

Consumer & Family Advisory Committee Meeting Minutes
December 9, 2019
Forsyth Wellness Center
650 N. Highland Ave. Suite 130, Winston Salem, NC 27101
(Located in the Highland Avenue Center)

Committee Members	Voting Member Present = P Absent = A
CFAC Chair – Obie Johnson	P
Co-Chair- Sarah Potter	P
Dennis Lynch	P
Gladys Christian	P
Glenda Smith	P
Julie Whittaker	P
Kelly Owens	P
LaKessiah Henderson	P
Mary Annecelli	P
Mary Miller	P
Matt Potter	P
Michael Thompson	A
Pam Goodine- Attended via phone	P
Ricky Graves	P
Samuel Gavurin	P

Terry Cox	P
Tim Gallagher	P
Staff	Non-Voting
Bob Scofield-Member Engagement Specialist, CFAC Liaison, Cardinal	P
Rhonda Blair-Project Support Specialist, CFAC Clerk, Cardinal	P
Reid Thornburg- Senior Community Executive, Cardinal	P
King Jones- Director of Community Health & Wellness, Cardinal	P
Deborah Hendren- Member Engagement Manager	P
Jacinta Blair-I/DD Care Coordinator, Cardinal	P
Guests	Non-Voting
Gloria Graves	P
Ronda Tatum	P
Bob Crayton	P

Call to Order/Introduction

Obie Johnson

Obie Johnson called the meeting to order at 5:45 pm followed by introductions.

Agenda and Minutes Approval

CFAC Members

Agenda-Matt called a motion to approve the December agenda as is, Ricky seconded; All were in favor.

Minutes-Matt called a motion to approve the November minutes as is, Mary seconded; all were in favor

Public comments

Community Members

There were no public comments

Cardinal Innovations Report

Bob Scofield/ King Jones

Bob informed members he will send out the CE&E report to them tomorrow. During this time on the agenda, Glenda Smith mentioned she is working on a format for a Mental Health Support Group flyer to be given to people as they are being discharged from the hospital. She is asking If anyone has any ideas or know of any MH support groups to let her know. King reminded members they still need to make a selection for a representative from CFAC to be on the Regional Health Council. He is asking that CFAC members vote during this meeting. He mentioned it was suggested that Ricky be voted in as the representative for Mental Health from CFAC if members agree. He said they will still need to select a non-CFAC member and someone to represent substance use. Obie suggested postponing the vote until 'New Business' to give members time to think about their selection. The Regional Health Council meets quarterly.

DHHS Report

Stacey Harward

Stacey was not present at this meeting therefore no report was given.

Old Business

Obie Johnson/ Mary Miller

1) Measurements of I/DD Supports and Network Adequacy

Tim Gallagher/ Sarah Potter

Sarah reported they are continuing to work on the issues. She stated Tim Gallagher mentioned he recently had an issue with provider coverage and he submitted the issue to Jill Queen. She

said he received a positive response. She said State CFAC will continue to discuss the issue as well.

2) Peer Support Barriers

CFAC Members

Kelly mentioned they are looking at how expungment could be done as a possible solution for potential Peer Support Specialists who have a record. He also mentioned there are barriers that tie into the community aside from Peer Support Specialists. He said if they are able to identify the similar barriers then they could address them at the same time. Lakessiah mentioned following through on Sarah's idea regarding writing a letter to the Legislature in reference to the peer support barriers. She suggested compiling a list of issues to build a letter. Terry mentioned the current definition of peer support does not give specialists the ability to work, as the hours they can provide to members are limited. He said the State is looking at better ways to utilize Peer Support Specialists. Sarah stated there need to be more guidelines regarding peer support. Terry indicated there need to be more education and structure in the training programs, especially moving into a tailored plan. Obie suggested that Lakessiah be the point person to draft the letter to send to the Legislature regarding the barriers and present it to CFAC for approval. Lakessiah agreed to be the point person and to draft the letter with the assistance of the other CFAC members. Obie suggested emailing Lakessiah the information.

3) Davidson County Meeting

Obie Johnson/ Sarah Potter

Glenda mentioned she knows a nurse in Davidson County who is interested in joining CFAC. Bob said he reached to find a location in Davidson to have a meeting. So far the library on Main Street in Lexington is able to provide space for the meeting. He mentioned he is also talking to some Deans at the Davidson County Community College regarding space at their location. Obie asked how does CFAC plan to get the word out to the people in Davidson County. It was suggested to put an ad in the newspaper or to put the info on Cardinal's Facebook page. Reid suggested that one person from

CFAC come to the Community Partners Meeting in Davidson County February 12, 2019 in Lexington on the second floor of the Health Department to recruit members. The meeting is at 10:00 am. He also suggested that members generate a statement to give to him so he can give it to John Giampalo to send out to the Community Partners Stakeholders in Davidson County. John is Cardinal's Member Engagement Specialist for Davidson County. King suggested putting the ad in the Cardinal community news letter or the Cardinal Info Source. Kelly suggested passing out flyers. Members agreed to create a flyer in addition to the other suggestions to forward to Bob to send to Reid to be distributed in Davidson. Members agreed to postpone having the CFAC meeting in Davidson County until March 9th so someone will have time to attend the Community Partners meeting in February.

Reports from MH/SUD/I/DD Advisories

Dennis/Mary/ Pam /Sarah

- **MH/SUD**-There was no meeting in December, therefore there is no report.
- **I/DD**-Matt mentioned he heard there was discussion regarding creating a website that shows the number of members who are on the registry. He said it was suggested to set aside a large portion of the I-DD Advisory budget to help finance the website. He stated some members of the Advisory would like to see a breakdown of the allocation of the funds before approving it. Matt said he will keep everyone up to date regarding the progress.

