

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

FOR MENTAL HEALTH HELP FAST:

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Granville County: Opioid Resources

Access to Care Line 24/7	
Cardinal Innovations Healthcare	1-800-939-5911

Mobile Crisis			
Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services		1.866.275.9552	Y

Comprehensive Community Clinics				
Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
N/A				

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
R.J. Blackley ADATC	100 W H St. Butner,NC	919-855-4716	N

Inpatient without SUD Beds			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Prevention Providers (Substance Abuse Block Grant)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Opioid Treatment Program (Methadone/Suboxone) (OMT)			
Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Revised: 10/30/2020

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SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Higher Aspiration Behavioral Healthcare, LLC		109 South Elm St Creedmoor,NC	336-500-2403	N
Central Community Services, LLC		912 College Street Oxford,NC	919-692-1248	Y
Pinnacle Counseling Services, PLLC		106 W Church St Creedmoor,NC	919-885-4046	N

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Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Horizon – Residential Program	Pregnant/Parenting Females	1105 W. NC Hwy-Bypass Chapel Hill, NC	Orange	919-966-9803	Y
Daymark Recovery Services	CCC	943 W. Andrews Ave. Henderson, NC	Vance	828-264-8759	Y
Freedom House Recovery Services- Lake Area Health Care	CCC	126 N. Main St. Warrenton, NC	Warren	252-879-0091	Y
RHA Health Services, Inc.- RHA Roanoke Rapids	Treatment Center	60 NC Highway 125 Roanoke Rapids, NC	Halifax	252-537-6619	Y
Vision Behavioral	CCC	104 N. Main St., Ste. 200 Louisburg, NC	Franklin	919-496-7781	Y
Recovery Innovations, Inc.	Inpatient/Non-Hospital Detox	300 Parkview Dr. West Henderson, NC	Vance	252-438-4145	Y
Alliance Rehabilitative Care, Inc.	SUD Residential (SA Halfway House)	1020 County Home Rd. Henderson, NC	Vance	252-492-8699	Y
Freedom House Recovery Services – Lake Area Counseling Halfway House	SUD Residential (supervised living moderate)	519 Walker Ave. Norlina, NC	Warren	919-942-2803	Y
RHA Roanoke Rapids Treatment Center	SAIOP	60 NC Highway 125 Roanoke Rapids, NC	Halifax	252-537-6619	Y
Freedom House Lake Area Health Care	SAIOP	126 N. Main St. Warrenton, NC	Warren	252-879-0091	Y
Alliance Rehabilitative Care, Inc. – Back on Track	SAIOP	510 Dabney Dr. Henderson, NC	Vance	252-492-8699	Y
Edwards' Assessments and Counseling, Inc	SAIOP	321 Highway 125 Roanoke Rapids, NC	Halifax	252-535-1070	Y
Vision Behavioral Health Services, LLC	SAIOP	104 N. Main St. Louisburg, NC	Franklin	919-496-7781	Y
Spring Life Behavioral Care, LLC.	SAIOP	109 Long Circle Roanoke Rapids, NC	Halifax	252-535-6400	N
Spring Life Behavioral Care, LLC	Office Based Opioid Therapy (Suboxone)	109 Long Circle Roanoke Rapids, NC	Halifax	252-535-6400	N
Durham Recovery Response	Inpatient / Non-Hospital Detox	309 Crutchfield St. Durham, NC	Durham	919-560-7305	N
Vance Recovery, PC	Opioid Treatment Program Methadone/ Suboxone OMT	510 B Dabney Dr. Henderson, NC	Vance	252-572-2625	Y

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Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

Stepping Up Initiative

Alamance Citizens for Drug Free NC

Justice Advisory Council

Community and Stakeholder / SUD Specific and Supported Trainings

Opioid 101

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Other

Cardinal Innovations Points of Contact

Title	Name	Contact Information
Regional Executive	Elliot Clark	919-608-7894 Elliot.Clark@cardinalinnovations.org
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