

# Triad Region Consumer & Family Advisory Committee Meeting Minutes

October 12, 2020 | Via Webex

|   | Committee Members<br>(in no prescribed order including<br>County served and community<br>area of focus) | Additional Context   | Voting Member<br>Present = P<br>Absent = A |
|---|---|--|--|
| 1   | Matt Potter (Forsyth; IDD & MH)   | Triad CFAC Chair - Meetings  | P  |
| 2   | Ricky Graves (Rockingham; MH)   | Triad CFAC Chair – Policies & Procedures Lead  | P  |
| 3   | Tim Gallagher (Forsyth; IDD)  | Triad CFAC Chair - Advocacy  | A  |
| 4   | Sarah Potter (Forsyth; IDD)   |  | P  |
| 5   | Julie Whittaker (Davie;<br>MH/SU/IDD)   |  | P  |
| 6   | Dennis Lynch (Forsyth; MH/SU)   | Chair - MH/SUD Advisory Committee  | P  |
| 7   | Pam Goodine (Forsyth; SU/MH)  | Peer Support Specialist & Educator   | P  |
| 8   | Obie Johnson (Forsyth; SU)  | Immediate Past Chair   | P  |
| 9   | Terry Cox (Forsyth; MH/SU)  | Cardinal Board Member and Peer Support<br>Specialist   | P  |
| 10  | Glenda Smith (Davie; MH)  |  | P  |
| 11  | Kelly Owens (Forsyth; MH/SU)  |  | P  |
| 12  | Lakessiah Henderson (Forsyth;<br>MH/SU)   |  | P  |
| 13  | Mary Miller (Forsyth; MH)   | Immediate Past Vice Chair  | P  |
| 14  | Mary Anecelli (Forsyth; MH)   |  | P  |
| 15  | Gladys Christian (Forsyth; MH)  |  | A  |
| 16  | Abbi Jackson (Davidson; MH/SU)  |  | A  |
| 17  | Sam Gavurin (Forsyth; MH)   |  | A  |
| <b>Staff:</b><br><b>Cardinal Innovations Healthcare</b> |   |  | <b>Non- Voting</b>                         |
| A   | Stacey Inman  | Member Engagement Regional Manager   |  |
| B   | Bob Scofield  | Member Engagement Specialist   |  |
| <b>Guests</b>   |   |  | <b>Non-Voting</b>                          |
| i   | Joan Lynch  |  |  |
|   | Stacey Harward  | Community Engagement Specialist;<br>Community Engagement & Empowerment<br>Team at the Division of Mental Health,<br>Developmental Disabilities, and Substance<br>Abuse Services; NCDHHS<br><i>Lived Experience with TBI &amp; Depression</i> |  |
| ii  | John Carrol   | Peer Support Specialist (Forsyth)  |  |
| iii   | Bob Crayton   | Central CFAC, Chair  |  |

**I. Call to Order/Moment of Silence/Housekeeping Items**

Matt Potter will Chair the meeting. He called the meeting to order at 6:01 p.m.

King confirmed all attendees to phone numbers who were calling in on the phone.

King provided an update on stipends. All stipends from past meetings have been processed. Those who haven't received September's meeting, look for it Friday/Saturday.

King provided an update on Cardinal staff support and will provide Cardinal staff on the WebEx meetings moving forward.

Bob Scofield shared Nov 5, 10 a.m. to 1:30 p.m., doing a webinar on the Adverse Childhood Experience Study with three outstanding speakers.

## II. Public Comments

Julie Whittaker reported that NAMI Northwest Piedmont led multiple meetings that prioritized the most important things to lobby to the state. Their top three concerns voted on and reported to the recent CFAC regional meeting were:

1. People with dual diagnoses are sometimes blocked from receiving both services at the same time.
2. Doesn't seem to be enough housing across the board for all disability areas.
3. Particularly during COVID, people are having difficulty getting access to the right kinds of services for them.

## III. Approval of the September 14, 2020 Meeting Minutes

Matt Potter explained to the members that the following motion and vote is conducted by Roberts Rules.

Matt requested a motion to approve the minutes from September 14, 2020 meeting as amended Mary Miller motioned to accept the minutes as presented. Ricky Graves seconded the motion.

Comments were made on changes to the minutes and King Jones corrected them as they were reviewed. Points of discussion were:

There was a disagreement that Abbi remain a representative of the Bonnie Schell because the committee has dissolved.

It was stated that the grievance process needs to be clarified from what's in the minutes. It's not accurate, the explanation is incorrect. Matt explained (but doesn't support) and King reiterated, it's important to keep in mind that Cardinal, on a corporate level, does not require specific details to be in the minutes and not be a transcript. It only should reflect key components and issues. This also keeps the length of the minutes down for ease of taking minutes and reviewing. However, King agrees that this could have been detailed more accurately and can be edited. Jill explained the distinction of the acknowledgement letter and the resolution letter in the appeal and helped her understand that process, with further discussion around limiting exact detail and specific names in a public record such as these minutes.

