

**Consumer & Family Advisory Committee Meeting Minutes**  
**August 13, 2018**  
**Forsyth Wellness Center**  
**650 N. Highland Ave. Winston Salem, NC 27101**  
**(Located in Highland Center)**

Committee Members	Voting Member	
	Present = P	Absent = A
CFAC Chair – Obie Johnson	P	
Co-Chair- Mary Miller	P	
Bill Donohue	P	
Dennis Lynch	P	
Gladys Christian	P	
Glenda Smith	P	
Julie Whittaker	A	
Kelly Owens	P	
Mary Anncelli	P	
Matt Potter	P	
Pam Goodine	P	
Ricky Graves	P	
Sarah Potter	P	
Terry Cox	P	
Tim Flavin	A	
Cardinal Staff	Non- Voting	
Bob Scofield-Member Engagement Specialist, CFAC Liaison-Cardinal	P	
Rhonda Blair-Project Support Specialist, CFAC Clerk-Cardinal	P	
Ronda Outlaw- Senior Community Executive-Cardinal	A	



<b>Guests Speaker(s)</b>	
None	
<b>CFAC Guests</b>	
Joan Lynch	P
Lakessiah Henderson	P
Tim Gallagher	P

**Call to Order/Introduction**

**Obie Johnson**

CFAC Chair, Obie Johnson called the meeting to order at 5:45 pm followed by a moment of silence and introductions.

**Agenda and Minutes Approval**

**Obie Johnson**

A motion was made to approve the agenda by Ricky Graves and seconded by Matt Potter with all in favor. Matt Potter made a motion to approve last months minutes and seconded by Pam Goodine with no amendments. All were in favor.

**Public comments**

**Open**

There were no public comments

**Cardinal Innovations Report**

**Ronda Outlaw**

Ms. Outlaw was unable to attend this month's meeting; therefore no report was given.

**DHHS Report**

There was no representative present from DHHS; therefore no Report was given.

**Old Business**

**Obie Johnson/ Mary Miller**

**1) Summit Meeting**

**2) CFAC Reconfiguration**

CFAC reconfiguration was addressed above. It was determined that reconfiguring the structure of CFAC and the by laws will be discussed at the upcoming summit in October. Ms. Miller mentioned the committee has five models listed as priority, the number one model being the elimination of executive CFAC and have a steering committee instead that will meet approximately three times a year in summits. She mentioned some goals of these summits will be to settle major business regarding CFAC and the main budget for Cardinal and to update state statutes. An aspiration of the summits will be for each CFAC to get to know each other and to get an idea of what is going on in each region. Terry Cox elaborated on one of the models he found intriguing. Mr. Cox noted state law requires there be three representatives from each CFAC on the Board. He proposed that combining the CFACs into a total of three would make it easier to choose who would be on the Cardinal Board. Ms. Miller acknowledged ECFAC elected Beverly Morrow as interim chair and Obie Johnson is interim chair elect during their last meeting. A formal Chair and Chair elect for ECFAC will be voted on at the summit unless they decide to expel ECFAC. Sarah Potter expressed her concern for more communication from local to state level CFAC. She mentioned that under the new HB 403 and HB 156 things will look different and in order to be heard by the State and Legislature they need to have local representation. Following Ms. Potter's comment, Pamela Goodine announced she was appointed as a representative to State CFAC in July. It was recommended that Triad CFAC give any Suggestions or concerns in writing to Ms. Goodine to take back to the State CFAC. Mr. Johnson tabled this discussion to be revisited under new business.

### **3) Prior CFAC Budget**

Members were pleased with the new budget that was approved by Cardinal. It was mentioned each CFAC member will be given \$365 to attend any trainings within the six statutory requirements. There was some concern that the amount may not be enough to cover all charges for training. It was mentioned that Bonnie Schell funds could be used in conjunction with the funds allocated for trainings to help off set some of the cost since Bonnie Schell is a fund separate from training budget issued by Cardinal. There was discussion on how to be proactive when using the funds for the trainings in order to ensure there will be enough money to cover the training expenses.

