

Central Region Consumer & Family Advisory Committee Meeting Minutes

Monday October 28, 2019 6:00-8:00PM

Cardinal Innovations Healthcare 201 Sage Road, Suite 100A, Chapel Hill, NC 27514

Committee Members	Voting Member Present = P Absent = A
Bob Crayton-Chair	P
Jeanette Williamson	P
Candle Hughes	P
Lea Ottinger-Vice Chair	P
Timothy Jeffers	P
Darlene Cooper	A
Stanley Cotton	P
Allen Dittmer	P
Steve Furman	P
Paula Harrington	P
Ellen Perry	P
Janet Sowers	P
Kyle Reece	A
LME/MCO and State Staff	Non-Voting
Agency: Cardinal Innovations Healthcare Title: Director, Community & Member Engagement Name: Emily S Bridge	Via-Phone
Agency: Cardinal Innovations Healthcare Title: Senior Community Executive Name: Ric Bruton	Absent
Agency: Cardinal Innovations Healthcare Title: Manager Member Engagement Name: Deborah Hendren	Present
Agency: Cardinal Innovations Healthcare Title: Member Engagement Specialist/CFAC Liaison Name: Monae Davis	Present
Agency: Cardinal Innovations Healthcare Title: Project Support Professional/CFAC Clerk Name: Reina Merino	Present
Agency: Division of Mental Health, Developmental Disabilities and Substance Abuse Services NC Department of Health and Human Services, Community Engagement & Empowerment Team Title: Mental Health Program Coordinator Name: Stacey Harward	Present
Guests	Non-Voting
Jamezetta Bedford	Present
Terrell Alston-Cardinal Staff, Member Engagement Specialist	Present
Courtney Wilburn-Guest	Present
Sharon Hartwell-Guest	Present

I. Call to Order/Introduction

Bob Crayton

Meeting called to order at 6:12PM. Introductions were made

II. Consent Agenda and Minutes Approval

Bob Crayton

Ellen made a motion to approve the agenda. Candle seconded the motion. All in favor.

Ellen made a motion to approve the minutes. Stanley seconded the motion. All in favor.

III. Public Comments

Community Members

No public comments.

IV. Cardinal Innovations Updates

Deborah/Monae

Identifying Mental Illness in Children Lunch and Learn on 11/7/2019 from 12-1:30pm in Greensboro, NC.

Stop the Use: Things You Know about Alcohol and Drugs on 11/5/2019 from 11:30-1:00PM in the Harnett County Library.

Gang Awareness Workshop on 11/8/2019 from 12-1:30PM in Raeford, NC.

Understanding the Juvenile System Workshop on 11/19/2019 from 12-1:30PM in Montgomery County.

Anxiety and OCD in Children Workshop on 11/21/2019 from 12-1:30PM in Rockingham, NC.

King Jones will be presenting at various community meetings about the Regional Health Councils.

Emily will be transitioning to the Transformation Office as the Director of the Transformation Office. King Jones will now be supporting CFAC and CRC along with the Regional Health Councils.

Regional Health Councils structure was approved at the last Board Meeting on 10/25/2019. Charters were signed and approved. Applications will be going out on 11/1 through 11/24/2019. Cardinal will be reviewing the applications from 11/25/2019-12/3/2019 to make recommendations to the Board of Directors and the respective County Commissioner Boards. The Community Advisory Councils will be appointed by the respective County Commissioners. Each of the Community Advisory Councils, we will have one for each county, so will need 5 CFAC representatives.

V. DHHS Report/CE&ET Updates

Stacey Harward

Stacey passed around a PowerPoint with talking points that was used at the State CFAC. Next month Stacey will be discussing 122C. Please review 122C think about what kind of changes you would like to see. Will be compiled and sent to the committee that is making the changes.

Webinar on 11/6 How Beneficiaries move between the Standard and the Tailored plan from 2-3pm.

