

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

# Person County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Freedom House		877.967.8844	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Freedom House Recovery Center, Inc - Person Counseling Center of Freedom House Recovery	355 S Madison Blvd, STE C1 Roxboro, NC 27573-5485	336-599-8366	N	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

## Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

## Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Insight Human Services	665 W 4th St Winston-Salem, NC 27101-2701	336-725-8389	Federal funding

## Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Revised: 11/13/2019

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### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

### Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House Recovery Center, Inc - Person Counseling Center of Freedom House Recovery	355 S Madison Blvd, STE C1 Roxboro, NC 27573-5485	336-599-8366	Y

### Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House Recovery Center, Inc - Person Counseling Center of Freedom House Recovery	355 S Madison Blvd, STE C1 Roxboro, NC 27573-5485	336-599-8366	Y

### Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

### Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Freedom House Recovery Center, Inc - Person Counseling Center of Freedom House Recovery		355 S Madison Blvd, STE C1 Roxboro, NC 27573-5485	336-599-8366	Y

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Rehabilitated Support Services, PLLC		210 N Main St Roxboro, NC 27573-5325	336-330-8000	N
Securing Resources for Consumers, Inc. - Securing Resources for Consumers #2		225 South Madison Ave., Suite F Roxboro, NC 27573-5463	919-405-2700	N
Community Counseling Services, PC		737 Durham Rd Roxboro, NC 27573-5607	336-330-0702	N

## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Faculty Physicians - UNC Horizons Daybreak Residential Program	Residential Program for pregnant/parenting females	1105 W NC Highway 54 Byp, APT P8 Chapel Hill, NC 27516-2851	Orange	919-966-9803	Y
Morse Clinic of Hillsborough	Opioid Maintenance	129 Mayo St Hillsborough, NC 27278-2573	Orange	919-643-1739	Y
Freedom House Recovery Center, Inc	Facility Based Crisis adults	110 New Stateside Dr Chapel Hill, NC, 27516-1165	Orange	919-942-2803	Y

## Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

## Community and Stakeholder / SUD Specific and Supported Trainings

Peer Support Specialist Training

Prime for Life

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

## Other

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## Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Ric Bruton	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Kelly Watkins	
Quality Management Manager	Michael Norton	
I/DD Care Coordination Manager	Tom Wilson	
MH/SUD Care Coordination Manager	Jennifer Jennings	
Regional Community Engagement Manager	Lynn Inman	
Regional Member Engagement Manager	Deborah Hendren	

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