

# OPIOID ADDICTION resources

## Opioid Fact Sheet: Understanding the Opioid Epidemic

### What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

### How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

### Possible signs of addiction:

**Physical Signs:** noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

**Behavioral Signs:** shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

### What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

**Signs of Overdose:** unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

**Opioid overdose requires immediate medical attention!**

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,  
CALL 911 IMMEDIATELY AND ADMINISTER  
NALOXONE/NARCAN IF POSSIBLE**

### What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

**Anyone can administer Naloxone** and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

### I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

**For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911**

- In addition to resources listed on the following page(s), there are several national resources available to help:
  - National Helpline (SAMHSA) 1.800.662.4357
  - North Carolina Harm Reduction Coalition
  - Find food, housing, transportation, and other healthcare resources in your area at [localresources.cardinalinnovations.org](http://localresources.cardinalinnovations.org).

# Stanly County: Opioid Resources

## Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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## Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Daymark Recovery Services, Inc.		1-866-275-9552	Y

## Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Stanly Center	1000 N 1st St, STE 1 Albemarle, NC 28001-2819	704-983-2117	Y	Y
Monarch	350 Pee Dee Ave, Ste 101 Albemarle, NC 28001-4945	866-272-7826	N	Y

## Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
The Charlotte - Mecklenburg Hospital Authority dba NorthEast Psychiatric Services, CHS - CAROLINAS HEALTHCARE SYSTEM STANLY	301 Yadkin St Albemarle, NC 28001-3441	704-984-4000	Y

## Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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### Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Center For Prevention Services	1117 East Morehead Street, Suite 200 Charlotte, NC 28204-2870	704-375-3784	Federal Funding
Monarch	350 Pee Dee Ave, Ste 101 Albemarle, NC 28001-4945	866-272-7826	Federal Funding

### Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

### Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc. (Cabarrus Center) - Stanly Center	1000 N 1st St, STE 1 Albemarle, NC, 28001-2819	704-983-2117	Y

### Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

### Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Stanly Center	1000 N 1st St, STE 1 Albemarle, NC 28001-2819	704-983-2117	Y

### Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

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## Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
Veleka Y. Barbee Therapy Services, Inc.		232 E North St. Albemarle, NC 28001-4007	704-985-1088	N
Creative Counseling and Learning Solutions, PLLC		2620 W Main St Albemarle, NC 28001-7457	980-581-8144	N
DAYMARK Recovery Services, Inc.(Cabarrus Center) - Stanly Center		1000 N 1st St, STE 1 Albemarle, NC 28001-2819	704-983-2117	Y
Monarch		350 Pee Dee Ave, Ste 101 Albemarle, NC 28001-4945	866-272-7826	Y

## Regional Resources\*

\*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
Addictions Recovery Care Association (ARCA)	SUD Residential Group Living High	1931 Union Cross Rd Winston-Salem, NC 27101-6448	Forsyth	336-784-9470	Y
Carolina's Creative Counseling, PA-	SAIOP	4415 Monroe Rd Ste 100 Charlotte, NC 28205-7743	Mecklenburg	704-332-3634	N
Hope Haven, Inc.	SUD Residential	3815 N Tryon St Charlotte, NC 28206-2060	Mecklenburg	704-372-8809	Y
McLeod Addictive Disease Center, Inc	Opioid Treatment Program Methadone/Suboxone	515 Clanton Rd Charlotte, NC 28217-1309	Cabarrus, Mecklenburg	704-332-9001	Y
Monarch - SECU Youth Crisis Center, a Monarch Program	FBC Child/Adolescent	1810 Back Creek Dr Charlotte, NC 28213-2159	Mecklenburg	704-986-1500	Y
Novant Medical Group, Inc. dba Rowan	Opioid Treatment Program Methadone/Suboxone	310 Statesville Blvd, Ste 1 Salisbury, NC 28144-2368	Rowan		N

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Psychiatric Associates					
NSC Behavioral Concepts, LLC	SAIOP	507 W Innes St, Ste 105 Salisbury, NC 28144-4267	Rowan	704-603-6156	N
RHA Behavioral Health NC LLC - Cabarrus Treatment Team	SAIOP	219 LePhillip Ct NE Concord, NC 28025-2900	Cabarrus	704-721-5551	Y
RHA Behavioral Health NC LLC - Cabarrus Treatment Team	CCC	219 LePhillip Ct NE Concord, NC 28025-2900	Cabarrus, Union	704-721-5551	Y
Rising Hope Clinical Assistance, LLC	SAIOP	510 Northgate Park Dr Winston-Salem, NC 27106-3486	Forsyth	704-661-3327	N
S&H Youth and Adult Services, Inc.	SAIOP	714 S Main St Salisbury, NC 28144-5412	Rowan	704-492-9638	N

### Community and Stakeholder / SUD Initiatives

Project First Step

Project Lazarus

### Community and Stakeholder / SUD Specific and Supported Trainings

Mental Health First Aid

Prime For Life

Crisis Intervention Training (CIT)

Whole Health Action Management (WHAM)

### Other

Bridges To Recovery Transitional Housing/Treatment (704) 486-0203 (Private Pay)

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## Cardinal Innovations Points of Contact

Title	Name	Contact Number
Regional Medical Director	Position Vacant	
Medical Director of SUD Services	Dr. Tedra Anderson-Brown	
Senior Community Executive	Reid Thornburg	
Regional CURES Committee Chair	Christine Beck	
Regional Network Manager	Sharisse Johnson	
Quality Management Manager	Jill Queen	
I/DD Care Coordination Manager	Beth Monaco	
MH/SUD Care Coordination Manager	King Jones	
Regional Community Engagement Manager	LaShay Avery	
Regional Member Engagement Manager	Lakeisha McCormick	

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