

COVID-19 Phone Numbers in North Carolina

This list of phone numbers will help you get answers to your questions about the new coronavirus (COVID-19) pandemic and find available resources.

For Cardinal Innovations Members

****ASK: (star star 2-7-5 on a cell phone)**

Get help for a mental health crisis and emergency quickly. Available 24-7, this line is always answered by a qualified professional or clinician.

Access/Crisis Line: 800-939-5911

Connect with behavioral health and IDD services. Available 24-7, it is always answered by a qualified professional or clinician.

For Providers in North Carolina

Hope4Healers: 919-226-2002

For NC health care professionals, EMS, first-responders, other front-line staff and their families to speak to a licensed mental health professional for support during the state's COVID-19 response.

Childcare for Essential Workers: 888-600-1685

This line is available weekdays 8 a.m. to 5 p.m. to help essential workers find care for infants and children up to age 12.

COVID-19 Triage Plus: 877-490-6642

Toll-free helpline to answer your patients' COVID-19 questions and find care. This line helps reduce demand on your staff. Callers will speak to licensed RNs. Available 7 days a week 7 a.m. to 11 p.m.

Cardinal Innovations Provider Line: 855-270-3327

Providers in the Cardinal Innovations network can call or email COVID19@cardinalinnovations.org for questions about rates, claims, TARs and other provider related questions.

For Anyone in North Carolina

Hope4NC: 855-581-3463

Mental health support for North Carolinians. Get help with coping and building resilience during COVID-19. Call 24/7 and speak to a live person.

NC Coronavirus Hotline: 866-462-3821 Text VIRUS to 336-379-5775

Nurses and pharmacists can answer COVID-19 questions such as: how it spreads, who's at risk, symptoms, precautions, and what to do if you think you have it.

Resources and Assistance: 2-1-1

Get information on available community resources to help you through the pandemic. Calls are answered by trained specialists.

No Kid Hungry NC Text FOODNC of COMIDA to 877-877

You will receive a text response with the three drive-thru or pick up sites closest to you with meals for kids during the pandemic.

Medical Emergencies: 9-1-1

Call for emergencies that require immediate assistance from police, fire or medics. Be prepared with the street address.