## **Reports from MH/SUD (crisis center), I/DD**

**Dennis/ Pamela/ Sarah**

**MH/SUD-** Kim Shufant from 'The I Can House' presented at last months meeting. Dr. Lynch announced the 'I Can House' was a winner for the reinvestment money from Cardinal. The 'I Can House' is an organization that works primarily with I/DD members to encourage them to overcome obstacles and not allow their disability to define them. The 'I Can House' is open to various ages and social differences.

**Crisis Center-** Obie asked about the progress of the crisis center. Bob Scofield reported with the opening of Daymark and the programming and activities at the Forsyth Wellness Center everything is going well. Dr. Lynch asked what impact will integrative care have on the functioning of Cardinal? Bob mentioned that integrative care is a state mandate and Cardinal is already taking steps toward meeting the requirements of integrative care starting with incorporating pharmaceutical care. Bill Donohue proposed CFAC build three case studies involving members with integrative healthcare needs. The object is to invite them to each meeting to have a three to five minute discussion on ways to better serve and assist them through the implementation of intergative care. Ms. Miller mentioned the social determinants model would possibly include housing, transportation and food. Bob plans to give a brief overview on integrative care at a future date.

**I/DD-** There was no significant information to report regarding I/DD; however it was mentioned a new I/DD Chair is needed and that I/DD did not receive the transportation grant.

## **ECFAC, State CFAC, Advocacy Day, Community board, Corporate Board Updates** **Obie/Sarah/Matt/Terry**

Obie gave a brief overview of the provider forum that was held on August 7<sup>th</sup>. He mentioned the progress providers and Cardinal have made in working together. He talked about the A to A initiative which involves a team from Cardinal coming to the provider meetings to give providers the opportunity to discuss any issues or concerns they may have. This is an effort to bridge the gap in the current relationship between Cardinal and providers. Obie has asked Ana Marshall to have the A to A team come to one of the CFAC meetings to elaborate further on the initiative. Advocacy Day will resume next spring. Terry Cox did not have much to report regarding the Corporate Board. He mentioned the Board will meet this weekend at Milestone in Kannapolis, he encourages everyone to

attend. He stated the agenda should already be on the website. Sarah mentioned Ronda Tatum was in attendance at the Community Board and she proposed to take a copy of the grant to the county commissioners to look over. State to Local CFAC meeting call is every third Wednesday at 7:00 pm, Bob will send out the number to everyone.

## **New Business & Action Steps**

**Obie Johnson/ Mary Miller**

### **1) New Triad budget/ Trainings/ CFAC Training Application**

The budget was discussed in old business. Glenda Smith asked "what happened to the 30% of Forsyth's funds that were not spent?" Bob stated he will find out and let them know. Mary Miller is requesting to see the new local business plan and the new Cardinal budget for this fiscal year.

### **2) CFAC meetings per year/ Cardinal support**

Triad CFAC agreed to meet 12 times a year with support from Cardinal for all meetings

## **Community Involvement Updates**

- a) Provider counsel meetings are held the first Thursday of every month at 9:00 am in the Forsyth Wellness Center at the Highland Avenue Center. Provider Forum is held every third Thursday of the month. Both meetings are open meetings.
- b) Pamela Goodine expressed interest in planning something with Lindsay at the Forsyth Wellness Center for Recovery month. She will need to let Lindsay know before September.
- c) August 20<sup>th</sup> at 4:00 pm at Central Library in the Maker Room for Peer Support Specialists that are interested in learning more about the Global Peer Recognition day.
- d) October 12<sup>th</sup>: NAMI Conference at Greensboro/ High Point Marriott
- e) October 18<sup>th</sup> 11:00am - 2:00 pm: Global Peer Recognition Day at Green Tree Peer Center.

## **Comments & Adjournment**

**CFAC Members/ Obie Johnson**

There was discussion regarding drafting a letter to give to Representative Lambeth regarding integrative health. Ms. Miller will ask Mr. Lambeth to attend the next CFAC meeting. Obie Johnson made a motion to adjourn at 7:45pm. All was in favor.

**Next Meeting- 9/10/18**

**Forsyth Wellness Center**

**650 N. Highland Ave. Winston Salem, NC 27101**

**(Located in Highland Center)**

Submitted by:

*Thonda M. Blair* | *Project Support Professional* 8/16/18

Name, Title, Date