

**Consumer & Family Advisory Committee Meeting Minutes**  
**February 10, 2020**  
**Forsyth Wellness Center**  
**650 N. Highland Ave. Suite 130, Winston Salem, NC 27101**  
**(Located in the Highland Avenue Center)**

Committee Members	Voting Member Present = P    Absent = A	
CFAC Chair – Obie Johnson	P	
Co-Vice Chair- Mary Miller	P	
Co-Vice Chair- Sarah Potter	P	
Dennis Lynch	P	
Gladys Christian	P	
Glenda Smith	P	
Julie Whittaker	P	
Kelly Owens	P	
LaKessiah Henderson	P	
Mary Annecelli	P	
Matt Potter	P	
Michael Thompson	P	
Pam Goodine	P	
Ricky Graves	P	
Samuel Gavurin	P	

Terry Cox	P	
Tim Gallagher	P	
<b>Staff</b>	<b>Non-Voting</b>	
Lindsay Locklear-Member Engagement Specialist	P	
Rhonda Blair-Project Support Specialist, CFAC Clerk, Cardinal	P	
Reid Thornburg-Senior Community Executive, Cardinal	P	
King Jones- Community Health & Wellness	P	
<b>Guests</b>	<b>Non-Voting</b>	
Joan Lynch	P	
Tahleal Garrett- Stepping Up	P	
Joseph Annecelli	P	
Tammy Anderson- Peer Support Specialist	P	

**Call to Order/Introduction**

**Mary Miller**

Mary Miller called the meeting to order at 5:45 pm followed by a moment of silence and introductions.

**Agenda and Minutes Approval**

**Mary Miller**

**Agenda-** Samuel called a motion to accept the agenda with no changes. Matt seconded; all were in favor.

**Minutes-** Terry called a motion to approve the minutes with no changes. Ricky seconded; all were in favor.

## **Public comments**

## **Community Members**

Joseph Annecelli expressed his concerns regarding issues with transitioning from Daymark to Monarch for CST services due to Daymark no longer offering this service. He was unable to obtain a telephone number for Monarch and when he did, no one answered. Mary stated she and Reid would talk to him after the meeting to further explore his issue with loss of CST services from Daymark. Due to Joseph leaving early they were unable to speak with him after the meeting.

## **Cardinal Innovations Report**

## **Lindsay Locklear/ King Jones**

Reid sent Bob the name of two individuals from Davidson County who are interested in joining the Triad CFAC. King mentioned it will also be advertised in the community newsletter. King reported all of the Regional Health Councils met in January. The Triad Regional Health Council will meet on the fourth Wednesday of the month at 6:00 pm with dinner at 5:30 pm. King stated he has applications for all of the community advisory councils in the Triad region. They are still working with the county commissioners to get them appointed to the Regional Health Councils. The Regional Health Councils meets quarterly. The next meeting will be April 22, 2020.

## **DHHS Report**

## **Stacey Harward**

Stacey was not present at this meeting

## **Old Business**

## **Obie Johnson/ Mary Miller**

### **1) Gaps with Justice System Presentation (20-30 mins)**

#### **Pamela Goodine**

Pamela Goodine and Tahleal Garrett from Stepping Up done a presentation regarding the Stepping Up Initiative and the importance of advocating for Peer Support Specialists. The Stepping Up Initiative is a program that focus on women and men with mental health and substance use disorders in thr Forsyth County Detention Center get on the path to recovery. They provide support and case management along with other services. The Stepping Up Initiative accepts self referrals, referrals by the Forsyth County Detention Center or a referral from a probation officer. Stepping Up also have a housing specialist to assist people with

housing. Those who are interested in the Stepping up program and are on probation will need to have their probation officer contact Amber Humble.

**2) Provider Maturity Model (20 Mins) Dennis Lynch**

Dennis Lynch gave a presentation on the Provider Maturity Model.

**3) Measurements of I/DD Supports and Network Adequacy  
Tim Gallagher/ Sarah Potter**

Sarah announced Cardinal wrote a letter of support for a Medicaid pilot. She mentioned some concerns that Matthew James, Chair of the Provider Council brought up in their meeting. He wanted to know how outcomes are measured and what is an adequate way to collect the information. She asked do they interview the person being served or give a survey and what questions are asked. She mentioned some issues that providers are faced with, such as how to recruit and retain service providers and how to establish a living wage for them. She stated the Provider Council discussed the possibility of having a collective agency database where all providers can obtain information for replacements when a caretaker is not able to work that day. She said Matthew James suggested that the cost of care needs to be determined in order to meet the measurement. Lakessiah asked is a medical health release a way to track data. Tim responded payroll would be the best way to track the data.

**4) Peer Support Barriers/ Subcommittee CFAC Members**

Pamela suggested that Lakessiah should be the chair of the Forsyth Peer Support Development Group. Mary Miller suggested that she and Lakessiah meet Thursday, February 13, 2020 at GreenTree at 7:30 pm to discuss Peer Support barriers.

