

OPIOID ADDICTION resources

Opioid Fact Sheet: Understanding the Opioid Epidemic

What is an opioid?

Opioids are pain relieving drugs such as oxycodone, codeine, fentanyl, or morphine. When used as directed by a doctor, prescription opioids can safely control pain. Illegal opioids include drugs like heroin or synthetic fentanyl.

How do opioids work?

Opioids work by acting on certain receptors in the brain to help block pain. They also produce a chemical in your brain called dopamine, which can lead to feelings of calmness and pleasure. This increase in dopamine can cause people to seek those feelings of pleasure over and over. Many people may begin abusing prescription opioids without even realizing it.

Opioids can be habit forming and taking too much over a long period of time can lead to both tolerance (needing more of a substance over time) and dependence (needing the substance to avoid withdrawal).

Possible signs of addiction:

Physical Signs: noticeable elation or euphoria, sedation or drowsiness, confusion, very small or “pin point” pupils

Behavioral Signs: shifting or dramatically changing moods, social withdrawal or isolation, financial problems, anxiety

What is an opioid overdose?

An overdose is when a person has taken too much of an opioid for their body to handle. Their breathing and heart rate slows, leading to unconsciousness. If medical attention is not received, in most cases, it can be fatal.

Signs of Overdose: unconsciousness or inability to speak; pale and/or clammy skin; limp body; slow or stopped breathing; slow or stopped heartbeat; blue or purple hue to fingernails; vomiting or gurgling noises.

Opioid overdose requires immediate medical attention!

**IF YOU SUSPECT SOMEONE IS IN ACTIVE OVERDOSE,
CALL 911 IMMEDIATELY AND ADMINISTER
NALOXONE/NARCAN IF POSSIBLE**

What is Naloxone?

Naloxone, or known by its brand name Narcan, is an immediate antidote to someone in active opioid overdose. If administered during active opioid overdose, it can save a life.

Anyone can administer Naloxone and it is encouraged that you keep it on hand if your loved one is using any type of opioid. Narcan is available at most pharmacies without a prescription and costs between \$30-\$60. You can also request Narcan for free through the North Carolina Harm Reduction Coalition. <http://www.nchrc.org/programs-and-services/getting-naloxone-from-nchrc>

I think my loved one may be addicted. How can I help them?

The first step is often the most difficult one. If you have a loved one that you believe is having difficulty with opioid use, let them know that above all you love and support them.

For 24/7 crisis or referrals, call Cardinal Innovations at 1.800.939.5911

- In addition to resources listed on the following page(s), there are several national resources available to help:
 - National Helpline (SAMHSA) 1.800.662.4357
 - North Carolina Harm Reduction Coalition
 - Find food, housing, transportation, and other healthcare resources in your area at localresources.cardinalinnovations.org.

FOR MENTAL HEALTH HELP FAST:

Call ****ASK (2-7-5)** from your cell phone or **1.800.939.5911**.

Or visit us online: cardinalinnovations.org.

Alamance County: Opioid Resources

Access to Care Line 24/7

Cardinal Innovations Healthcare	1-800-939-5911
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Mobile Crisis

Provider	Site Address	Contact Number	State Funding (Y/N)
Freedom House		866.275.9552	Y

Comprehensive Community Clinics

Provider	Site Address	Facility Phone Number	Suboxone Prescriber (Y/N)	State Funding (Y/N)
Trinity Behavioral Healthcare PC	2716 Troxler Rd Burlington, NC, 27215-9187	336.570.0104	Y	Y
RHA Health Services, Inc.- RHA Burlington Behavioral Health Center	2732 Anne Elizabeth Dr Burlington, NC, 27215-5111	336.229.5905	Y	Y

Facility Based Crisis / Non-Hospital Detox / Inpatient with SUD Beds (Adults)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
ARMC Health Care dba Alamance Regional Medical Center	1240 Huffman Mill Rd Burlington, NC, 27215-8700	336.663.4002	Y
Residential Treatment Services of Alamance – Hall Avenue Facility	136 Hall Ave Burlington, NC, 27217-2310	336.227.7417	Y

Inpatient without SUD Beds

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

Revised: 10/30/2020

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Prevention Providers (Substance Abuse Block Grant)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Alcohol and Drug Services of Guilford, Inc.- ADS- Burlington	259 S Graham Hopedale Rd Ste 101 Burlington, NC, 27217-3900	336.333.6860	Federal funding

