

**Triad Region Consumer & Family Advisory Committee**  
**Meeting Minutes**  
**November 9, 2020 | Via Zoom (Chat file saved)**

	<b>Committee Members (in no prescribed order including County served and community area of focus)</b>	<b>Additional Context</b>	<b>Voting Member Present = P Absent = A</b>
1	Matt Potter (Forsyth; IDD & MH)	Triad CFAC Chair - Meetings	P
2	Ricky Graves (Rockingham; MH)	Triad CFAC Chair – Policies & Procedures Lead	P
3	Tim Gallagher (Forsyth; IDD)	Triad CFAC Chair - Advocacy	P
4	Sarah Potter (Forsyth; IDD)		P
5	Julie Whittaker (Davie; MH/SU/IDD)		P
6	Dennis Lynch (Forsyth; MH/SU)	Chair - MH/SUD Advisory Committee	P
7	Pam Goodine (Forsyth; SU/MH)	Peer Support Specialist & Educator	P
8	Obi Johnson (Forsyth; SU)	Immediate Past Chair	P
9	Terry Cox (Forsyth; MH/SU)	Cardinal Board Member and Peer Support Specialist	P
10	Glenda Smith (Davie; MH)		P
11	Kelly Owens (Forsyth; MH/SU)		P
12	LaKeesiah Henderson (Forsyth; MH/SU)		P
13	Mary Miller (Forsyth; MH)	Immediate Past Vice Chair	P
14	Mary Annecelli (Forsyth; MH)		P
15	Gladys Christian (Forsyth; MH)	Peer Support Specialist	P
16	Abbi Jackson (Davidson; MH/SU)		A
17	Sam Gavurin (Forsyth; MH)		A
<b>Staff:</b>			<b>Non- Voting</b>
<b>Cardinal Innovations Healthcare</b>			
	Stacey Inman	Community Operations Manager	P
	Bob Scofield	Member Engagement Specialist	P
	Trey Suttan	Chief Executive Officer	P
	Reid Thornburg	Regional Executive	P
	Karen Bentley	Vice President	P
	Dietrick Williams	Chief Operations Officer	P
	King Jones	Director	P
	Laura Wilkicki	Note taker	P
<b>Guests</b>			<b>Non-Voting</b>
	Shontell Robinson	Forsyth County	P

	Stacey Harward	Community Engagement Specialist; Community Engagement & Empowerment Team at the Division of Mental Health, Developmental Disabilities, and Substance Abuse Services; NCDHHS <i>Lived Experience with TBI &amp; Depression</i>	P
	Jean Andersen	Cardinal Board Member and Southern CFAC member	P
	Jon Carroll	Peer Support Specialist (Forsyth), military support	P
	Bob Crayton	Central CFAC Chair	P

### **I. Call to Order/Introduction**

Matt Potter called the meeting to order at 5:49 p.m.

- a. Moment of silence.
- b. Trey Suttan, Cardinal CEO comments on recent activities  
Mecklenburg and Orange counties have begun the process of disengagement. We are working with DHHS and were asked to submit today an action plan to try to resolve issues. Primarily, the issues are foster care population (a nation-wide deficit) and child placement and ED emissions and readmissions. We sent our action plan to Mecklenburg, Forsyth, and Davidson and will roll out to the remaining 17 counties over the next few days. CACP is another area of focus for the next round on improvements. Trey opened the floor to members' comments, suggestions, and questions, and invited members to share their suggestions on performance measures.

Triad CFAC Q&A, Mary Miller questions were read by Trey Suttan and addressed as above.

Discussions from the members continued about their personal experiences and disappointments with Cardinal. Trey took all positions very seriously and personally.

### **II. Public Comments**

No public comments were addressed.

### **III. Approval of October 12, 2020 Minutes**

Requested changes can be emailed to Tim Gallagher who moved the minutes approval to the next meeting.

### **IV. New Business**

- a. Appointment of the fourth board member – Terry Cox

- i. No intentional lack of transparency was noted, only that the process has been informal.

The process received from King Jones was authored by the three CFAC Board members; Beverly Morrow, Jean Andersen, and me. We received some guidance from King and Chuck. We realized that it's been more difficult than expected. Terry explained the structure of that fourth member and the previously outlined process to selection by CCAB.

Terry solicited Miss Julie's comments about that process. She commented regarding the intent of the CFAC restructure and the Bylaws Committee functioning 3 years ago, that we need to get away from the Steering Committee meeting as the decision-making body, avoiding them acting as an executive committee. The regional CFAC Chairs should coordinate these nominees and not the Steering Committee. CFAC members should not be "required" to do things beyond what other Board Members are required to do. But there is nothing wrong with providing them with opportunities to learn if they wish to enhance their knowledge base.

CIH is in competition for the next TBI waiver. Yet, at this time, TBI clients are served under the IDD umbrella, which does not fit them adequately. It is the opinion of some, that they should be welcomed to the table and heard to gain better services and supports for their situations.

- b. Involuntary commitments in our catchment area, three counties – Forsyth, Davie and Davidson – have increases while Rockingham and Stokes remains stable
- c. Transitional housing
- d. Relational Agreement – update (Ricky Graves) [not discussed due to time constraints]
- e. Fund \$250 training has been requested, motion to approve a virtual meeting in December. Matt Potter motioned to approve the training. Terry Cox and LaKeesiah Henderson seconded.

A roll call was taken in the chat. Majority in favor. Motion carried. No oppositions  
Send training requests to Pam Goodine.

- f. Jon Carrol is eligible to become an official member. Tim Gallagher motioned to accept Jon as a new member. Obie Johnson seconded. Votes were collected in chat. Majority in favor. Motion carried. Jon Carrol is officially a new member.

**V. Cardinal Innovations Health Updates /Open Discussion** [not discussed due to time constraints]

- a. State CFAC
- b. Forsyth
  - i. CAC

- ii. MH/SU Advisory Committee
- iii. IDD Advisory Committee
- c. Other Counties
- d. Regional Steering Committee (updating by-laws)
- e. Bonnie Schell

**VI. Comments & Adjourn**

Meeting adjourned at 8:07 p.m.

Submitted by:

***Laura Wilkicki, Community Operations Business Administrator***