

# Southern Region Consumers and Family Advisory Committee (CFAC)

## Meeting Minutes

### October 20, 2020

Council Members	Voting Member Present = P Absent = A
Beverly M. Morrow, Chair	P
Terri Clark, Vice Chair	P
Jean Anderson	P
Crista Aldridge	P
Michelle Joshua	A – (SIGNED IN DURING SECOND HALF OF MEETING)
Toni Partlow	A
Hezekiah Anderson	P
Mary Sechler	P
LaRhonda Watkins	P
Jeff Phillips	P
Jessica Aguilar	P
Maria Shannon	P
Marilyn Sierra	A
Staff	Non- Voting
King Jones-Director, Community Health & Wellness	P
LaKeisha McCormick-Community Operations Manager- Southern Region	P
Dana Frakes, QM	P
Jill Queen, QM	P
Karen Bentley, VP Community Engagement and Outreach	P
Ashley Conger, Chief Communications	P
Guests	Non-Voting
Stacey Harward-DHHS, DHHS	P
Dr. Sanders, Guest and second meeting attended toward becoming a new member	P

#### I. Call to Order/Introduction

Terry Clark, Vice Chair, called the meeting to order at 6:06 p.m.  
The current agenda will not be led so that we may discuss some important priority issues.

#### II. Union and Cabarrus County Disengagement

Ashley Conger explained that yesterday afternoon, the Union County Board of Commissioners adopted a resolution to begin the disengagement from Cardinal and align themselves with Partners Behavioral Health (based out of Gaston County), following such disengagement by Cabarrus County. These activities will take a while to firm up. Ms. Conger went on to further talk about some of the activities, concerns, and intentions surrounding this decision and our priority to ensure our members are being served. Members continued to engage in conversation and share their thoughts and suggestions on what Cardinal can do. Some of those addressed by Ms. Conger and others were:

- how this will affect our Union and Cabarrus County members, and reasons why the counties wish to separate, and child placement. Child welfare is a common and predominant issue in all counties
- what the usage level of the Monarch children's emergency room facility and Ashley will follow up and get those numbers to Jean Anderson. King Jones added comments surrounding the service definition for child placement.
- Ashley suggested to Karen Bentley that her team get engaged with the school systems
- Ashley suggested King Jones to provide Cardinal's crises line number and resources to help a member, \*\*Ask, landlines, etc. to Jessica Aguilar and the CFAC with improved Spanish versions.
- Stacey Harward answered to the concern why DSS and Cardinal have gaps in foster placement. Generally, there a shortage of homes that will take the higher-risk youths or geographical appropriateness or lack of commitment/stability from foster homes.
- Ashley will provide Dr. Sanders with the names and contact information of the county commissioners that were present at that meeting that voted on the resolution.
- Jill Queen, QM, explained the current initiatives on working on some more clinical quality work with the medical team and Dr. Welch to ensure members are getting quality outcomes.
- Ms. Conger agreed that there is a lag between CFAC's submitted suggestions for improvements and those results. We are trying to do better and can be more responsive, however, there are some things we are not able to change because of statutes or other restrictive regulations.

Ms. Conger concluded that Cardinal is working with the counties in getting the right model care. There will be information posted in our Community Newsletter and will continue to post information on decisions and activities. We are just as committed to these counties as ever before. Feedback from families and providers can be shared on our website at [www.cardinalinnovations.org](http://www.cardinalinnovations.org).

### III. Approval of the September 15, 2020 Meeting Minutes

Terry Clark requested a motion to approve the minutes from last month. Jeff Phillips motioned to approve the minutes as written. Crista Aldridge seconded the motion. No discussions were requested.

The voting continued as follows

Aldridge, Crista, yes  
 Anderson, Jean, yes  
 Anderson, Hezekiah, yes  
 Clark, Terri, yes  
 Joshua, Michelle, yes  
 Morrow, Beverly, yes  
 Sechler, Mary, yes  
 Watkins, LaRhonda, yes  
 Phillips, Jeff, yes  
 Shannon, Maria, yes  
 Aguilar, Jessica, yes  
 Minute are approved as voted.

### IV. Voting Dr. Sanders in as a Member

Dr. Sanders has fulfilled the requirements to become a member. Dr. Sanders declared to serve either the MHSUD or the IDD population from Union county.

Jeff Philips motioned for each member to the vote Dr. Sanders in as a member directly to King Jones in the chat box of the meeting so they are hidden. Michelle Joshua seconded the motion. King collected the votes on chat and confirmed that the votes received will place Dr. Sanders as a member.

#### **V. Closing Remarks**

Meetings can possibly continue in person in January when Cardinal expects to open our offices. Members to inform Lakeisha McCormick or King Jones to attend the Pinehurst conference and the decision to use training dollars and submit a total number for the registration. The registration is so that we pay for four people and get one additional attendee for free, then split the total over five attendees. According to the site, the cost is \$125 for consumers and family members. However, Individual email addresses must be submitted to attend the virtual conference. Registration is due by the end of the month.

#### **VI. Adjournment**

Meeting was adjourned at 8:04 p.m.

Submitted by:

Laura Wilkicik 10/26/2020

Name/Title and date