

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Stokes County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1.866.275.9552	

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark - King	232 Newsome Rd King, NC 27021-8507	336-983-0949	N	Y

Open Access Center NOT a CCC

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Stokes Health Department – Daymark Behavioral Health Open Access Clinic – Every other Tuesday with Timeslots at 9:30, 10:30, 12:00, and 1:00 and two walk in slots	1010 N Main St. Danbury		Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services - Walnut Cove	3169 NC Hwy 8 Walnut Cove, NC 27052-5693	336-725-8389	Federal Funding

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

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Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Daymark - King	limited SUD services	232 Newsome Rd King, NC 27021-8507	336-983-0949	Y
Youth Haven Services, LLC - Youth Haven Services - Stokes Office	Adolescent	131 Plant St Walnut Cove, NC 27052-9223	336-536-1024	Y

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Daymark Behavioral Health Urgent Care	Behavioral Health Urgent Care	650 Highland Ave Ste 110 Winston-Salem, NC 27101-4304	Forsyth	704-210-1233	Y
Keystone WSNC, LLC dba Old Vineyard Behavioral Health Services	Inpatient Detox	3637 Old Vineyard Rd Winston-Salem, NC 27104-4842	Forsyth	336-794-3546	Y
Forsyth Memorial Hospital, Inc. dba Novant Health Forsyth Medical Center	Inpatient Detox	3333 Silas Creek Pkwy Winston-Salem, NC 27103-3013	Forsyth	336-277-7226	Y/ 3-way funding
Wake Forest University Health Sciences	Inpatient Detox	Medical Center Blvd Winston-Salem, NC 27157	Forsyth	336-716-2011	N
The Moses H. Cone Memorial Hospital - Moses Cone Behavioral Health Center	Inpatient Detox	700 Walter Reed Dr Greensboro, NC 27403-1128	Guilford	336-832-8060	Y/ 3-way funding
Addictions Recovery Care Association (ARCA)	Non-Hospital Detox	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
DAYMARK Recovery Services, Inc. (Cabarrus	Office Based Opioid Therapy (Suboxone)	405 NC Highway 65 Reidsville, NC 27320-8882	Rockingham	336-342-8316	Y

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Center) - Daymark Recovery Services - Rockingham County					
Insight Human Services	Opioid Treatment Program (Methadone/Suboxone) (OMT)	665 W 4th St Winston-Salem, NC 27101-2701	Forsyth	336-725-8389	Y
Community Choices (WISH) Program –	Pregnant/Parenting Females	725 N. Highland Ave. Winston Salem			Y
Insight Human Services	- Opioid Treatment Program (Methadone/Suboxone) (OMT) (Rockingham in collaboration with Daymark Recovery) SUBOXONE ONLY	405 NC Highway 65 Rooms 64 & 65 Reidsville, NC 27320-8882	Rockingham	336-342-8440	Y
New Vision Therapy, PLLC	Opioid Treatment Program (Methadone/Suboxone) (OMT) SUBOXONE ONLY	232 Gilmer St, Ste 202 Reidsville, NC 27320-3860	Rockingham	336-308-0822	N
UNC Faculty Physicians	Residential Program For Parenting/Pregnant Females	1105 W NC Highway 54 Byp, Apt P8, Chapel Hill, NC, 27516-2851	Orange	919-966-9803	Y
Addictions Recovery Care Association (ARCA)	SUD Residential	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Daymark Behavioral Health Urgent Care	SAIOP	650 Highland Ave Ste 110 Winston-Salem, NC 27101-4304	Forsyth	704-210-1233	Y
Insight Human Services	SAIOP, SACOT	665 W 4th St Winston-Salem, NC 27101-2701	Forsyth	336-725-8389	Y

Community and Stakeholder / SUD Initiatives

Stokes Citizens for Safe and Healthy Communities

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Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Wellness Recovery Action Planning

Other

Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Lynn Widener	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Melissa Baran	
MH/SUD Care Coordination Manager	Katherine Eads	
Regional Community Engagement Manager	Lynn Inman	
Regional Member Engagement Manager	Stacey Inman	

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