

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

Stanly County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
---------------------------------	----------------

Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1-866-275-9552	Y

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Daymark Recovery Services, Inc.(Cabarrus Center) - Stanly Center	1000 N 1st St., Ste 1 Albemarle, NC, 28001-2819	704-983-2117	Y	Y
Monarch	350 Pee Dee Ave., Ste 101 Albemarle, NC, 28001-4945	866-272-7826	N	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
The Charlotte - Mecklenburg Hospital Authority dba NorthEast Psychiatric Services, CHS - Carolinas Healthcare System Stanly	301 Yadkin St. Albemarle, NC, 28001-3441	704-984-4000	Y

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Prevention Services	1117 East Morehead St., Suite 200 Charlotte, NC, 28204-2870	704-375-3784	Federal Funding
Monarch	350 Pee Dee Ave, Ste 101 Albemarle, NC, 28001-4945	866-272-7826	Federal Funding

Revised: 10/30/2020

Disclaimer: The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

FOR MENTAL HEALTH HELP FAST:
Call ****ASK (2-7-5)** from your cell phone
or **1.800.939.5911**.
Or visit us online: cardinalinnovations.org.

**Cardinal
Innovations
HEALTHCARE.**

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc. (Cabarrus Center) - Stanly Center	1000 N 1st St, Ste 1 Albemarle, NC, 28001-2819	704-983-2117	Y

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Daymark Recovery Services, Inc. (Cabarrus Center) - Stanly Center	1000 N 1st St, Ste 1 Albemarle, NC, 28001-2819	704-983-2117	Y

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Revised: 10/30/2020

Disclaimer: The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone
or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

**Cardinal
Innovations
HEALTHCARE.**

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Veleka Y. Barbee Therapy Services, Inc.		232 E North St. Albemarle, NC, 28001-4007	704-985-1088	N
Stanly Center		1000 N 1st St. Albemarle, NC	704-983-2117	Y
Albemarle Office		120 Ludlow St. Albemarle, NC	704-279-5556	N
Western Carolina Emergency Physicians, PLLC		301 Yadkin St. Albemarle, NC	704-986-1534	N
Monarch		350 Pee Dee Ave, Ste 101 Albemarle, NC, 28001-4945	866-272-7826	Y

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)	SUD Residential Group Living High	1931 Union Cross Rd. Winston-Salem, NC, 27101-6448	Forsyth	336-784-9470	Y
Carolina's Creative Counseling, PA-	SAIOP	4415 Monroe Rd, Ste 100 Charlotte, NC, 28205-7743	Mecklenburg	704-332-3634	N
Hope Haven, Inc.	SUD Residential	3815 N Tryon St. Charlotte, NC, 28206-2060	Mecklenburg	704-372-8809	Y
McLeod Addictive Disease Center, Inc	Opioid Treatment Program Methadone/Suboxone	515 Clanton Rd. Charlotte, NC, 28217-1309	Cabarrus, Mecklenburg	704-332-9001	Y
Monarch - SECU Youth Crisis Center, a Monarch Program	FBC Child/Adolescent	1810 Back Creek Dr. Charlotte, NC, 28213-2159	Mecklenburg	704-986-1500	Y
NSC Behavioral Concepts, LLC	SAIOP	507 W Innes St, Ste 105 Salisbury, NC, 28144-4267	Rowan	704-603-6156	N
RHA Behavioral Health NC LLC - Cabarrus Treatment Team	SAIOP	219 LePhillip Ct NE Concord, NC, 28025-2900	Cabarrus	704-721-5551	Y
RHA Behavioral Health NC LLC - Cabarrus Treatment Team	CCC	219 LePhillip Ct NE Concord, NC, 28025-2900	Cabarrus, Union	704-721-5551	Y

Revised: 10/30/2020

Disclaimer: The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone
or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

**Cardinal
Innovations
HEALTHCARE.**

Rising Hope Clinical Assistance, LLC	SAIOP	510 Northgate Park Dr. Winston-Salem, NC, 27106-3486	Forsyth	704-661-3327	N
S&H Youth and Adult Services, Inc.	SAIOP	714 S Main St. Salisbury, NC, 28144-5412	Rowan	704-492-9638	N

Community and Stakeholder / SUD Initiatives

Project First Step

Project Lazarus

Community and Stakeholder / SUD Specific and Supported Trainings

Mental Health First Aid

Prime For Life

Crisis Intervention Training (CIT)

Whole Health Action Management (WHAM)

Other

Bridges To Recovery Transitional Housing/Treatment (704) 486-0203 (Private Pay)

Cardinal Innovations Points of Contact

Title	Name	Contact Information
Regional Executive	Melissa Marshburn	704-785-4698 Melissa.Mashburn@cardinalinnovations.org
Regional Network Manager- Southern	Monvayata Ratchford	704-305-0783 Monvayata.Ratchford@cardinalinnovations.org
Quality Assurance Manager	Dana Frakes	704-783-6014 Dana.Frakes@cardinalinnovations.org
I/DD Care Coordination Manager	Beth Monaco	704-785-7906 Beth.Monaco@cardinalinnovations.org
MH/SUD Care Coordination Manager	Ashley Parks	704-680-7336 Ashley.Parks@cardinalinnovations.org
Regional Community Operations Manager	Lakeisha McCormick	704-305-2512 Lakeisha.McCormick@cardinalinnovations.org

Revised: 10/30/2020

Disclaimer: The information contained in this document pertains only to the Cardinal Innovations Healthcare coverage area and is updated quarterly from sources that are readily available to Cardinal Innovations Healthcare. It is important to note that the content may not be all encompassing; nor always accurate since the information is dynamic in nature and may change in between review cycles.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone
or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

**Cardinal
Innovations
HEALTHCARE.**