

Consumer & Family Advisory Committee Meeting Minutes

Date and Time: December 13, 2018 at 6:00 PM

Location: Cardinal Innovations Healthcare, 201 Sage Road, Room 321, Chapel Hill, NC 27514

Committee Members	Voting Member
	Present = P
	Absent = A
CFAC Chair – Steve Furman	P
Allen Dittmer	P
Janet Sowers	P via Conference Call Line
Shira Belovics	A
Stanley Cotton	P
LME/MCO and State Staff	Non- Voting
Agency: Cardinal Innovations Healthcare Title: Member Engagement Specialist Name: Juanita Jefferson	Present
Agency: Cardinal Innovations Healthcare Title: Senior Community Executive Name: Ric Bruton	Present
Agency: Cardinal Innovations Healthcare Title: Project Support Professional Name: Felicia Williams	Present
Agency: Division of Mental Health, Developmental Disabilities and Substance Abuse Services NC Department of Health and Human Services, Community Engagement & Empowerment Title: Mental Health Program Coordinator Name: Stacey Harward	Absent
Guests	Non-Voting
Paula Harrington	Present



I. Call to Order/Introduction **Steve Furman**

Chairperson called the meeting to order at 6:15 p.m.

Ground rules were read by Juanita Jefferson.

II. Agenda and Minutes Approval **Steve Furman**

OPC CFAC Minutes from November 8, 2018 were presented.

Ms. Paula Harrington from Oxford House in Orange County is interested in becoming a CFAC Member for OPC. She explained details about their program and introduced herself to the group.

Allen motioned to approve the minutes. Steve seconded the motion.

All in favor. Motion carried.

III. Old Business **Juanita Jefferson**

Juanita shared that the comment forms are available in the CFAC packets. Comments may be completed and forwarded to Janet or Juanita in order to share with the Community Board.

Steve discussed recent problems with Dwight Lane, a visitor that was interested in joining CFAC, and feels he will be a liability for the group at this time. It's best for the group to hold off voting to include him as a member.

Juanita recommended that the group think about how they would like to conduct the meetings once they merge. The group will need to determine if all meetings will be in Burlington, all in Chapel Hill, or if they will alternate between locations.

Janet mentioned that someone has agreed to join her at either the upcoming AC CFAC meeting or the OPC CFAC meeting.

Most members currently on OPC CFAC are categorized as MH including one IDD member. The group currently needs substance use representation. Once OPC and AC CFAC merges, all will change with recruitment while identifying what representation is needed based on discipline and the person. The group was encouraged to think about this as the merge approaches.

IV. NC DHHS Updates **Stacey Harward**

Juanita read the DHHS Updates because Stacey was recovering from surgery.

DHHS held a stakeholder webinar on Wednesday, Nov. 28, 2018 regarding the planning and implementation of the Medicaid Managed Care Behavioral Health I/DD Tailored Plans.

More information can be found in the CMS-approved 1115 waiver and related Oct. 26, 2018, stakeholder webcast documents, and in the Behavioral Health and I/DD Tailored Plan Policy Paper, issued Nov. 9, 2017.

Thursday, November 29, 2018

The North Carolina Department of Health and Human Services has extended the public input period for the draft North Carolina Early Childhood Action Plan from Nov. 30 to Dec. 21.

Low-income households with a person 60 or older or someone receiving disability benefits and services through the Division of Aging and Adult Services that need help covering the cost of heating their home this winter can apply for assistance starting Dec. 3rd.

Above information can be found on DMH web page.

State CFAC was held on Dec 12th.

State to Local call will be held on Dec 19th – 7-8:30 pm.

DWAC will be on Dec 19th – please check to make sure that it has not been canceled.

Jan. 14, 2019- Psychiatric Advance directives- an Overview 1-4 pm - can be found Southern Region AHEC.

March 13-15 Recovery Conference being held in Greensboro- save the date registration is open at this time.

Please review emails from Tammy for any additional trainings that may occur.

V. Cardinal Innovations Healthcare Updates

Juanita Jefferson

No updates. A hard copy of 'The Cardinal Community Newsletter' was provided as a resource for updates. Juanita will email copies to the group as they become available and will continue to provide hard copies as well.

VI. Recommendations to Board

Steve Furman

None.

VII. New Business & Action Plan Review

Steve Furman

During the budget discussion, the budget totals were reviewed and discussed among the group. Juanita encouraged the group to attend trainings, to go somewhere, and do something. Bonnie Schell Scholarship is also available for training if the cost exceeds the allowed amount per member. The group talked about available training options. Juanita agreed to send updates to the group as trainings become available. There is a strong interest in attending the upcoming NC Tide Training, held at Hotel Balliste in Wilmington on April 28 – May 1st. Juanita encouraged the group to register early to avoid issues with accommodations.

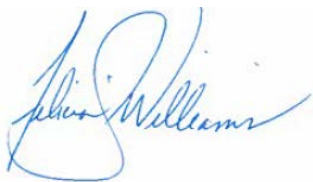
Juanita Jefferson

Juanita talked with the group about deciding on training in the learning center for the next CFAC meeting. Nicole signed up all CFAC Members for the learning center. The group was asked if they had the opportunity to check learning center for trainings they may be interested in for next month. Juanita highlighted many topics that may be of interest. Allen inquired about trainings for acronyms. Juanita will check. Juanita recommended going to the DHHS website to print their list of acronyms and meanings. Janet is interested in the training 'Upwards for Financial Stability' for members in the community. Juanita shared that this is an eight module training offered every month by a Member Engagement Specialist. It's a two day course and it can be tailored by needs. Details are found in the learning center. You may register there, but must be physically present for the training. Juanita is available for additional questions if needed. Juanita will email training suggestions and the group can decide what they would like to do for training.

- VIII. Action Steps** **CFAC Members**
None.
- IX. Recruitment and Membership Efforts** **CFAC Members**
Paula Harrington would like to join the group and Janet will bring someone from Caswell County that is interested in joining.
- X. Community Involvement Updates-Trainings/Conferences/Events** **CFAC Members**
Janet Sowers provided an update on the bylaws from the December bylaws subcommittee meeting. It was determined that the entity would not be required to meet the six statutes that the CFAC would. The bylaws subcommittee voted to be a steering committee. They discussed options for the name of the CFAC group after the merge. They are considering "CENTRAL" in order to be consistent. They recognized that they do not have a signed relational agreement with Cardinal. After the merge, they acknowledged that they will no longer be a small local group. The subcommittee deliberated about when and where they will have their meetings once they merge. They spoke about who would facilitate the meetings. For consistency, they will keep the format of Chair and Vice Chair. The group reviewed the application process for the Bonnie Schell fund as it relates to the by-laws. They conversed about how the CFAC groups will be represented on the Board of Directors. New rules for family members and Cardinal employees were considered. The subcommittee has much more to discuss. Janet asked for feedback from the group. Their next meeting will be held January 12th in Alamance County.
- XI. Public Comment** **Community**
None.
- XII. Adjournment** **Steve Furman**
Steve motioned to have meeting adjourned. Stanley seconded the motion.

All in favor. Meeting adjourned at 7:19 pm

Submitted by:



Project Support Professional 12-13-2018

Name/Title and date