

Southern Region Consumer & Family Advisory Committee Meeting Minutes
July 21, 2020 | 6:00 P.M. - 8:00 P.M. Via WebEx

Committee Members	Voting Member Present = P Absent = A
CFAC Chair-Beverly M. Morrow	P
Crista Aldridge	P
Jean Anderson	P
Terri Clark	P
David Fleck	A
Michelle Joshua	P
Tina Marshall	A
Toni Partlaw	A
Hezekiah Anderson	P
Mary Sechler	P
LaRhonda Watkins	P
Jeffery Phillips	P
Jessica Aguilar	A
Maria Shannon	P
Staff	Non- Voting
King Jones-Director, Community Health & Wellness	P
Laura Wilkicki, note taker	P
LaKeisha McCormick-Community Operations Manager- Southern Region	P
DHHS	
Stacey Harward-DHHS	P
Guests	Non-Voting
Marilyn Sierra	P

Call to Order/Welcome/Introductions

Beverly Morrow, Chair, called the meeting to order at 6:06 p.m.

Public Comment

No public comments were made.

Agenda Approval

Beverly approved the agenda with no oppositions.

Minutes Discussion/Approval

- Under staff, Jill Queen title is not correct
- Marty Kinsley was a guest, where is she from?

- Throughout is misspelled throughout the minutes
- Questions from CFAC members under old business, Beverly Morrow clarified as of...what does this pertain to? Need clarification
- Latino... first bullet, conference calls should be circle of friends Union county. Also, there were several other individuals that attended; Cabarrus and Rowan, the Arc of NC, said two others couldn't understand
- Third page under Yalanda updates Cardinal Innovations, first bullet...should indicate what the panel discussion was about...varies on healthcare and systemic racism.

Mary Sechler made a motion to approve the minutes. Hezekiah Anderson seconded.

All in favor. Motion carried.

Old Business

- CFAC Terms Beverly M Morrow
 - Hezekiah Anderson drew one year
- Transition To Community Living (TCL) Beverly M Morrow
 - Excellent presentation at the last meeting. From this membership, do we want to continue looking into TCL. We received the annual report, not sure which year. Please review it. We should perhaps just check in on the progress through the annual report. No oppositions towards this suggestion.
- Quality Management Annual QA/QI Plan Beverly M Morrow
 - Members were asked to send information to Jill the QA QI Plan. Beverly received something from Jessica, just making the deadline. We received something from LaRhonda but was very late and never received, but that will be shared but too late to be in the plan. Christa sent questions to Jill Queen who submitted to director. Jill answered in two parts which was described in detail. Answer was satisfactory.
- Latino Committee Report Maria A. Shannon
 - Have been working in the past weeks. June 12 meeting was the first meeting led by Jessica. There are 5 support group leaders participated and discussed how we can unify the Latino families and provide information. Email, social media, etc. goal is to have meetings with the parents and 15-25 families per group, trying to increase that number. Yalanda putting Relational Tool Kit packets. Maria explained what was discussed at the meeting.
 - We need more support from Cardinal, need more bilingual communications.
 - Asks that we search and find for the next meeting, two agencies that will work directly with the community that are bilingual.
 - We will have a subcommittee meeting hopefully next month.
 - Discovered that some of the CFACs have their own Facebook page. We need to move the communication to social meeting and wants a southern CFAC page in English and Spanish. Jean said some of the CFAC groups have a Facebook page, but we need to get all this

information out to the community, and we could use a page that we could refer them to, perhaps run by Members. King responded that our Communications department will not approve this run by Cardinal but will follow up. LaKeisha commented that pages not run by Cardinal and run by free-standing council, the social benefits of the page would be able to post what you want. We could form a committee and run by the Chair and the Vice Chair, and vote on it for next meeting. However, this CFAC is Cardinal's group and not independent but is self-governing. Hezekiah will volunteer for the committee. Defer to end of meeting for more discussion if there's time, or for next meeting.

At the end of the meeting, the following volunteers were established for the committee.

Jessica, Jeff, Michelle, Beverly, Christa, and Hezekiah will start the lead.

