

**Triad Region Consumer & Family Advisory Committee  
Meeting Minutes | January 11, 2021 | Via Zoom**

	<b>Committee Members (in no prescribed order including County served and community area of focus)</b>	<b>Additional Context</b>	<b>Voting Member Present = P Absent = A</b>
	Matt Potter (Forsyth; IDD & MH)	Triad CFAC Chair	P
	Tim Gallagher (Forsyth; IDD)	Triad CFAC Vice Chair - Advocacy	P
	Ricky Graves (Rockingham; MH)	Triad CFAC Chair – Policies & Procedures Lead	P
	Sarah Potter (Forsyth; IDD)		P
	Julie Whittaker (Davie; MH/SU/IDD)	NAMI member and serve on the Board, Davie CAC member, RHC	P
	Dennis Lynch (Forsyth; MH/SU)	Chair - MH/SUD Advisory Committee	P
	Pam Goodine (Forsyth; SU/MH)	Peer Support Specialist & Educator	P
	Obi Johnson (Forsyth; SU)	Immediate Past Chair	P
	Terry Cox (Forsyth; MH/SU)	Cardinal Board Member and Peer Support Specialist	P
	Glenda Smith (Davie; MH)	NAMI	P
	Kelly Owens (Forsyth; MH/SU)		P
	LaKeesiah Henderson (Forsyth; MH/SU)		P
	Mary Miller (Forsyth; MH)		P
	Mary Anecelli (Forsyth; MH)		P
	Gladys Christian (Forsyth; MH)		P
	Abbi Jackson (Davidson; MH/SU)		A
	Sam Gavurin (Forsyth; MH)		A
	Jon Carroll (Forsyth; MH/SU/IDD)	Peer Support Specialist	A
<b>Staff: Cardinal Innovations Healthcare</b>			<b>Non- Voting</b>
	King Jones	Director Health and Wellness	P
	Nicole Six	Director, Child Welfare	P
	Stacey Inman	Member Engagement Regional Manager	P
	Bob Scofield	Member Engagement Specialist	P
	Laura Wilkicki	Business Administrator, Note taker	P
	Rose Le	Director, Learning & Development	P
<b>Guests</b>			<b>Non-Voting</b>
	Stacey Harward	Community Engagement Specialist; Community Engagement & Empowerment Team at the Division of Mental Health,	A

		Developmental Disabilities, and Substance Abuse Services; NCDHHS <i>Lived Experience with TBI &amp; Depression</i>	
	Guynette Hartman	IDD Family	P

**I. Call to Order/Introduction**

Matt Potter called the meeting to order at 5:45 p.m.

**a. Moment of silence**

**b. housekeeping**

**II. Public Comments**

There are no public comments at this time.

**III. Approval of December 14, 2020 Minutes**

Minutes were distributed via email during the meeting and members had a few minutes to review.

Matt Potter requested a motion to approve the minutes with one suggested edit. Terry Cox motioned to approve the minutes. Mary Anecelli seconded the motion.

A roll call vote was taken. All in favor. Motion carried forward.

**IV. New Business**

1. Nicole Six, Cardinal Director of Child Welfare presented on “A New Program to Help Children in the Child Welfare System” in what Cardinal is doing.
  - Reviewed some stakeholder feedback received by Cardinal
  - American Academy of Pediatrics identifies mental health and behavioral health as the “greatest unmet health need for children and teens in foster care”.
  - Mission: to build healthier systems and partnerships that contribute to healthier children, families, and communities
  - Vision: To ensure that children impacted by the child welfare are heard and have access to services and support
  - Reviewed top level of critical components that address the unique needs of children involved in child welfare
  - Reviewed the steps in best practices within the managed care state
  - Reviewed high level of early accomplishments throughout the year explaining process improvements and goals for child welfare and foster care

Nicole answered questions from the members and shared her contact information. [Nicole.six@cardinalinnovations.org](mailto:Nicole.six@cardinalinnovations.org).

2. Sponsorship to the 43<sup>rd</sup> Legislative Breakfast on Mental Health and attendance (Obi). It was determined that we could categorize this as training and bring back learned information to the group, and CFAC members are eligible to attend. Julie attended last year and was a valuable opportunity; Matt concurred. It is virtual this year on January 30, 9:00 a.m. to 11:30 a.m., and accepting registration fees of \$25 which can be paid out of the CFAC training budget. Registration opened on Dec 1 and a deadline was not obtainable. You can apply for a scholarship at [info@legislativebreakfastmh.org](mailto:info@legislativebreakfastmh.org). Contact Bob Scofield and King Jones via email by next Monday, January 18, 2021, if you would like to attend.

