

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

Vance County: Opioid Resources

Access to Care Line 24/7

| | |
|---------------------------------|----------------|
| Cardinal Innovations Healthcare | 1-800-939-5911 |
|---------------------------------|----------------|

Mobile Crisis

| Provider | Site Address | Contact Number | State Funding (Y/N) |
|---------------------------------|--------------|----------------|---------------------|
| Daymark Recovery Services, Inc. | | 1-866-275-9552 | Y |

Comprehensive Community Clinics

| Provider | Site Address | Facility Phone Number | Suboxone Prescriber (Y/N) | State Funding (Y/N) |
|--|--|-----------------------|---------------------------|---------------------|
| Daymark Recovery Services - Vance County | 943 W. Andrews Ave., STE H Henderson, NC 27536-2562 | 828-264-8759 | N | Y |

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|--|---|-----------------------|---------------------|
| Recovery Innovations, Inc. - Recovery Response Center | 300 W Parkview Dr Henderson, NC 27536-5954 | 252-438-4145 | Y |

Inpatient without SUD Beds

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|----------|--------------|-----------------------|---------------------|
| N/A | | | |

Prevention Providers (Substance Abuse Block Grant)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|--------------------------|--|-----------------------|---------------------|
| Essential Skills Systems | 2204 Evers Drive Raleigh, NC 27610-4914 | 919-833-8247 | Federal Funding |

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Opioid Treatment Program (Methadone/Suboxone) (OMT)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|--------------------|--|-----------------------|---------------------|
| Vance Recovery, PC | 510 B Dabney Dr. Henderson, NC 27536-3946 | 252-572-2625 | Y |

SUD Residential (Low/Medium/High)

| Provider | SUD Residential Level (Low/Medium/High) | Site Address | Facility Phone Number | State Funding (Y/N) |
|--|---|---|-----------------------|---------------------|
| Alliance Rehabilitative Care, Inc. - Addiction Recovery Center for Men | (SA Halfway House) | 1020 County Home Rd Henderson, NC 27536-5474 | 252-492-8699 | Y |

Substance Abuse Intensive Outpatient (SAIOP)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|--|---|-----------------------|---------------------|
| Alliance Rehabilitative Care, Inc. - Back on Track | 510 Dabney Dr Henderson, NC 27536-3946 | 252-492-8699 | Y |

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|----------|--------------|-----------------------|---------------------|
| N/A | | | |

Office Based Opioid Therapy (Suboxone)

| Provider | Site Address | Facility Phone Number | State Funding (Y/N) |
|--|---|-----------------------|---------------------|
| Alliance Rehabilitative Care, Inc. - Back on Track | 510 Dabney Dr Henderson, NC 27536-3946 | 252-492-8699 | Y |
| Lilyco Services, LLC | 112 W Winder Street Henderson, NC 27536-4239 | 919-395-8032 | N |

Specialty Providers (provider of an SUD Service to a specific population)

| Provider | Specific Population Served | Site Address | Facility Phone Number | State Funding (Y/N) |
|----------|----------------------------|--------------|-----------------------|---------------------|
| N/A | | | | |

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Outpatient SUD Therapy (individual, group, family)

| Provider | Outpatient SUD Therapy Types (Individual, Group, Family) | Site Address | Facility Phone Number | State Funding (Y/N) |
|---|--|---|-----------------------|---------------------|
| Daymark Recovery Services - Vance County | | 943 W. Andrews Ave., STE H Henderson, NC 27536-2562 | 828-264-8759 | Y |
| Alliance Rehabilitative Care, Inc. - Back on Track | | 510 Dabney Dr Henderson, NC 27536-3946 | 252-492-8699 | Y |
| Infinite Possibilities, Inc. | | 314 S Garnett St Henderson, NC, 27536-4575 | 252-431-1926 | N |
| Vance Recovery, PC | | 510 B Dabney Dr. Henderson, NC, 27536-3946 | 252-572-2625 | Y |
| Lilyco Services, LLC | | 112 W Winder Street Henderson, NC 27536-4239 | 919-395-8032 | N |
| Higher Aspiration Behavioral Healthcare, LLC | | 109 South Elm St Creedmoor, NC 27522-9181 | 336-500-2403 | N |
| Women, Children, and Family Counseling Services, PLLC | | 804 S Garnett St Henderson, NC 27536-4571 | 252-395-5158 | N |

Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

| Provider | Service Category | Site Address | Facility Location County | Facility Phone Number | State Funding (Y/N) |
|--|--|--|--------------------------|-----------------------|---------------------|
| Freedom House Recovery Services – Lake Area Health Care | CCC | 126 N. Main St. Warrenton, 27589-1922 | Warren | 252-879-0091 | Y |
| RHA Behavioral Health NC, LLC - RHA Roanoke Rapids Treatment Center | CCC | 60 NC Highway 125 Roanoke Rapids, 27870-6304 | Halifax | 252-537-6619 | Y |
| Freedom House Recovery Center, Inc. - Lake Area Counseling Halfway House | SUD Residential (supervised living moderate) | 519 Walker Ave Norlina, 27563-9791 | Warren | 919-942-2803 | Y |
| RHA Behavioral Health NC, LLC - RHA Roanoke Rapids Treatment Center | SAIOP | 60 NC Highway 125 Roanoke Rapids, 27870-6304 | Halifax | 252-537-6619 | Y |

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| | | | | | |
|---|--|--|------------------|--------------|------------|
| Freedom House Recovery Services – Lake Area Health Care | SAIOP | 126 N. Main St. Warrenton, 27589-1922 | Warren | 252-879-0091 | Y |
| Edwards' Assessments and Counseling, Inc | SAIOP | 321 Highway 125 Roanoke Rapids | Halifax | 252-535-1070 | Y |
| Vision Behavioral Health Services, LLC | | 104 N Main St, STE 200 Louisburg, 27549-2516 | Franklin | 919-496-7781 | Y |
| Spring Life Behavioral Care, LLC. | SAIOP | 109 Long Cir Roanoke Rapids, 27870-3162 | Halifax | 252-535-6400 | N |
| Spring Life Behavioral Care, LLC | Office Based Opioid Therapy (Suboxone) (Halifax) | 109 Long Cir Roanoke Rapids, 27870-3162 | Halifax | 252-535-6400 | N |
| UNC Horizon Daybreak Residential Program | Pregnant/Parenting Females | 1105 W. NC Hwy-Bypass Chapel Hill 309 Crutchfield St, Durham | Orange Durham | 919-966-9803 | Y N |

Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

Five County Regional Stepping Up Initiative

MH and SA Court Development in Halifax County

Project Lazarus: Vance County

Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime For Life

Crisis Intervention Training (CIT)

Whole Health Action Management (WHAM)

Other

Granville-Vance Health Department MAT provision through integrated primary care model

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Cardinal Innovations Points of Contact

| Title | Name | Contact Number |
|---------------------------------------|--------------------------|----------------|
| Regional Medical Director | Position Vacant | |
| Medical Director of SUD Services | Dr. Tedra Anderson-Brown | |
| Senior Community Executive | Elliot Clark | |
| Regional CURES Committee Chair | Christine Beck | |
| Regional Network Manager | Kelly Watkins | |
| Quality Management Manager | Michael Norton | |
| I/DD Care Coordination Manager | Tom Wilson | |
| MH/SUD Care Coordination Manager | Jennifer Jennings | |
| Regional Community Engagement Manager | Lynn Inman | |
| Regional Member Engagement Manager | Deborah Hendren | |

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