

# Central Region Consumer & Family Advisory Committee Meeting Minutes

Monday September 30, 2019 6:00-8:00PM

Cardinal Innovations Healthcare 201 Sage Road, Suite 100A, Chapel Hill, NC 27514

Committee Members	Voting Member Present = P Absent = A
Bob Crayton-Chari	P
Jeanette Williamson	P
Candle Hughes	P
Lea Ottinger-Vice Chair	P
Timothy Jeffers	P
Darlene Cooper	A
Stanley Cotton	A
Allen Dittmer	P
Steve Furman	P
Paula Harrington	P
Ellen Perry	P
Janet Sowers	P
Kyle Reece	P
<b>LME/MCO and State Staff</b>	<b>Non-Voting</b>
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Director, Community & Member Engagement <b>Name: Emily S Bridge</b>	Present
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Manager Member Engagement <b>Name: Deborah Hendren</b>	Present
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Member Engagement Specialist/CFAC Liaison <b>Name: Monae Davis</b>	Absent
<b>Agency:</b> Cardinal Innovations Healthcare <b>Title:</b> Project Support Professional/CFAC Clerk <b>Name: Reina Merino</b>	Present
<b>Agency:</b> Division of Mental Health, Developmental Disabilities and Substance Abuse Services   NC Department of Health and Human Services, Community Engagement & Empowerment Team <b>Title:</b> Mental Health Program Coordinator <b>Name: Stacey Harward</b>	Present
<b>Guests</b>	<b>Non-Voting</b>
Jamezetta Bedford-Orange County Commissioner	Present
Ric Bruton-Central Region Senior Community Executive	Present
Felicia Williams-Member Engagement Specialist	Present
Courtney Welbourne-Guest	Present
Teresa Hughes-Guest	Present

**I. Call to Order/Introduction**

**Bob Crayton**

Meeting Called to order at 6:10PM. Introductions made.

**II. Consent Agenda and Minutes Approval**

**Bob Crayton**

Ellen made a motion to accept the minutes with the corrections noted. Lea seconded the motion. All in favor.

**III. Public Comments**

**Community Members**

No public comments

**IV. Special Presentation Preview**

**Ellen Perry**

Special presentation preview by Ellen Perry. Presentation being given at the Peer Support Workshop on Friday October 4, 2019. Feedback was given to Ellen to prepare for her presentation on Friday at the Peer Support Workshop.

**V. Cardinal Innovations Updates**

**Deborah Hendren**

EFT forms provided to CFAC members for direct deposit of stipends and mileage reimbursement.

Deborah went over several flyers for different events happening in the community.

Cardiovascular Health & Brain Health Free Buffet Lunch on October 16, 2019 11:30-1:30PM at the Golden Corral in Burlington, NC.

Family Peer Support Job Posting will be based out of Raeford, NC. Information provided.

Annual Downtown Graham Pumpkin Bash on October 25<sup>th</sup> from 6-9PM at the Graham Courthouse Square. Lea interested in having a table to handout candy for Trunk or Treat. Lea made a motion to have a table and for money for candy. Candle seconded the motion. All in favor with 1 abstention. Volunteers needed from 5-9PM. Janet can volunteer from 6-9pm. Ellen made a motion for a \$100 not to exceed \$150 max budget for candy. Lea seconded the motion. All in favor.

On October 2<sup>nd</sup>, 2019 at 1PM is the Cherokee County Smart Start/Local Interagency Coordinating Council Team Meeting.

Kaci's Walk on October 19, 2019 at 11am in Graham, NC.

October 8, 2019 at 12-2pm is the Transition to Adulthood-Housing, Employment, and other Disability Issues at UNC School of Social Work.

September is Suicide prevention month. Proclamation from Governor Roy Cooper.

Peer Support Specialist Training on October 14, 2019 from 9am-6pm in Warrenton, NC.

Video regarding the Disability Rights Washington Breaking Barriers event was presented at the meeting.

[https://www.youtube.com/watch?v=tKzFfqq95QE&feature=youtu.be&link\\_id=2&can\\_id=1c19e49f1a0fc4729855453ce0e32343&source=email-breaking-barriers-was-a-tremendous-success&email\\_referrer=email\\_627588&email\\_subject=breaking-barriers-was-a-tremendous-success](https://www.youtube.com/watch?v=tKzFfqq95QE&feature=youtu.be&link_id=2&can_id=1c19e49f1a0fc4729855453ce0e32343&source=email-breaking-barriers-was-a-tremendous-success&email_referrer=email_627588&email_subject=breaking-barriers-was-a-tremendous-success)

Governance Structure-applications should be available November 1 through 24, Cardinal Innovations will be reviewing them from November 25 through December 3<sup>rd</sup> then making recommendations to the Board of Directors and respective County Commissioner Boards. Each region will have a Community Advisory Council in each county with a CFAC representative. That means 5 CFAC representatives appointments for 5 Community Advisory Councils.

