Chapter and barriers with beginning a NAMI Chapter, which included raising startup funds. Shirley highlighted the needs to identify potential members, fundraising needs, and barriers with only having 4-5 members in the previous local NAMI chapter. Shirley indicated being willing to participate. Shirley requested support from Northern CFAC to initiate, maintain, and sustain a local NAMI Chapter.

Angelena reviewed the identified steps which included submitting an "Interest Form" for review and fundraising to be considered a NAMI Affiliate. Angelena requested Northern CFAC Members to review the emailed information within the next month to see if there is an interest amongst Northern CFAC membership and make decision during next Northern CFAC Meeting, if they should take steps to initiate a

local NAMI Chapter. Shirley indicated desires for NAMI chapter to cover all five (5) counties in the Northern Region.

There used to be a Vance Co. NAMI and a Halifax Co. NAMI; however, Northern CFAC Members attested attendance was poor. Five Co. CFAC supported local NAMI Chapters with fundraising; however, acknowledge low participation. King inquired about communication with Regina Dickens (Halifax Co.) and offered to connect Shirley and Angelena with Regina.

## **VII. State CFAC and Steering Committee Updates**

## **CFAC Members**

### *State CFAC Updates*

Next State CFAC Meeting scheduled April 14<sup>th</sup>, 2021. Angelena invited Northern CFAC to join the State CFAC Meeting to receive information from an Indian Affairs Representative. Angelena reported her State CFAC appointment will end June 2021 and encouraged interested Northern CFAC members apply. Angelena encouraged everyone to get involved with Legislative Day 2021.

### *Steering Committee Updates*

Shirley shared that Bonnie Schell Scholarship is still available for the Northern Region. Bonnie Schell Scholarships provide eligible community members scholarships up to \$500 for training and education. Information about Bonnie Schell Scholarship is available on Cardinal Innovations website. Angelena encouraged members to utilize their allocated CFAC training funds.

Angelena shared plans for the Steering Committee to revise the Bylaws. King shared update that one (1) Regional representative is attempting to review for the Steering Committee to review. Updates to Bylaws will have to be reviewed and approved by an All CFAC Meeting. All CFAC Meetings may be scheduled sometime in the Fall 2021.

## **VIII. New Business & Action Plan Review**

## **Angelena Kearney-Dunlap**

### *Grants: Writing, Availability & Accountability*

Martha Green requested to have a training or presentation on how to successfully submit a grant. Angelena inquired if any Northern CFAC members had any experience writing grants, no one responded. Angelena informed members that she has experience submitting grants for Warren Co. Government. Shirley shared information about a Grant Writer from Vance Granville Community College. Angelena shared workshops may be available from local community colleges.

Angelena encouraged those interested in submitting a grant a relationship with the Grantor and to review the Grantor's mission statement to make sure it is aligned with your goals. Angelena encouraged interested parties to make sure funds are available by attending public meetings to learn information about the funds and related projects. Angelena directed individuals to complete the application and follow the instructions. Angelena encouraged individuals to complete application in its entirety to increase viability. If awarded a grant, beneficiaries may be required to submit monthly/quarterly reports and inform the grantor of any budget changes or requests.

Angelena noted if a grant was not approved or funded, beneficiaries should not give up and seek follow up and recommendations from the grantors on what they could do differently next time funds were available. Martha indicated information received from Angelena was beneficial.

Angelena recommended having a board of directors with demographic information (resume, subject matter, expertise, etc.) for each board member. Shirley shared information about federal government grants related to Mental Health. Shirley indicated plans to share the information via email to Northern CFAC members. Tameeka indicated desires for additional training on how to apply for grants from Angelena. Angelena shared it is most beneficial to be affiliated with a nonprofit, as opposed to submitting a grant as individual or a government affiliated entity.

**IX. Action Steps**

**CFAC Members**

Angelena inquired about any plans for Northern CFAC to highlight future awareness months such as IDD or Substance Use Awareness months. Shelia Holt reported Holt Assessments, LLC was scheduled to host Mother In Recovery for Halifax and surrounding communities scheduled for May 8 @ 11 am – 1 pm Chockoyotte Park (Roanoke Rapids). The event planned to celebrate moms and members of the community in recovery from mental health and substance use issues. Community event will feature food and raffled prizes such as Mothers’ Day Baskets from donations. Shelia invited Northern CFAC members to attend and have a table to share information about CFAC. Shelia will send flyer via email. Northern CFAC member will wear their CFAC attend and shared information about CFAC. Northern CFAC agreed to attend Mothers In Recovery in shift: Angelena and Shirley @ 10:30 am, Martha and Ravetta @ 12pm. Monae will provide tablecloth, table, candy, and printed items for Northern CFAC to pass out. King requested new members send him an email requesting a t-shirt with their shirt size.

**X. Community Involvement Updates – Trainings/Conferences/Events** **CFAC Members**

*Provider Council*

Community Workforce Solution currently has open position for direct care staff in Henderson and Raleigh locations. Interested parties should email [kfern@nc-cws.org](mailto:kfern@nc-cws.org) and Walgreens Pharmacy has COVID19 vaccine available and taking appointments.

*Regional Health Council*

No current updates due to not having a meeting since the March 2021 meeting.

**XI. New Member Appointment/Considerations**

**CFAC Members**

Angelena shared information about running into a previous Northern CFAC Member from Vance Co. Senica Nicholas who expressed interest in rejoining Northern CFAC.

**XII. Public Comment**

**Community Members**

No public comments.

**XIII. Adjournment**

**Angelena Kearney-Dunlap**

Meeting adjourned at 7:35 pm.

Monae Davis, MS NCC

Member Engagement Specialist, Northern Region

04/13/2021

Date