

Triad Region Regional Health Council Meeting Minutes

April 28, 2021

Council Members	Voting Member Present = P Absent = A
Ricky Graves, Chair	P
Susan Stevens, Vice Chair	P
Karen Bentley, Secretary, Interim	A
Don Martin, CAC Forsyth Chair	P
Rebekah Shoup	A
Scott Craver	P
Suzanne Wright	P
Felissa Ferrell	P
Kimberly Clayton	A
Kara Cody, CAC Davie Chair	P
Sheila Lee	A
Cecil Cottrell, CAC Rockingham Chair	P
Jackie White, CAC Davie Co-Chair (for Julie Whitaker, CAC Davie Chair)	P
Cardinal Staff	Non- Voting
King Jones, director of member engagement	P
Laura Wilkicki, community operations business administrator	P
Cara Townsend-Dohner, director of regional affairs, triad	P
Melissa Marshburn, regional affairs manager, triad	P
Guests	Non-Voting
Stacey Harward, DHHS state liaison	A
Karen Thornburg, training consultant	P

1. Call to Order

Ricky Graves called the meeting to order at 6:05 p.m.

King Jones took attendance via screen sign-on, determined quorum.

2. Opening Remarks/Introductions

King Jones introduced Cara Townsend-Dohner as Cardinal's new Triad Regional Affairs Director.

Members introduced themselves. King has shifted his role to member engagement in January and transitioning out of RHC as of this meeting.

3. Approve Minutes January 27, 2021 Meeting

Ricky Graves requested a motion to approve the January 27, 2021 minutes as written.

Susan Stevens motioned to approve the minutes. Scott Craver seconded the motion.

No questions or concerns.

A roll call vote was taken. Majority in favor. Motion carried.

4. Public Comment

No public comments were offered at this time.

5. Regional Health Improvement Plan (RHIP) Build

King Jones reviewed the pieces in the presentation from previous meetings as a refresher; plan development efforts, over-arching opportunity statement – health disparity. Cardinal’s leadership team did some research and was able to state that we don’t have to go through the formal process to access the community reinvestment funds.

We will need an additional RHC sub-workgroup meetings mid-May/late-June to determine which projects/programs we want to use the community reinvestment funds, by June 30. Targeted amount is approximately \$250,000 per region. King will follow up on where the money goes if any unused funds are not rolled over, but anticipates that all the funds will be used, and next year we will have the same opportunity. The protocol to use the funds would be for the Medicaid or uninsured population, and the CAC’s will make recommendations to the RHC for funding. Any other community resources or programs can be gathered for potential proposal. The southern region is having a meeting in May to discuss/brainstorm and have conversations as a subcommittee prior to the June funding decision meeting, as a suggestion to this Council.

The goal of today’s meeting is to determine which programs/projects we want for the community reinvestment funds.

Opportunity Statement #1: Council agreed to keep both

- Increase transportation options for individuals to access services
- Increase availability of and access to reliable internet

Opportunity Statement #2: Council agreed to keep all three

- Increase safe, affordable housing options, including options for individuals with a criminal record
- Increasing housing options for transitional situations, including transitional age youth (17-25)
- Add supported housing and housing supports for individuals who cannot live completely independently

Opportunity Statement #3: Council agreed to keep all four

- Increase opioid treatment programs, especially in rural areas
- Increase services available to help individuals upon release from treatment or incarceration
- Increase the number of transitional housing providers for substance use disorder, especially with 24/7 admission*
- Add residential treatment options away from home*

*Tied for third most important; RHC can vote to remove one or keep both

Opportunity Statement #4: Council agreed to keep only the second one

- Explore integrated care collaboration models and/or co-located services
- Increase mobile engagement
- Explore the possibility of Community Health Grants

Opportunity statement #5: Council agreed to keep the first two

- Increase appropriate services for individuals
- Add IDD Support training, such as the training provided by Horizons ICF
- Advocate for rate increase at the State level

Opportunity statement #6: Council agreed to keep all three

- Increase suicide prevention efforts
- Increase amount of crisis/transitional housing
- Increase virtual access, including app options such as PYX Health

Ricky Graves requested a motion to accept all the chosen initiatives above under each opportunity statement for use of community reinvestment funds.

Susan Stevens motioned to keep the initiatives as stated. Don Martin seconded the motion.

A roll call vote was taken. All in favor. Motion Carried.

6. Community Advisory Council (CAC) Updates

Rockingham County, Cecil Cottrell: The council was brought back together in March with King Jones, Rahim Skinner, and Stacey Inman and we elected officers. The opportunity statements and initiatives were reviewed, and they made progress. A prep meeting was held in April in prep for the RHC meeting. The Council looked more closely at transportation and internet services in hopes to make an impact. A June meeting was scheduled and anticipate forming a subcommittee in the near future.

Davie County, Kara Cody: The Council had issues with quorum, so a meeting was added in April to make progress. The council had an in-person workgroup in April and discussed the mobile bus unit. The Council has been working with the schools to work on hotspots, discussed with our commissioners for county-wide internet access, discussions with providers on transitional/integrating housing, mobile engagement staffing, collaborative care, some funding for the DC Connects Wellness Programs.

Forsyth County, Don Martin: The Council met in January, February, and March reviewing the six opportunity statements with four guest speakers related to those six opportunity statements about housing opportunities, community hub, overdose, and mobile health. Two subcommittees were formed, one for transportation and one for housing and met in March. The transportation group had some exploration discussions, and the housing group identified four areas in Forsyth that we can begin working on around the Horizons park location expansion, the Commons, the courthouse, and suburban housing opportunities. The next meeting is Friday, May 7 and will continue these conversations and on some small projects. The council has had good attendance other than in March.

Davie County, Jackie White (co-chairs with Julie Whittaker): The Council worked with the school system on helping staff and students work during the pandemic, and used mobile engagement frequently. They formed two subcommittees on suicide prevention working with Insight Human Services. They used BHUC several times which was fabulous. The Council has had fairly good attendance, with King's guidance and the help of the Wellness Center folks.

Stokes County: no one present to give an update.

7. Closing Remarks

There were no other discussion topics, comments or concerns. There are no remaining agenda items. Next meeting is Wednesday, July 28, 2021

8. Adjournment

Ricky Graves adjourned the meeting at 7:17 p.m.

Submitted By: Laura Wilkicki, Community Operations Business Administrator