Partners is doing a Resilience Film 11/14 from 5-8 and 11/15 from 11-2pm in Statesville, NC.

Changes discussed at the last State CFAC were adding the inclusion of at least two individuals with a physical co-morbidity on the State CFAC, along with TBI representation.

VI. Old Business

CFAC Members

Six of the Regional CFAC members attended the Peer Support Workshop. Thank you to Commissioner Bedford for getting the Workshop started. Ellen received a standing ovation at the workshop. Monae put together a PowerPoint with the information received from the feedback forms. Vaya did not attend due to them having their big CFAC Meeting.

Great pictures were taken along. Article was written about the event for the Community Newsletter. Pictures will not be shared due to their not being any consents signed.

Peer Support Specialists are not paid enough. Peer Support Workshop-will it be done again next year and will it be open to all other CFAC's to participate. Workshop being more of a general CFAC opportunity. I/DD possibly being added to the workshop as a topic and changing the name from Peer Support Workshop. Emails to be sent regarding recommendations on the next workshop. Recommendations can be made to wanting to do a conference or workshop next year but cannot be approved until that budget year comes out.

Food and accommodations are for trainings and conferences will be coming out of the \$250 individual budget. Representing CFAC will be mileage reimbursement from the mileage budget. Lea made a motion to take mileage reimbursement from the mileage budget for the peer support workshop for those that attended. Jeanette seconded. All in favor.

VII. New Business & Action Steps

CFAC Members

Central Community Board- No longer a Central Community Board. King Jones will explain at the next Central CFAC meeting what the changes are. The Community Boards are transitioning over to the Regional Health Councils.

Steering Committee-The Steering Committee is working on coordinating the 2019 Summit and coordinating with a lunch or reception with the Board of Directors. Also please send any topics or subject ideas to Jeanette for the Summit. December 13 is the date for the next Board of Directors meeting. The Board of Directors will be at the Cardinal Innovations Highland Avenue office in Winston-Salem, NC.

Relational Agreement- The relational agreement has been completed. Will be sent out to other CFAC members to review. Relational Agreement has been sent to Office of General Council, Callan has it to edit and then will be sent back to the Steering Committee for final revisions. Once Steering Committee reviews then they will send out to the Regional CFAC's. Steering Committee to meet on 11/7/2019.

State CFAC Report- Copies of presentation from Chris Egan and Kathy Trotter were handed out to the CFAC members. Presentation was on Vocational Rehabilitation and how North Carolina is an employment first state. State CFAC discussed about the Governance Structure for the Local and State CFACs. Stacey requested to be on the agenda for next month's Central Region CFAC meeting. Jeff Smith the Military Liaison with the State gave an update on the military and veterans across the state. Copies of the health care plan comparisons handed out to CFAC members. Next State CFAC meeting is on November 13 and the State to Local is on November 20.

VIII. Community Involvement Updates

December 10, 2019 Cultural Competency Training at the Cardinal Innovations Burlington Office.

IX. Good of the Order

CFAC Members

Discussion on the Cadence and location of the meeting will be tabled until the November meeting.

Central Region CFAC wanting to have promotional items to promote CFAC. Looking into getting banners, pens with Central CFAC emblem.

Emily to talk to communications to get generic promotional swag. Look into budget to see if money available to spend on swag and banner.

Monae to transition to Northern Region CFAC and Felicia will be the Central Region Liaison.

Perception of Care-Monae to be looking into someone to review it.

Agenda items discussed for future presentations:

System of Care Coordinator in 2020 will discuss the System of Care
TCL-Discussion regarding on housing and the DOJ settlement
QM to be at the next meeting in November

X. Adjournment

Ellen made a motion to adjourn. Tim seconded the motion. All in favor.
Meeting adjourned at 7:36PM

Next meeting will Monday November 25, 2019.

Submitted by:

Reina Merino/Project Support Specialist 10/31/2019

Name/Title and Date