## **VI. NC DHHS Report**

**Stacey Harward**

Save the date for Medicaid Transformation Webinars on October 7 and October 28<sup>th</sup> at 1:00PM.

Understanding and Managing Challenging Behaviors in Autism is Thursday November 14<sup>th</sup>, 2019 from 7-8:30pm.

Save the date for the Person County Town Hall Meeting October 29<sup>th</sup>, 2019 from 10:30am-12:30pm in Roxboro, NC.

## **VII. Old Business**

**Sub-Committee**

Draft of the agenda for the Peer Support Workshop. Dr. Laws called Bob to confirm Kody Kinsley's attendance and her attendace. Kody needs to be done by 10am, he has been moved up on the agenda, after the commissioner's welcoming remarks. Kody to start at 9:05-9:35. Edward Wright to start at 9:35-9:45. Ashley Conger presenting Care for NC Campaign. Ashley to be 2:00-2:30. Break will be from 2:30-2:40. Dr. Laws from 1:15-2:00PM. Bill Harris from 2:40-3:25PM. There will be brain teasers and giveaways. Jeanette volunteered to work the check in table along with Lea. Thursday 10/3/2019 meeting at OPC cardinal office to finialize the Agenda and event logistics. 7:15-7:30pm is the set-up meeting time. Parking permits for participants will be available at registration desk. Allen will be the parking attendant handing out parking permits. Bob and Monae to send out the email regarding volunteers.

## **VIII. New Business**

**CFAC Members**

### **OPC Provider Network- Jeanette Williamson**

Provider Network Council merging AC and OPC Provider Network Councils. TBD when merged vacancies will be announced for those interested. As of January 1<sup>st</sup> 2020 AC and OPC Provider Network Councils will be merged to form the Central Provider Network Council as part of the Provider Partners Council in new governance structure.

### **DWAC-Ellen Perry**

Travis from DD Council talked about NC Employment Colaborative. No minutes provided for meeting.

### **State CFAC-Bob Crayton**

Jonathan Ellis gave a great presentation on ADA "Empathy vs Sympathy". Jonathan is willing to go to the local CFACs to give the presentation. Jennifer Bowman gave an update on the LME/MCO's performance improvement projects and the goals that each LME/MCO has.

Stacey shared Benita Purcell State CFAC Chair had brain surgery. Coordinate on Friday 10/4/2019 for members to sign a card.

#### **Review 2018-2019 Annual Report-CFAC Members**

Bob prepared the Annual Report summaries for AC and OPC CFACs review by Steve and Jeanette and submitted to the Steering Committee this month to be presented to the Board in October.

#### **Membership and Recruitment-CFAC Members**

Kyle Reece is a Youth Advocate. Kyle gave a brief overview of himself. Ellen Perry made a motion to vote Kyle Reece as a new Central Region CFAC member representing MH. Lea seconded the motion. All in favor.

#### **IX. Community Involvement**

#### **CFAC Members**

Chatham Recovery Rally was a great event and there were more than 200.

December 4-6, 2019 is the Pinehurst Conference. Pinehurst is ½ off for consumers and families.

#### **X. Good of the Order**

#### **CFAC Members**

Leave of absence for Stanley discussed. Cards and notes of encouragement for Stanley. Bylaws to be reviewed regarding leave of absence and to be discussed at the next meeting.

#### **Steering Committee-Jeanette Williamson**

Steering Committee is asking for input on Summit dates for the month of December. Steering Committee would like to do a meet and greet with the Board of Directors. Board of Directors meets 12/13/19 from 9-4. Jeanette needs feedback regarding the weekend of December 13 working for the meet and greet.

Having Bylaws, Robert's Rule of Order and the Code of Conduct every month in folders for the meetings.

Jeanette made a motion for Ellen and Lea to be on the Agenda Planning Committee, Janet seconded the motion. All in favor.

#### **XI. Comments & Adjourn**

Suggestions made to start to 5:30-8:00PM or continue with the 6:00-8:00PM. Keep original time from 6:00-8:00PM.

Jeanette made a motion to adjourn. Lea seconded the motion. All in favor.

Meeting adjourned at 8:32PM

Next Meeting Monday October 28, 2019

Submitted by:

Reina Merino/Project Support Professional 10/4/2019

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Name/Title and Date