Jeff asked for all the minutes to the meetings from last July, and LaRhonda offered to gather them send once Jeff informs of the address.

Maria will need to work with LaKeisha McCormick, Cardinal staff.

Member Admission:

Marilyn was at the last meeting, has applied to be a Member of Southern CFAC. Terri Clark has been stated as one of the references and would be an excellent addition and is bilingual.

Mary Sechler motioned to accept Marilyn Sierra as an official voting Member. Terri Clark seconded the motion.

All in favor. Motion carried.

Other discussion:

Jean discussed how hard it is for someone with mental health issues to get help and gave an example of someone in this situation. Hospitals need to be informed on certain situations when it comes to mental health.

New Business

- Roles and Responsibilities of CFAC Beverly M Morrow
 - Participated in a webinar on July 9 on Roles and Responsibilities for the CFAC. To be a member of CFAC, we need team participation by everyone. Also, to critique the system and let Cardinal know. Jean added that a lot of people don't understand the roles and the difference between the state and local levels. It is suggested that you write the state level to make a request.
- Six Statutory Requirements Beverly M Morrow

Everyone should have a copy of it. Beverly read through them.

1. Business Plan

There is a committee but has not met, so there is no date as to when this needs to be completed.

2. Service Gaps – B3 Services

There is a problem with providers who are supposed to provide B3 services, but don't. Need to do some research on this as a new initiative for this fiscal year. Jeff Phillips concurred and invited perhaps King for some guidance as a provider.

3. Submit Findings & Recommendations to State

Jean Andersen

We should do this in writing, track what we said and include it in the annual report. The movement to tailored and standard plan brings concerns with inconsistencies. Cardinal needs to bring problems to the state, and CFAC Members can do the same. We need to take advantage of the state and local collaboration; urging Members to attend their calls.

Things to work on:

- B3 services
- Availability of direct report services-staffing issues
- How to help the kids in the school system that have behavioral issues to get them their education. We need to investigate this, as it correlates something that Cardinal can do to help with the initiative. We need to get started with this as we're in the first month in the fiscal year.
- Kids not getting the appropriate attention they need during school hours.

• Annual Report

Beverly M Morrow

Written report presented to the Board putting the four regions together. Need a volunteer to write a short report based on the annual report, just five minutes, and someone to present (likely virtual). Format and content to be decided. We need a committee for the southern CFAC, but there's going to a committee for all regions. LaKeisha sent out an email to certain individuals. Jeff, LaRhonda, and Jessica volunteered. King suggested a uniformity of efforts.

• Latino Conference

Beverly M Morrow

Would like a plan to form a committee and run this for this fiscal year. Terri, Maria, Jessica, Marilyn, Michelle, and Christa will help. Beverly will take the lead on the logistics and get Cardinal's participation.

7:38 p.m. Terri left the meeting

• Report Provider Council Meeting

David Fleck

Not present

- Report Cultural Competence Committee Jeff Phillips
Jeff submitted a report and will be meeting on Thursday. The finalized report and slide needs to be finalized by this September's meeting.
- Updates – Cardinal Innovations Lakeisha McCormick
LaKeisha is our new contact/support person. There are no updates but solicited for what types of things the Members would like to know. Correspond with Yalanda who gave pertinent updates. Can we let CFAC Members know of community events so they can decide to attend. It would be nice to have it in a digest kind of format, as there are frequent emails.

Action Plan

- Achieving Our Six Statutory Obligations
- New Member Solicitation
- Latino/Hispanic Community
- B3 Services/Providers
- For next meeting; Latino Committee Report. Facebook discussion. Members continued the vote for committee members as documented above
- Stacey said Thursday we are doing system advocacy, so please register if you would like and King will send that out. 12pm to 1pm, and 7pm to 8pm.

Adjournment

Be safe and sanitize your hands!

Jeff Phillips motioned to adjourn. LaRhonda Watkins seconded.

All in Favor. Motion carried. Beverly Morrow adjourned the meeting at 7:49 p.m.

Submitted by:

Laura Wilkicki **July 21, 2020**

Name/Title and date