Two Bonnie Schell applications were received and were voted on, and the expense was taken from the CFAC budget, and the exact information surrounding this wasn't in the minutes and can be added. The training is for peer support specialist, and not to be certified, which needs to be clarified.

The stipend check issue under housekeeping isn't accurate in that it should have specific names and explanations of occurrences and situations. King added a statement with the requested detail. Matt

explained that the minutes need to be written to get the attendance, and then the stipend can be processed and there was a delay in September's process. For that month, no one has received them yet but should be out soon. King explained why some stipends are \$25 and some are \$49, it depends on the meeting group. This is outlined in the By-laws.

King is adding the two people who received peer support training by Pam Goodine.

The minutes are approved as amended, votes as follows:

Anneceilli, Mary, no vote

Cox, Terry, yes

Goodine, Pamela, yes

Graves, Ricky, yes

Henderson, LaKessiah, abstains

Johnson, Obie, yes

Lynch, Dennis, yes

Miller, Mary, yes

Owens, Kelly, abstains

Potter, Sarah, yes

Smith, Glenda, yes

Whittaker, Julie, yes

Discussions surround the stipend payment; there's a conflict where Cardinal states all stipend payments have been made up to September, but members are claiming they haven't received stipends from before that. Cardinal should continue to follow up until a member is satisfied that they have received their stipend.

Obie Johnson motioned that someone is designated to revisit this issue of missing stipend payments. LaKeesiah Henderson seconded the motion.

We formally establish an agreement that Cardinal will continue to not only interface with these issues but will follow up with the issues at coming meetings. A formal report from Stacey Inman, our liaison, will be provided and follow up if necessary.

The motion was reiterated. Stacey Inman is the liaison for the members and will be the person to follow up on stipend payments when requested. Bob Scofield will fill in as a secondary person if Stacey for any reason if unavailable.

The following votes are to approve the motion:

Anneceilli, Mary, no vote

Cox, Terry, yes  
Goodine, Pamela, yes  
Graves, Ricky, yes  
Henderson, LaKessiah, yes  
Johnson, Obie, yes  
Lynch, Dennis, yes  
Miller, Mary, yes  
Owens, Kelly, yes  
Potter, Sarah, yes  
Smith, Glenda, yes  
Whittaker, Julie, yes

#### IV. New Business

- a. **Relational Agreement update** - Southern and Northern will be reviewing at next month's meeting, Triad and Central have approved.
- b. **CFAC Annual Report** – submitted! Matt Potter will present at the Board meeting.
- c. **Existing Data Sources** – Jill Queen has transitioned out of her role in QM and Michael Norton has taken her place to attend meetings and provide information as Jill has done in the past. Michael re-introduced himself. Jill spoke about a new QA/QI plan and shared the executive summary with the members.
- d. **4<sup>th</sup> Board Seat**  
Obie Johnson motioned to table the 4<sup>th</sup> Board seat to November. Ricky Graves seconded the motion.

The voting is as follows:

Anneceilli, Mary, no vote  
Cox, Terry, yes  
Goodine, Pamela, yes  
Graves, Ricky, yes  
Henderson, LaKessiah, yes  
Johnson, Obie, yes  
Lynch, Dennis, yes  
Miller, Mary, yes  
Owens, Kelly, yes  
Potter, Sarah, yes  
Smith, Glenda, yes

Whittaker, Julie, yes

## V. Old Business/Reports

### a. State CFAC

Last month Kelly Freedlander: meeting was about the direct support crises we're in now. This Wednesday is the state CFAC meeting.

### b. Forsyth

#### ➤ CAC

➤ **MH/SU Advisory Committee:** Homestead report on housing, looking at the local situation for the homeless and after perhaps we can team up with NAMI

➤ **IDD Advisory Committee:** typical and a good productive meeting; Christine Beck from Cardinal Clinical spoke about the Innovations Waiver and the wait list.

➤ Pam Goodine explained the virtual NC Peer Support Celebration Day 10.22.2020, join on Facebook on NC Hope page

### c. Other counties

### d. Regional Steering Committee (updating By-laws)

### e. Bonnie Schell

## Cardinal Innovations Health Updates

Friday is Cardinal's Board meeting

## VI. Comments & Adjourn

The remainder of the agenda items were passed over because of the lateness of the meeting end.

Matt Potter adjourned the meeting at 8:05 p.m.

Submitted by:

***Laura Wilkicki October 16, 2020***