Steering Committee Report, State CFAC, Community board, Corporate Board Updates, Provider council

Tim/Pam/Ricky/Sarah/Matt/Terry/ Gladys

Steering Committee

- **Bonnie Schell Committee**- Pamela gave an update on the Bonnie Schell Committee. She said the application was approved at the November 7th meeting and has been uploaded to the Cardinal website. She said an announcement will be put in the community newspaper informing everyone the scholarship is available. The requirements to apply for the scholarship are as

follows: the person requesting the funds will need to be a member or family member of Cardinal and the application will have to be submitted forty five days in advance from the date of the event they wish to attend. Some members expressed that forty five days was excessive since they are not informed of some trainings that far in advance. Deborah hendren, Member Engagement Manager for Cardinal explained that the reason for the forty five day deadline is due to the lengthy process for obtaining new vendors. Lakessiah asked is there a way to obtain vendor information ahead of time so they will already be in the system when a member is ready to attend a training. Deborah stated the information can be submitted ahead of time. She went on to further explain that it became an issue with allowing exceptions to the deadline because some vendors were not in the system causing the payment process to become unmanagable. Pamela reported each region was allotted a certain amount of money but it will be reduced from \$1250 due to Triad utilizing a large portion of the funds. She stated if the funds have not been used by April the remaining amount will be put in a general pot and all regions will be able to apply for the scholarship. She said she asked if the application will still have to be submitted forty five days in advance once the transition is made. She expressed her concern that she has not received a response to this question or her question regarding a statement she said is in the Steering Committee minutes that states she was asked to recuse herself from the Scholarship in the Triad region due to her being the Chairperson of the Bonnie Schell Advisory. She said she did not agree to be recused from the scholarship in it's entirety but to step back from receiving funds when she is the facilitator for a peer support training. She said she does not feel the committee has a full understanding that the funds are for any training and not just peer support.

- **Steering Committee-**

Ricky reported the Relational Agreement information Julie shared was forwarded to Beverly. He had not heard back from her regarding if she has received everyone else's information. The committee is waiting to see if she has all of the information needed before they proceed. King mentioned he thinks the decision will be postponed until the February meeting.

- **State CFAC-**Sarah reported they discussed the suspension of Medicaid Transformation and that there are no dates since it all depends on the budget. The state will proceed with trying to extend the network and getting providers to sign up.
- **Corporate Board-**Terry reported the Corporate Board is scheduled to meet Friday, December 13th at 9:00 am at the Highland Ave Center.
- **Provider Council Report-**Gladys reported the Council did not meet this month but will resume in January. She announced due to time constraints she is not always able to give her report so starting in January she will send reports to Bob regarding updates from the meeting to distribute to CFAC on a monthly basis.

New Business & Action Steps

1) CFAC Summit

Sarah Potter

Tim reported the CFAC Summit was postponed until a later date.

2) County Budget

Reid Thornburg

Reid reported Forsyth County has implemented a new RFP process for maintenance of County funded dollars for physical health services that will begin the next fiscal year. He mentioned a lot of providers attended the mandatory interest meeting/pre application workshop. Ronda Tatum informed members that the Advisories will not have apply for funds. Mary Miller inquired about obtaining the County budget for this fiscal year. Ronda Tatum said she will send it out to the CFAC members.

3) State Distribution List

Bob Scofield

Bob announced Tim will no longer send out information regarding the State, it will be him instead. To prevent sending duplicative information he is asking that any CFAC members who do not wish to be on his distribution list please let him know and he will not send the information to them.

Statutes Addressed

CFAC Members

Gaps in Service and Local Budget

Statutory Recommendations to the Board

CFAC Members

Julie asked Terry if he had what he needed to share CFAC's recommendation regarding having a CFAC member from each region on the Board for his upcoming meeting on Friday. Terry stated that he and King thought it may not be necessary since there will be a CFAC member on the Regional Health Council. Julie voiced that she did not feel that having a CFAC member on the Regional Health Council was the same as having one on the Board. She reminded members that Chuck Hollowell informed her there was room for another seat on the board. Terry stated he would follow up regarding the matter.

Community Involvement Updates-Trainings/Conferences/Events

CFAC Members

Community Involvement-Community Partners Meeting- February 12, 2019 at 10:00 am on the second floor of the Lexington Health Department

Trainings/Conferences-

- NC "One Community in Recovery" Conference- March 11-13, 2020 at the Wyndham Garden in Greensboro. Registration is open.
- Behavior Plans for Adults With Autism Spectrum Disorders and /Or Intellectual Developmental Disabilities- January at the Education Center at Eastern AHEC January 24, 2020.
- Matt and Sarah requested \$593.06 from their CFAC training funds to attend the i2i Community Inclusion Follow-up Training in Pinehurst. Due to the \$250 Maximum per member for trainings, Mary Miller gifted the

remaining \$93.06 to them from her funds. Mary Miller called a motion to approve the request, Ricky seconded; all were in favor.

Events-Legislative Breakfast on Mental Health- Saturday, February 1, 2020 at the Friday Center in Chapel Hill from 10:00 am - 1:30 pm. Tickets are \$35. Lakessiah, Kelly, Tim, Ricky, Dennis, Julie and Obie will attend. Members agreed to have the \$35 paid out of their training funds which totals \$245.

Comments & Adjournment

Obie Johnson

Mary Miller called a motion to approve Ricky's application to become a CFAC representative on the Regional Health Council for Mental Health. Obie called a motion to adjourn the meeting at 7:57

Next Meeting- January 13, 2020
Forsyth Wellness Center
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(Located in the Highland Avenue Center)

Submitted by:

Khonda M Blain | Project Support Professional 12/12/19

Name, Title, Date