Opioid Treatment Program (Methadone/Suboxone) (OMT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

SUD Residential (Low/Medium/High)

Provider	SUD Residential Level (Low/Medium/High)	Site Address	Facility Phone Number	State Funding (Y/N)
Residential Treatment Services of Alamance – Hall Avenue Facility		136 Hall Ave. Burlington, NC, 27217-2310	336.227.7417	Y
Residential Treatment Services of Alamance, Inc.		125 Glendale Ave. Burlington, NC, 27215-5017	336.438.2030	Y

Substance Abuse Intensive Outpatient (SAIOP)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
RHA Health Services, Inc.- RHA Burlington Behavioral Health Center	2732 Anne Elizabeth Dr Burlington, NC, 27215-5111	336.229.5905	Y
Trinity Behavioral Healthcare PC	2716 Troxler Rd Burlington, NC, 27215-9187	336.570.0104	Y
Alamance Academy, LLC	530 Rosenwald St Burlington, NC, 27217-2468	336.437.4382	N

Substance Abuse Comprehensive Outpatient Treatment (SACOT)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
N/A			

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Office Based Opioid Therapy (Suboxone)

Provider	Site Address	Facility Phone Number	State Funding (Y/N)
Trinity Behavioral Healthcare PC	2716 Troxler Rd Burlington, NC, 27215-9187	336.570.0104	Y

Specialty Providers (provider of an SUD Service to a specific population)

Provider	Specific Population Served	Site Address	Facility Phone Number	State Funding (Y/N)
N/A				

Outpatient SUD Therapy (individual, group, family)

Provider	Outpatient SUD Therapy Types (Individual, Group, Family)	Site Address	Facility Phone Number	State Funding (Y/N)
ARMC Health Care dba Alamance Regional Medical Center		1240 Huffman Mill Rd Burlington, NC, 27215-8700	336.663.4002	Y
RHA Burlington Health Center		2732 Ann Elizabeth Drive Burlington, NC 27215	336.899.1505	Y
Psychotherapeutic Services		2260 S. Church Street Burlington, NC 27215	336.538.6900	Y
Little Gerald Services, LLC – Burlington		1045 S. Church Street Burlington, NC 27215	704.577.2139	N
Forward Journey, PLLC		205 E. Davis Street Burlington, NC 27215	919.633.7640	N
Trinity Behavioral Healthcare PC		2716 Troxler Rd Burlington, NC, 27215-9187	336.570.0104	Y
The ARMC Physicians Care, Inc.		1236 Huffman Mill Rd Burlington, NC 27215	336.663.5007	N
Alamance Academy, LLC		530 Rosenwald St Burlington, NC, 27217-2468	336.437.4382	Y

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Regional Resources*

*Services not provided in the designated county but members that reside in the designated county are eligible

Provider	Service Category	Site Address	Facility Location County	Facility Phone Number	State Funding (Y/N)
UNC Faculty Physicians-UNC Horizons Daybreak Residential Program	Residential program for pregnant/parenting females	1105 W NC Highway 54 Byp Apt P8 Chapel Hill, NC, 27516-2851	Orange	919.966.9803	Y
Morse Clinic of Hillsborough, PC	OPIOD Maintenance	129 Mayo St. Hillsborough, NC, 27278-2573	Orange	919.643.1739	Y
Freedom House Recovery Center, Inc	Facility based crisis adults	110 New Stateside Dr Chapel Hill, NC, 27516-1165	Orange	919.942.2803	Y
UNC Faculty Physicians	Substance Abuse Comprehensive Outpatient Treatment (SACOT)	101 Manning Dr Chapel Hill, NC, 27514-4220	Orange	919.843.1034	Y
Freedom House Recovery Center, Inc	Substance Abuse Comprehensive Outpatient Treatment (SACOT)	104 New Stateside Dr Chapel Hill, NC, 27516-1165	Orange	919.942.2803	Y

Community and Stakeholder / SUD Initiatives

Substance Use Disorder Strategic Plan Development

Stepping Up Initiative

Alamance Citizens for Drug Free NC

Justice Advisory Council

Community and Stakeholder / SUD Specific and Supported Trainings

Opioid 101

Whole Health Action Management (WHAM)

Crisis Intervention Training (CIT)

Other

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Cardinal Innovations Points of Contact

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