

Central Region Consumer & Family Advisory Committee Meeting Minutes

Tuesday May 5, 2020, 5:30PM-7:30PM

WebEx (415) 655-0003 Access Code: 476-606-749

Committee Members	Voting Member Present = P Absent = A
Bob Crayton-Chair	P
Jeanette Williamson	P
Candle Hughes	P
Lea Ottinger-Vice Chair	P
Timothy Jeffers	P
Darlene Cooper	P
Stanley Cotton	A
Allen Dittmer	A
Steve Furman	A
Paula Harrington	P
Ellen Perry	P
Janet Sowers	P
Kyle Reece	P
Sharon Hartwell	A
Heather Johnson	P
Leslie Matthews	P
LME/MCO and State Staff	Non-Voting
Agency: Cardinal Innovations Healthcare Title: Director, Community Health and Wellness Name: King Jones	Present
Agency: Cardinal Innovations Healthcare Title: Regional Executive-Central Name: Ric Bruton	Present
Agency: Cardinal Innovations Healthcare Title: Manager Member Engagement Name: Deborah Hendren	Absent
Agency: Cardinal Innovations Healthcare Title: Member Engagement Specialist/CFAC Liaison Name: Felicia Williams	Present
Agency: Cardinal Innovations Healthcare Title: Project Support Professional/CFAC Clerk Name: Reina Merino	Present
Agency: Division of Mental Health, Developmental Disabilities and Substance Abuse Services NC Department of Health and Human Services, Community Engagement & Empowerment Team Title: Mental Health Program Coordinator Name: Stacey Harward	Present

Guests	Non-Voting

- I. Call to Order/Introduction** **Lea Ottinger**
Meeting began at 5:38PM. Introductions made.
- II. Consent Agenda and Minutes Approval** **Lea Ottinger**
Heather made a motion to approve the minutes from March 3, 2020. Paula seconded the motion. All in favor. Motion carried.
- III. Public Comments** **Community Member**
Welcome back to Bob!
- IV. New Business and Action Steps** **CFAC Member**
Steering Committee Report
Due to COVID-19 the summit has been pushed back until fall or spring of the new fiscal year.
- Relational Agreement
Relational Agreement has been approved by the Board and is being sent to the Regional CFAC chairs to sign. Once signed it will be sent out the Regional CFACs.
- Janet attended the Cultural Competency via conference call. They talked about trainings in June. Another meeting is scheduled for June 4th. Waiting to hear back regarding the trainings and how they will be conducted.
- PSW Committee Planning Update
Committee has not met to plan. Will met via conference call to talk about the PSW. Meeting to be held next week Monday 5/11 at 1pm. Paula to send out conference call information to those on the committee. PSW Committee Members- Lea, Ellen, Bob, Janet, Jeanette and Paula.
- Survey Impact Project Update
No questions were submitted to Stacey. Survey was sent out at the beginning of the year for review. Felicia will resend survey to CFAC members for review and Stacey's email to submit any questions regarding the survey. Discussion tabled until next meeting.
- Ongoing Discussion Regarding Membership & Recruitment
Heather has requested to see a list with members and what their discipline is to be able to see where to focus recruitment of new members. Felicia to send a copy of the list to the group.
- V. DHHS Report/CE & ET Updates** **Stacey Harward**
Friday 5/8 Webinar on Advocacy between 1:30-2:30pm. Stacey to send link to webinar when available. Digital Organizing for the effective system of advocacy will be on May 11 from 1:30-2:30pm. State CFAC meeting via WebEx on 5/13. State to Local call is on May 20th. May 11 Consumer call on COVID to ask any questions or concerns. Governor Cooper stated that Phase 1 to start on Friday 5/8.

Stacey completed the SWOT Analysis and Annual Local CFAC self-evaluation and questionnaire with CFAC group.

King sent an invite for CFAC members to participate in the Local Business plan. Janet is on the local business plan committee. Budget meeting will be on May 19, 2020.

VI. Cardinal Innovations Report

King Jones/Felica Williams

**ASK launched in April. Access Crisis line is still available. **ASK is there to be able to help reduce the trips to the ER. King to send out a one pager cheat sheet to use for reference. There is also the HELP4NC hotline available. There has been a very positive response from the new **ASK line number. All Regional Health Council groups have met for the second time. Getting ready to get started on the Regional Health Improvement Plans. Central RHC will meet me on August 24, 2020. Still working on getting the County Advisory Council's up and running.

COVID-19 Updates on Relief Fund Grants Awardee

Board approved 1 million to go out in 20 thousand increments. King sent out on Friday press release with the names of the awardees of the grant. There were several awardees from Orange and Alamance. There was at least one organization from each central region catchment area.

Member Engagement Updates

May newsletter and resource information being sent out with information on COVID-19. On May 8 Carrboro, NC is having a food distribution at the Carrboro High School from 12:30-2:00PM. May is Mental Health Awareness month and Cardinal Innovations is working on virtual events. Will be sending out information on events when finalized. Beginning July 1st Cardinal managers will be covering the CFAC meetings. For the Central Region that would Lynn Inman.

VII. Community Involvement Updates/Comments

Annual reports due next month. NC Tide has been rescheduled for June 28-July 1, 2020, with possibility that it may not happen.

Jeanette gave a brief overview of her attendance to the One Community in Recovery conference on March 11-March 13.

VIII. Adjournment

Meeting Adjourned at 7:21 PM

Next Meeting will be June 2, 2020

Submitted by:

Reina Merino-Project Support Professional 3/6/2020

Name/Title and Date