Obi Johnson motioned to approve CFAC attendance to the 43<sup>rd</sup> Legislative Breakfast. Sarah Potter seconded the motion. A roll call vote was taken. All in favor. Motion carried.

3. DSP workforce group (Sarah Potter). There's a weekly DSP group in addition to the monthly Homestead workgroup with a is to get an increase to \$15 per hour for DP's. Pam Shipman and Pat Porter are very helpful in strategizing to educate and inform the legislature, which tomorrow is the first Legislative Oversight Committee meeting. We need to contact individually the team members in healthcare to form relationships. Cardinal has a new stakeholder group and has had one initial meeting; however, Tim Gallagher wasn't in that group. **King was asked to get information on who that group is and how we get someone on that group.** The first MCO to respond was Alliance and Trilliums and Via. Cardinal took a long time but finally responded, and a copy of that report is requested by the members. Please write your legislators. **King will send out who to contact to get a copy of that report to CFAC.** The time to start writing to your legislators is now. Sarah will be on the call tomorrow at noon; go to [ncleg.gov](http://ncleg.gov), click on calendar, click on the link to the video, it starts at noon.
4. Emotional CPR training might be a good idea to offer virtually through the wellness center.
5. It may be a good idea to find out your status with regards to vaccinations for a discipline group. It was suggested you contact Kody of COVID Operations.
6. Look for the brochure of the activity programs at the wellness center.

## V. Old Business / Reports

1. Forsyth CAC meeting with Commissioner Don Martin last Friday morning who had the Chief as a speaker from the police department there and spoke about addiction and overdose. The presentation and advocacy were good. There was no additional information that was requested by Dr. Martin about the community EMS program.
2. Steering Committee report by Ricky Graves. They met this past Thursday and talked about the Relational Agreement which still hasn't been approved. They are putting together a team to review the By-laws to make edits for all CFAC members to vote. Also talked about a time frame of members who will transition out of membership. King gave an update that the By-laws are being revised to accommodate the 4<sup>th</sup> Board member seat, which has to be voted on all-CFAC meeting sometime in the spring.
3. Cardinal is working very aggressively to reach out to the hospitals to work with Novant, Wake Forest to help them reaching out to folks in terms of ED; a lot of Cardinal involvement in many communities.
4. Cardinal updates:
  - Reid Thornburg has departed Cardinal.
  - As of today, King is the new Director of Member Engagement and efforts will be more directed to CFAC.
  - We are shifting alignment for better hierarchy in structure and more focus to each of them: Stacey Inman will pull out of CFAC but will work with CAC, with high communications among the three Councils (RHC being the third).
5. Stacey Harward updates:
  - Consumer call: Jan 25, 2pm, link and call information to come
  - Cardinal, Partners, Vaya, and Alliance on the 26<sup>th</sup>, let King know if you didn't get that meeting invitation.
  - SCOOP: we are redoing SCOOP with the help of UNCTV and Governor's Institute Facebook live we hope to reach more of NC with the positive messaging that SCOOP brings – Please see the CEE update for dates, the first one starts on January 19<sup>th</sup> and runs every 2 weeks thereafter (now has a section dedicated to TBI) .
  - TBI: We now have a section dedicated to TBI and their team in the CEE update so make sure that read that. They are very excited about joining CFAC and working with our team and with each of the CFAC's to bring the must up to date information concerning TBI.

- State CFAC all is this Wednesday, and state to local call is the evening of January 27.

Sarah Potter: information on propose changes to 122c and new responsibilities of state CFAC will be discussed at this Wednesday 9:00 a.m. to 1:00 p.m. (regular state CFAC meeting). It may be that this information is disseminated, but you won't hear the discussions which may be more valuable. Also, on state CFAC, there are a couple of open positions in different counties/regions. There are Cardinal counties in those regions; a lot of our counties are in central and **King will send to the group what he received.**

## VI. Comments and Adjourn

Matt Potter adjourned the meeting at 8:03 p.m.

Submitted by:

***Laura A. Wilkicki, Community Operations Business Administrator***