**5) Davidson County Meeting Mary M/ Sarah/Obie**

Triad CFAC will meet at Daymark on 1104 South Main Street, suite A, in Lexington on March 9, 2020 from 5:45 pm - 7:45 pm.

**6) County Budget Mary Miller**

Mary Miller stated she would like Cardinal to present to CFAC the same County budget dashboards that they used to receive from Ronda Outlaw.

Reid explained he can only share the funds that are given to Cardinal to pay out. He also clarified that he does not decide where the funds are allocated, that is determined by the County. He stated all other money that the County pays out themselves will have to be reported by them.

### **Reports from MH/SUD//DD Advisories**

**Dennis/Pamela/Mary/Sarah/Matt**

- **MH/SUD**-Pamela reported that Stephanie Daniels and Kathy Fitzjefferies came to the MH/SUD meeting and gave a report on the money that was received for grants. The next meeting will be February 20, 2020 at 11:30 am. Tonya Haizlip, founder of Journey Bees will give an update on the money they received. Pamela and Tahleal will also give the same presentation they gave at this month's CFAC meeting.
- **//DD**-Meeting was cancelled due to inclement weather.
- **Registry Project**-Sarah reported the website is up and running. she would like people to register if they are interested in receiving the newsletter or just want to count the numbers. Their Facebook group has over 500 followers so far. They have spoken to all of the major agencies regarding this initiative. It will also be posted on the DD website. They have a meeting scheduled with Dave Richard and other members of the state to discuss this as well. She mentioned there will be a big meeting at the Central library Downtown on March 7, 2020. Sarah announced the County offered Moji Coffee a space at the Central library in Downtown Winston as a second location and they will receive free rent for the first year. The Registry Project group will also be signing people up at Moji Coffee on this date. Sarah will make sure everyone receives a copy of the flyer once it is complete.

### **Steering Committee Report, State CFAC, Community board, Corporate Board Updates, Provider council**

**Tim/Pamela/Ricky/Sarah/Matt/Terry/Gladys**

- **Steering Committee-** The meeting was cancelled due to inclement weather. Ricky stated he believes the Regional Agreement is now complete. He asked King if he knew if the meet and greet with the Board members will occur on the 21<sup>st</sup>. King stated they will not meet on the 21<sup>st</sup> due to the barriers coordinating the meeting. He stated he sent an email suggesting that they do smaller regional meet and greets instead. They are currently working on meeting in June. Pamela reported she sent an update for the Bonnie Schell committee to CFAC members. She stated they received two applications for the Bonnie Schell scholarship which met the 45 day deadline. One was approved for a Peer Support training the will take place in Charlotte. The other application was denied due to lack of funds for the Triad Region. Pamela mentioned she presented the following questions to the Steering Committee: will applications still need to meet the 45 day deadline once the funds are placed in one pot in April and Should we require those applying for the Peer Support Training to provide an invoice or letter of approval to the trainer prior to approving their application. She informed them that the current balance of the Bonnie Schell fund is \$1775.
- **State CFAC-**Sarah reported there will be a meeting on Wednesday.
- **Community Board-**Community Boards are now Regional Health Councils.
- **Corporate Board-**No Report was given
- **Provider Council Report-**Gladys handed out copies of the Provider Council updates to CFAC members. Going forward, she will send the updates to Bob to be added to the members, packets. She stated if anyone has any information they would like to send to the Provider Council or if there are any issues that need to be addressed, please bring them to her.

## New Business & Action Steps

### 1) Legislative Oversight Committee Update

Tim/Sarah/Mary M

Sarah told members if anyone wanted to call in to the committee they can go to the North Carolina Legislative website. They will be on the call from 9:00 am - 11:30 pm then they will break for lunch and resume after. They would like the local CFACs to attend the call.

**Statutes Addressed**

**CFAC Members**

Gaps in Services

**Statutory Recommendations to the Board**

**CFAC Members**

No recommendations

**Community Involvement Updates-Trainings/Conferences/Events**

**CFAC Members**

**Community Involvement**-Moji Coffee and Registry will be at the Central library located in Downtown Winston Salem on March 7, 2020. Flyers will be distributed once completed.

**Trainings/Conferences**-There will be a WRAP Facilitator training on March 4-6, 2020. The cost for this course is \$300. There will also be a WRAP facilitator refresher course the week of March 2<sup>nd</sup>. The refresher course is for individuals who have completed the 40 hr. level III WRAP Facilitator course. The registration fee is \$225. NC Tides in Wilmington is coming up in April. If 4 people register the 5<sup>th</sup> person can go at no cost.

**Events**-There will be a showing of the movie "Bedlum" which reflects on the condition of mental health in America. It is scheduled to be shown on March 17, 2020 from 6:00 pm - 8:00 pm at the Central Library in Downtown Winston.

**Comments & Adjournment**

**Obie Johnson**

A motion was called and properly seconded to adjourn the meeting at 8:18pm; all were in favor.

**Next Meeting- March 9, 2020**

**Daymark-Davidson County**

**1104 South Main St. Ste A**

**Lexington, NC 27292**

Submitted by:

*Thonda M. Blair* | *Project Support Professional* 2/12/20

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Name, Title, Date