

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

**FOR MENTAL HEALTH HELP FAST:**

Call **\*\*ASK (2-7-5)** from your cell phone or **1.800.939.5911**.

Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).

# Warren County: Opioid Resources

Access to Care Line 24/7	
Cardinal Innovations Healthcare	1-800-939-5911

Mobile Crisis			
Provider	Site Address	Contact Number	State Funding (Y/N)

Comprehensive Community Clinics				
Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Freedom House/Lake Area Health Care	126 N. Main St. Warrenton, NC	252-879-0091	N	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Inpatient without SUD Beds			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Essential Skills Systems	2204 Evers Dr. Raleigh, NC, 27610-4914	919-833-8247	Federal Funding

Opioid Treatment Program (Methadone/Suboxone) (OMT)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Revised: 10/30/2020

**Disclaimer:** The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

**FOR MENTAL HEALTH HELP FAST:**  
 Call **\*\*ASK (2-7-5)** from your cell phone  
 or **1.800.939.5911**.  
 Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).



### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House - Lake Area Counseling Halfway House	Low/Medium	519 Walker St. Norlina, NC	919-942-2803	Y

### Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House - Lake Area Health Care	126 N. Main St. Warrenton, NC	252-879-0091	Y

### Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House/Lake Area Health Care	126 N. Main St. Warrenton, NC	252-879-0091	Y

### Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

### Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House - Lake Area Health Care		126 N. Main St. Warrenton	252-879-0091	Y
Shawtay Reese LCSW, LCAS		108 S Bragg St. Warrenton	919-559-2692	N

Revised: 10/30/2020

**Disclaimer:** The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

**FOR MENTAL HEALTH HELP FAST:**

Call **\*\*ASK (2-7-5)** from your cell phone  
or **1.800.939.5911**.

Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).

**Cardinal  
Innovations  
HEALTHCARE.**

## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Horizon Daybreak Residential Program	Pregnant/ Parenting Females	1105 W. NC Hwy 54 Byp, Apt P8 Chapel Hill, NC	Orange	919-966-9803	Y
Daymark Recovery Services	CCC	943 W. Andrews Ave. Henderson, NC	Vance	828-264-8759	Y
Vision Behavioral	CCC	104 N. Main St. Louisburg, NC	Franklin	919-496-7781	Y
RHA Health Services, Inc.	CCC	60 NC Highway 125 Roanoke Rapids, NC	Halifax	252-537-6619	Y
Recovery Innovations, Inc.	Inpatient/ Non-Hospital Detox	300 Parkview Drive West Henderson, NC, 27536-5954	Vance	252-438-4145	Y
Alliance Rehabilitative Care, Inc.	SUD Residential (SA Halfway House)	1020 Country Home Rd. Henderson, NC	Vance	252-492-8699	Y
RHA Roanoke Rapids Treatment Center	SAIOP	60 NC Highway 125 Roanoke Rapids, NC	Halifax	252-537-5519	Y
Vision Behavioral Health Services, LLC	SAIOP	104 N. Main St. Louisburg, NC	Franklin	919-496-7781	Y
Alliance Rehabilitative Care, Inc.	SAIOP	510 Dabney Dr. Henderson, NC	Vance	252-492-8699	Y
Edwards' Assessments and Counseling, Inc.	SAIOP	321 Highway 125 Roanoke Rapids, NC	Halifax	252-535-1070	Y
Spring Life Behavioral Care, LLC.	SAIOP	109 Long Circle Roanoke Rapids, NC	Halifax	252-535-6400	N
Vance Recovery, PC- Opioid Treatment Program	Opioid Treatment Program (Methadone/ Suboxone) (OMT)	510 B Dabney Dr. Henderson, NC	Vance	252-572-2625	Y
Spring Life Behavioral Care, LLC	Office Based Opioid Therapy (Suboxone)	109 Long Circle Roanoke Rapids, NC	Halifax	252-535-6400	N
Daymark Recovery Services	Outpatient SUD Therapy	943 W. Andrews Ave. Henderson, NC	Vance	828-264-8759	Y
Alliance Rehabilitative Care, Inc.- Back on Track	Outpatient SUD Therapy	510 Dabney Dr. Henderson, NC	Vance	252-492-8699	Y
CW Counseling Services, Inc.	Outpatient SUD Therapy	100 Elm St. Weldon, NC, 27890-1934	Halifax	252-537-4005	N
Edwards' Assessments and Counseling, Incpy	Outpatient SUD Therapy	321 Highway 125 Roanoke Rapids, NC	Halifax	252-535-1070	Y

Revised: 10/30/2020

**Disclaimer:** The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

**FOR MENTAL HEALTH HELP FAST:**

Call **\*\*ASK (2-7-5)** from your cell phone  
or **1.800.939.5911**.

Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).

**Cardinal  
Innovations  
HEALTHCARE.**

Roanoke Valley Psychiatric Associates, P.A.	Outpatient SUD Therapy	321 Highway 125 Roanoke Rapids, NC	Halifax	252-537-8400	N
Vision Behavioral Health Services, LLC	Outpatient SUD Therapy	104 N. Main St. Louisburg, NC	Franklin	919-496-7781	Y
Statewide Mental Health & Disability Services, PLLC	Outpatient SUD Therapy	730 Roanoke Ave. Roanoke Rapids, NC	Halifax	252-308-1247	N
Spring Life Behavioral Care, LLC	Outpatient SUD Therapy	109 Long Circle Roanoke Rapids, NC	Halifax	252-535-6400	N
Infinite Possibilities, Inc.	Outpatient SUD Therapy	314 S. Garnett St. Henderson, NC	Vance	252-431-1926	N
At-home Counseling Services, Inc.	Outpatient SUD Therapy	669 Sagamore Dr. Louisburg, NC	Franklin	252-477-0008	N
C&M Behavioral Health, Outpatient SUD Therap	Outpatient SUD Therapy	1704 Highway 158 Roanoke Rapids, NC	Halifax	252-578-1986	N
Keys to Recovery Counseling- PLLC	Outpatient SUD Therapy Services	202 S. Main St. Louisburg, NC	Franklin	919-435-8164	N
Higher Aspiration Behavioral Healthcare, LLC	Outpatient SUD Therapy Services	230 W Andrews Ave. Henderson, NC	Vance	336-500-2403	N
Morse Clinic of Roanoke Rapids, PC	Methadone/ Suboxone (OMT)	608 Jackson St., Ste 108 Roanoke Rapids, NC	Halifax	252-541-4175	Y

### Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

Five County Regional Stepping Up Initiative

MH and SA Court Development in Halifax County

Project Lazarus: Granville and Vance County

### Community and Stakeholder / SUD Specific and Supported Trainings

Opioid 101

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

### Other

Revised: 10/30/2020

**Disclaimer:** The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

**FOR MENTAL HEALTH HELP FAST:**

Call **\*\*ASK (2-7-5)** from your cell phone  
or **1.800.939.5911**.

Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).

**Cardinal  
Innovations  
HEALTHCARE.**

## Cardinal Innovations Points of Contact

Title	Name	Contact Information
Regional Executive	Elliot Clark	919-608-7894 <a href="mailto:Elliot.Clark@cardinalinnovations.org">Elliot.Clark@cardinalinnovations.org</a>
Regional Network Manager	Kelly Watkins	252-432-2582 <a href="mailto:Kelly.Watkins@cardinalinnovations.org">Kelly.Watkins@cardinalinnovations.org</a>
Quality Assurance Manager	Michael Norton	919-904-0524 <a href="mailto:Michael.Norton@cardinalinnovations.org">Michael.Norton@cardinalinnovations.org</a>
I/DD Care Coordination Manager	Tom Wilson	919-904-0519 <a href="mailto:Tom.Wilson@cardinalinnovations.org">Tom.Wilson@cardinalinnovations.org</a>
MH/SUD Care Coordination Manager	Ronnie Wilkes	336-403-3523 <a href="mailto:Ronnie.Wilkes@cardinalinnovations.org">Ronnie.Wilkes@cardinalinnovations.org</a>
Regional Community Operations Manager	Deborah Hendren	704-305-4995 <a href="mailto:Deborah.Hendren@cardinalinnovations.org">Deborah.Hendren@cardinalinnovations.org</a>

Revised: 10/30/2020

**Disclaimer:** The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

**FOR MENTAL HEALTH HELP FAST:**

Call **\*\*ASK (2-7-5)** from your cell phone  
or **1.800.939.5911**.

Or visit us online: [cardinalinnovations.org](http://cardinalinnovations.org).

Cardinal  
Innovations  
HEALTHCARE®